

Wash Away the Barriers (23 July - 2 August)

Info Pack



1. About the project

This TC will help youth workers to better understand the needs of disadvantaged people, to be able to communicate with them and to motivate them to take action.

Experience has shown us that there is much goodwill among young people to work in charity projects but that they lack the competencies to work with disadvantaged people. This prompted us to combine our efforts to develop the skills of our youth workers.

By the end of this project, the 24 participants will have:

- improved their practical abilities in communication, interaction, influence and motivation.
- practiced providing information, moral support and implemented actions for and with disadvantaged people.
- enriched their theoretical knowledge about working methods applicable to people with special needs.
- developed an attitude of understanding and empathy towards disadvantaged groups.
- worked towards developing more projects to help the disadvantaged (they will build the foundations of a personal action plan).
- found the motivation to put the skills learned into practice in their community and organisations.

2. Arrival and departure

You are expected to arrive on 23 July until 18:00 at the Bucharest International Airport Henri Coanda or Bucharest city center, as the seminar starts with common dinner and a getting to know each other session, after dinner. You can arrive few days before the TC and also stay longer, but you have to find your own accommodation for the extra days.

Eligible means of transport: bus, train, personal car, plane. You can arrive in Bucharest airport or directly to the hotel. From the airport you should take bus 783 to Piata Unirii and from Piata Unirii someone will pick you up. We will give you more details after we know your booking.

3. What to bring

We kindly ask you to bring:

- Clear information (in English) about the main activities of your organization so that you can present it at the organizations bazar during the training course.
- Map, posters, postcards about your country/region/town to be displayed during the International Evening.
- Some gastronomic specialties (food and/or drinks) for the International Evening.

Please note that it is not possible to cook or heat food at the hotel!

- Comfortable clothes, sunglasses as the summer can be very hot in Bucharest.

The temperature will be around 30 degrees Celsius.

4. Venue and accommodation

The training course takes place in hotel in Bucharest. As soon as we sign the final contract, we will send you pictures on our facebook group:

<https://www.facebook.com/groups/494800614011969/>

You will be accommodated in double rooms with shower and toilet. Bed linen will be provided as well as towels. We won't put people from same nationality in rooms in order to give you the chance to learn about new cultures. There is free WLAN available.

We will have 3 meals per day and we will also provide vegetarian food.

5. Costs / travel expenses and reimbursement

Board and lodging during the training course as well as all programme costs are covered by our Erasmus+. You might need some personal money for drinks, shopping, etc. outside the programme (around 1.5-2 € for a small beverage).

Travel expenses will be reimbursed by our organization directly to our partner organization from each country.

Please make sure you respect the maximum amount of money that we can reimburse:

Bulgaria: 180 Euros/participant

Italy: 275 Euros/participant

Spain: 275 Euros/participant

Participants have to buy the tickets themselves and bring/send us all original documents. As the National Agency just informed us, the reimbursement will then be done by bank transfer to your bank accounts. Soliddar Association will transfer the money for the 4 participants to the partner organization and the partner organization will reimburse you the money through bank transfer. Thus, please send me your bank account number in order to prepare all the documents and send the money as quickly as possible after the training finished.

Make sure to bring with you the following documents for the reimbursement:

- plane, bus, train ticket that has your name on it
- proof of payment: bank statement if you paid by bank or receipt if you paid by cash
- boarding pass- for plane

During your stay in Bucharest, you will not be accident-insured, health-insured and personal liability-insured by us, so if you want please provide such a private insurance in your own country and make sure you will bring it with you. Or you have the possibility, for the health insurance, to ask for the European Health Card which is free of charge and can be procured from your countries (available only for EU member states citizens)

6. Youthpass

Within the frame of ‘recognition of non-formal learning’, participants will receive a “Youthpass” Certificate after the course upon their request. Youthpass is an official recognized tool in order to validate non-formal learning aspects gained during the training. Through the process of receiving a Youthpass Certificate, participants will also gather information and methodologies how to implement Youthpass in their own projects. It is important that, before coming to the training course, participants reflect upon what competences they aim to develop by taking the initiative to participate to our training course. For further information, just follow the link: <http://www.youthpass.eu>

See you soon!