

# CONFLICTS EVERYWHERE

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Youth Exchange

Iasi, Romania

July 24-30, 2017

Information package

## Welcome to our Youth Exchange!

This Information Pack shall provide you with all the necessary information to guarantee a great, interesting, educational, funny, respectful, joyful and creative experience under the guidelines of the EU Erasmus + Programme.

### Summary

The youth exchange “Conflicts Everywhere” will address the topics of social dialogue and International cooperation, international relations, development cooperation. The project is for young people who, for various reasons, have been exposed or involved in conflict situations, actions which have put a strong imprint in their personal development by generating many negative states.

“Conflicts Everywhere” will be held in **Iasi, Romania** from **24 until 30 of July, 2017**. Through using non formal learning methods such as workshops, discussions and simulation games it will provide to participants the competencies, skills and knowledge about how to manage and solve conflicts in their personal and/or professional life in order for them to take actions as multipliers for greater social and community involvement in the framework of Erasmus+ Programme. The implementation of this project will result in higher level of awareness about the importance of conflict management in the communities involved which will lead to greater effort in developing and implementing long term inclusion strategies, so we could all engage in making society where similarities are celebrated and differences are respected.

### Participants profile

The youth exchange will gather 32 participants, including group leaders, that are coming from 6 different countries: Romania, Italy, Spain, Lithuania, Armenia and FYR of Macedonia. Each group will consist in 4 young people (18-25 yo) + 1 group leader (no age limit), gender balanced.

The participants should be interested in understanding & solving conflict situations, with a good English command.

All participants will receive an [YouthPass Certificate](#) for all activities they took part in the project and all skills they developed during the project.

### How to apply

*Please FILL THE APPLICATION FORM:*

<https://goo.gl/forms/BskZZ9qWTsHPDI152>

### Working methods and preparation for project

The project is organized by and for young people. Our activities during the preparation, implementation, evaluation and follow up phases ensure active participation of young people in each stage of the project. We want the project to make a positive change in the life of young participants and thus we value their reaction, opinion and feedback at every step of this project.

Working methods of this project are based on:

- active participation in workshops, presentations, study visits
- personal and group discussions

- brainstorming, and sessions for enhancing creativity
- personal development activities and reflection sessions
- team-building activities, energizers, games (music, dance)
- intercultural dialogue and presentation

\*\*\*Future participants are expected to make a small research prior to their arrival on the following topic: Which groups are excluded the most in their community, causes and consequences of that exclusion. They will present the results of the research in their national group during one of the sessions.\*\*\*

### Financial conditions (travel, accommodation)

**Accommodation and food:** 100% covered by Erasmus + Programme

**Travel costs:** are budgeted according Erasmus + conditions (using the EU distance calculator)

[http://ec.europa.eu/programmes/erasmus-plus/tools/distance\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm)

**Partners, maximum travel costs budget and number of participants are as follows:**

Lithuania - VIR Kaunas - 170, 00 € per participant / 5 participants

Armenia – ABCD - 170, 00 € per participant / 5 participants

Italy – Per Esemplio - 170, 00 € / participant - 5 participants

Spain – T2E - 275, 00 € / participant - 5 participants

FYR Macedonia – Info Front - 170, 00 € / participant - 5 participants

**Reimbursement of travel costs of the participants is ALWAYS based on receiving all the eligible travel documents** (tickets, invoices, boarding passes, etc.) **in original** (or in electronic original where available).

**It is necessary to choose cheapest way of transportation** (in case of over-priced ticket, we can only pay up to the price of a usual cheapest ticket for the route given). To avoid problems, make sure to select your tickets in advance and **consult with us before any purchase!** **Do NOT book tickets on last minute.**

**For requesting the travel costs reimbursement payment, you need to** fill in and send to us by email information about each tickets being reimbursed, in the Excel sheet which you can find here:

### REIMBURSEMENT FORM

**Travel costs reimbursement can be than processed in one of these ways** (or its combination):

**In cash during the project** (*just for tickets presented already...*)

within 48h after you present us all documents required

in case of bigger amounts (more than 200 €) this option is NOT possible, so we pay a deposit of up to 200 € and the rest is sent via bank

**Via bank transfer in EUR during the project**

within 1-4 weeks after you present us all documents required

needs IBAN, BIC/SWIFT, Name + address of the person (holder of bank account)

**By your sending organization at home** (the project partner)

based on their own procedures and accountancy rules (cooperation requested).

