

Attain Tolerance

The youth exchange « Attain Tolerance " will take place from 1-10 October of 2016 in Great Yarmouth. The idea is to bring together 60 participants in total, including 6 leaders from UK, Spain, Turkey, Slovakia and Estonia) in order to meet the following objectives of the project:

1. to exchange informal learning and enrich cultural perspective through the art, dance and music;
2. to share the best practices in tackling cultural difference, integration and inclusion in youth work and intolerance;
3. to involve people with fewer opportunities to take part in alternative methods of learning which will give them a chance to discover new cultures, habits and life-styles, mainly through peer-learning;
4. to strengthen values like solidarity, democracy, friendship, etc between different nations;
5. to learn more about the ways how different concepts of citizenship impact upon youngster's life across Europe through various alternative methods as are Art, music and dancing;
6. to maintain and to improve the physical condition, as well as, the quality of movement to perform daily activities;
7. to encourage Youth Exchange and cooperation between young people from different countries;

We want to carry out this project because intolerance is a focal point in every country's life that increases crime rate, racism, Nazism, hate and so on and so forth. Tolerance is in the base of communication, solidarity and democracy among people in the world. Many practices have been already presented but we believe that among all, one is very participative, uniting and reaching our objectives: presenting our cultures through dance, music and Art and thus establish tolerance among people.

The project will focus on young people at the age of 18-30 years old who want to hear other people's experience in intolerance and want to participate in activities which are illustrating

intolerance, promoting tolerance and solving general conflicts which lead to intolerance among people. They will get to know aspects of dance, culture, national identity, social inclusion, life long learning and other in the process of work. The need of them will be to address different practices of dealing with intolerance (for instance through dance, Art and music). Throughout the week every participant will have the opportunity to exchange experiences and, in doing so, get in touch with different cultures and ways of living. Dance, Art and music will be used as a main way of contact and communication between the youngsters.

The working methods of the exchange are as following: Ice-breakers, energizers, Group building activities, Inter-cultural and experiential learning, language learning through traditional songs, workshops, dance activities, various discussions, as well as taking part in Flash-mob the final event of the project (a group project).

During the program the participants will be able to present their culture to others through different specific activities designed and prepared by them before the Exchange. Therefore, we believe that all of the activities will result in meeting participant's needs, will change "passiveness in culture" and promote tolerance among young people by making them to recognize what is intolerant and how it could be possibly threatened, i.e. dance, Art and music as an important tool of culture and mutual understanding.

Who can participate in the training course?

Participants with different background, concentrated on young people and people who have experienced intolerance throughout their life, as well as coming from rural areas and cultural difference.

Age range: 18-30

PARTNERS

The project will host 60 participants from the following 5 organisations.

TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated using a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
United Kingdom	United Kingdom	0 - 99 km	12	0.00
Estonia	United Kingdom	500 - 1999 km	12	170.00
Slovakia	United Kingdom	500 - 1999 km	12	170.00
Spain	United Kingdom	500 - 1999 km	12	170.00

After sending their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (Great Yarmouth, UK). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participant. We send only money to sender organization and sender organization will pay to participants. It may be that money from European Commission will be late; in that case, as mentioned, you will get your reimbursement after the course by bank transfer (be ready for that).

Accommodation, living and other project-related expenses: 100% funded by the EU. This includes everything except for travel costs.

Please note any extra days you wish to stay will be your own responsibility and your food etc.

Visa costs will be covered by participants.

Participation fee

No Participants Fee!

The Venue

The Prince

12-14 Prince's Rd, Great Yarmouth, Norfolk, NR30 2DG | 01493 290 939

theprincegreatyarmouth@hotmail.com

<http://www.theprincegreatyarmouth.com/contact/>



How to reach Great Yarmouth

You can take taxi or buss to hotel. Remember travel costs from airport to hotel is part of your total travel budget.

Arrival

When you come to hotel, you will find your name and room at reception desk.

What to bring

Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

HEALTH INSURANCE:

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Turkey are quite high if you don't have.

PREPARATION

The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should (for the mobility of youth workers):

- ✓ Bring all your **travel documents** as presented above.
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Prepare a **presentation on diversity** in their country.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity**.
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this!:) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.

- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring good spirit, joy and happiness!!!**
- ✓ **Wherever possible, take your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment! And remember to bring UK plug adapters! UK plugs are different from European ones.**

UK plugs are different from European ones



BASIC RULES

All the participants will be expected to be present and active in all the activities, unless being ill.

Unauthorized absence from the activities and workshops won't be tolerated.

Smoking is prohibited everywhere inside buildings, thus all the smokers will have to go outside or to specially designated areas for a cigarette.

Stress, nerves and bad mood is prohibited everywhere.

Bring your best mood and big smile with you and keep it through the course!

Prepare for fun! Those who fail to do that will be expelled from the course.

See you all in Great Yarmouth!