

## KA1 youth workers mobility

# Learn, Do, Stay Inspired!

Arrival Date: 5<sup>th</sup> November 2016 Departure Date: 12<sup>th</sup> November 2016  
Gothenburg, Sweden

## INTRODUCTION

Through the proposed training course “Learn, Do, and Stay Inspired” the applicant and partner promoters wish to raise awareness about the key concepts of Volunteerism and Youth participation, to increase capacity of participants to act more effective ways during the promotion of Volunteering and its benefits in society. Hence, the activity aims to empower the group leaders, young activists, youth workers and volunteers of the organizations from across Europe to take active part in the local communities’ development and to equip them with skills and tools necessary to effectively promote volunteering with its benefits among a larger number of young people in local communities, home countries.

As such the main project **objectives** are:

- To discuss values, principles, benefits/threats of volunteering and create common understanding of positive impact that European youth volunteering has on individuals, groups and societies;
- To exchange experience and ‘best practices’-(successful projects on voluntary base) with other participants
- To facilitate future cooperation between participants and their organizations and to empower participants to multiply effects of this training course in their organizations; / Local communities and surrounding youth;
- To raise awareness and strengthen understanding about key concepts of volunteering and youth participation in partner promoter countries;
- To introduce volunteering in local communities as a tool for social inclusion of marginalized youth.

Above all, the project is seen as an excellent opportunity to develop key competences and to share good practices across Europe, to develop strong relationships between partners and thus to multiply the effects of the course by increasing the cooperation between partners through the development of new, future projects and initiatives.

## METHODOLOGY

The project will see the implementation of various non-formal education methods such as ice-breakers and energizers, team building exercises, small group discussions, role-plays, simulations and individual reflection, feedback and evaluation activities.

## PARTICIPANTS' PROFILE

Participants will be designed according following: youth workers, organization volunteers, youth leaders from NGO's, who are directly in contact and first in touch with the group of volunteers and voluntary activities. The project is addressed to people, who are working on raising awareness on key concepts of volunteering and youth participation in their local communities and are willing to engage young people, youth with fewer opportunities and other backgrounds to become more active members of society and take active part in different voluntary initiatives, programs or projects.

There are two main target group of this TC as participants who are youth workers, youth leaders, young managers who is in direct contact with volunteers and different voluntary projects, another group is active youth with less experience and competences who wants to become more active at local and international level through get trained, improved skills and gained competences needed to become more effective during the promoting volunteering and its invaluable benefits in their local communities.

Also, potential candidates should:

- work or have worked with projects in their community
- Interested and motivated to have positive changes in his/her life,
- Able to work in English in order to reach maximum of the impact
- are willing to engage fully in the whole cycle of the project (preparations, implementation, evaluation and follow-up)
- have and are eager to contribute something interesting to the joint learning process.

All our partners are experience in organizing different international project within Erasmus+ program and after project get approved , they will choose participants on the basis of application form created by the hosting organization and will have final interview with selected participants, partners will prepare selected participants before project starts, as they will have a homework.

## FINANCIAL ARRANGEMENTS

The following project is financially supported by the **ERASMUS+ grant**. Hence, **100%** of the food and accommodation expenses will be covered by the organisers, as well as **up to 100%** of the overall travel costs (please see the max. allowances per country listed below).

## IMPORTANT NOTE:

- You are allowed to arrive OR depart max. 2 days before OR 2 days after the training course. Extra stay will not be supported with food or accommodation, yet you can use this time to visit some places around the Sweden. Should your stay be longer than 2 days (unless necessary!) we do reserve the right NOT to reimburse part of your travel costs.
- In line with the rules of the ERASMUS+ Programme, we would like you to make your travel arrangements using the cheapest travel options. ALSO, before purchasing any tickets, please make sure that your travel times/cost are approved by us in advance!
- In order to receive up to 100% reimbursement of your travel costs, please ensure that your expenses fit in within the max. budget allocated per country. Should you go over the limit, the excess will constitute your own contribution to the project.

### Max. Travel budget per country:

Country	Partner promoter	Pax number	Max. travel costs (EUR)
Sweden	TidsNätverket i Bergsjön	4	20
Georgia	ProActive Group Georgia	4	360
Armenia	Armenian Progressive Youth	3	360
Azerbaijan	AEGEE-Baki	3	360
Belarus	Liga dobrovolnogo truda molodezhi	3	275
Ukraine	Non-governmental organization "Kharkiv association for active youth "Stella"	3	275
Greece	SINDESMOS SISTIMA KAI GENIA	3	360
Poland	Kobiety.lodz.pl	3	275
Slovenia	Javni zavod za kulturo, mladino in sport Litija	3	275
Spain	Ticket2Europe	3	360
TOTAL NUMBER OF PARTICIPANTS		32	

## HEALTH INSURANCE

Health insurance will not be provided or reimbursed by the organisers (unless it is required in the visa process). All participants are required to purchase health insurance individually. If you live in an EU country and use a national health insurance system there, please apply for a FREE European Health Insurance Card: <http://ehic.europa.eu>

## PREPARATIONS

Closer to the training course, a list of things to prepare/do before the course shall be sent out to all participants. Also, in due time we shall be sharing with you the proposed timetable. It will be finalised once we receive applications of all participants. It is crucial for us to adjust the course to your needs and to make it as practical as possible.

## CONTACT

In case of any queries please contact us on: [maria.tnb.nu](mailto:maria.tnb.nu)

We'll appreciate any **ideas and suggestions** of yours that could be incorporated at the time of preparations to the project or during the activity itself. This is going to be **exciting learning journey** called TC "Learn, Do, Stay Inspired!" and we wish to implement in **NOT FOR YOU but TOGETHER WITH YOU!**

**We're looking forward to hearing from you 😊**