Whenever you are requesting the payment of the reimbursement, remember that you can always receive **ONLY the money for eligible travel documents that we already received from you complete in original** (e.g. flights documents are complete only with boarding passes)!

## Travel Tips

- Make sure you have a **valid (not expired) ID card or a valid Passport.**
- Make sure to have your **European Health Card** in your wallet or other form of health insurance.
- Pack in your hand luggage some “back-up” clothes and underwear in case your suitcase gets lost in the airport.
- **Keep all your boarding passes and travelling tickets** otherwise we will not be able to make any reimbursements.
- Only public transportation will be reimbursed (ex: taxi at your own expense).

## Venue and Accommodation

- The project will take place in Iasi, a nice city in the North-East of Romania:  
<https://en.wikipedia.org/wiki/Ia%C8%99i>
  - Venue place: [„Grigore Moisil” High School Iasi](#)
  - Some info about transportation: Iasi City is a big transportation node in Romania. You can find easily connections with all major cities and airports in Romania. Also you may check [this site](#). Or better, let us know your exact time of your arrival in Romania and we can help you find the best choice.
  - Internet connection will be available at almost all venues of the project
  - Towels are provided by the hotel but we advise to bring your own personal hygiene items.
- In case you want to arrive in Romania before or stay longer after the exchange time, you have to arrange your accommodation at your own expense.**

## What to bring, what to prepare:

### **Materials About Your Organisation:**

During the Youth Exchange, each one will get the opportunity to present own organization in a visual way on Cultural Evenings. We encourage you to bring as much –relevant- materials as possible. To bring with you:

- English information about your organization; brochures, leaflets, etc.
- All relevant information you have on the previous international project(s) you’ve organized / been part off (reports, gadgets, and press releases).
- Picture, posters, etc.

### **Cultural Evening**

Please bring something typical from your place: food, drinks, traditional clothes, music, any “strange stuff” to show, say us some curiosity about your traditions or social behaviors, teach us some dance, play a traditional game, everything but power point presentation and touristic video from YouTube!

### **Comfortable clothes**

Make sure to bring comfortable clothes. During July the weather in Iasi is dry and hot, around 35 Celsius. You will need some appropriate clothes along with few short sleeve t-shirts. Usually, in that time the rain is absent, but bring a jacket with you just in case!

### **Personal insurance**

Insurance cover for personal effects is the responsibility of the individual participant. You are recommended to ensure that you have adequate medical and travel insurance to cover the period of

your stay in Cyprus. Neither our organization nor any venue used during the event can entertain claims against loss of or damage to personal property.

### **PROOF OF ALL THE TRAVEL EXPENSES**

**Please, make sure that you have all these papers when you come to the project (of course, the return boarding passes might be sent after the project or electronic version).**

**P.S. Please send us the prices of the tickets when you have them, so we could plan our budget.**

**NB! Please note that we cannot reimburse travel costs if you lose your tickets or we do not receive all details and proofs of your expenses!**

### **OTHER IMPORTANT INFORMATION**

**Weather:** The average temperature in July is usually 35°C degrees during the day and 18°C at night. Please check the weather forecast before you travel.

**Electricity:** Romania has the 220 Volt/ 50 Hz 2 pin electricity plus – so make sure you bring at least one adaptor with you.

**Romania Time Zone:** UTC (or GMT) +2.

**Currency:** Romania is NOT part of the Euro zone. You can safely change your EUR or USD in banks or exchange offices. In Iasi you can use your credit cards (VISA, MasterCard etc.) almost everywhere.

#### **Emergency phone numbers in Romania:**

Emergency number for all purposes: **112** (you can call from any device, regardless the country your phone number comes from)

For any further information or queries you have,  
please do not hesitate to contact us:

Ionel Florea: [ionelflorea@gmail.com](mailto:ionelflorea@gmail.com) ; +40 727 672868



**Looking forward to welcome you in  
Romania!!!**