



# infopack

Youth Exchange  
3 - 11 November  
Poiana Negrii  
Romania

## ABOUT THE ORGANIZERS

Geo Club is an independent non-profit non-governmental organization, which develops its activities mainly in Romania, at local and regional levels. Our association encourages the active participation of young people into matters that concern the society, regardless their background.

Geo Club was established by young people who developed skills while volunteering in other bigger associations and wanted to give something back to the local communities in which they were living. Its main aim is to promote the development of education, social values and stimulate the active civic participation of young people in general and from Romania especially through:

- Encouraging youngsters towards mobility and increasing the mobility of youngsters who already are aware of its importance;
  - Ensuring a positive exchange of experiences between young people in order to increase their intercultural awareness and general knowledge;
  - The promotion of cooperation between youngsters belonging to different cultures and countries, mainly by underlying the importance of European unity;
  - The stimulation of cultural activities and the implementation of various national and international educational programmes that respond to the social values of the European Union;
  - The collaboration with other national and international organizations and institutions which have similar objectives and ideals as Geo Club;
  - The assurance of support to our members for attending various projects, courses, trainings, seminars which correspond to our domains of interest;
- The implementation of seminars, workshops, conferences and various other manifestations on themes of European importance and with national and international participants.



# ABOUT THE PROJECT

A hope for rural life is a youth exchange with partners from 5 European countries: Romania, Spain, Lithuania, Estonia and Italy. It will last 8 months, from 1 June 2017 until 31 January 2018, with a period of 7 days of activities, as well as one day for traveling before and one after, between 3 and 11 November 2017, 9 days in total. The location of the activities is the village of Poiana Negrii, close to the mountain resort of Vatra Dornei, Romania. At the activities will be present a group of 40 youngsters with ages between 18 and 30 and 5 group leaders without age limit. Each of the national groups will consist of 8 youngsters and 1 leader.

We need 9 persons (8 participants + 1 leader) from each of the countries: Estonia, Lithuania, Spain, Italy. Age limits for the participants are 18-30 and no age limit for the leaders. We will be a total of 45 people for the duration of the activities.



## The Objectives

**A hope for rural life** will offer space for young people to share their knowledge, ideas and points of view related to **the development of rural environment** and important challenges that rural life faces in today's complex society.

It will allow the participants **to learn** more about the topic, **to interact** with young people from different countries and also **to create promotional materials** (videos, brochure), through group work, in order to share their views with many other young people from their home communities.



Furthermore, the participants will manage to learn through concrete situations (study visit, workshops, self-reflection) about the topic of our project. The non-formal methodology used allows the participants to explore their creative sides and shows them learning can be made in a fun interactive way.

## the methods

used in the activities will be nonformal and will include teambuilding, acting, presentation, research, analyzes, group work, workshops, flashmob making, video making.

We believe that non-formal methods are the best levers to easily learn and assimilate the information required in such a multicultural project.



# TRAVEL & REIMBURSEMENT



You will arrive in Bucharest at the Henri Coanda Airport (OTP).

Use the buses 783 (Unirii Square) and 780 (Gara de Nord – main train station) to go to the city (you have non-stop ticket office in the station at the airport), where you can pay by card. At the airport everything is quite easy to figure out and buses to the city are functioning non-stop even through the night. As a piece of advice, don't change too much money inside the airport because of the bad rates (5-10 euro is more than enough to get your whole group to the city!) and don't take any taxis, especially if the taxi driver approaches you in the Arrivals Hall!

## the arrival and departure

The arrival to Bucharest must be on 3 November at maximum 18:00 in the evening! If for some reasons you cannot manage to find tickets with arrival in the morning or in the after-noon please email us and we will find a solution for you! The arrival hour is like this because we need to leave for Poiana Negrii in the evening around 21:00 and we will travel through the night in order to get there very early in the morning, on 4 November! You can also arrive 1 or 2 days earlier to visit Bucharest, on your own expense.

The departure back to Bucharest will be on 10 November in the evening, so make sure you have flights that leave around 12:00 at the earliest on 11 November, because we will, again, travel through the night and probably reach Bucharest around 7:00-8:00 in the morning on 11 November! You can also stay in Bucharest 1-2 days later and visit, on your own expense.

### important!

The meeting point for the departure to Poiana Negrii will be in Bucharest and set later on.

### important!

You need to send us by email (or bring with you) all original receipts, invoices, e-tickets and boarding passes!

### important!

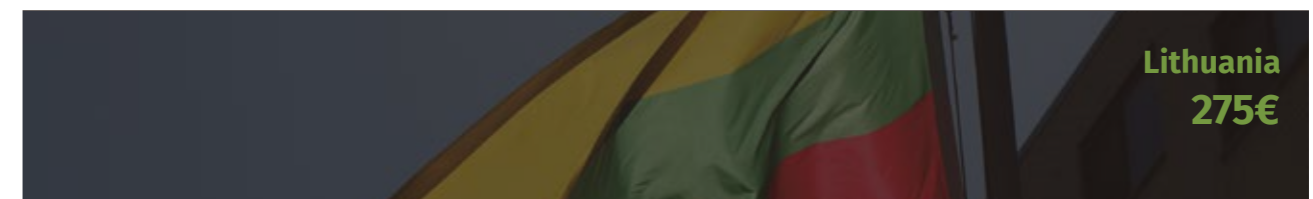
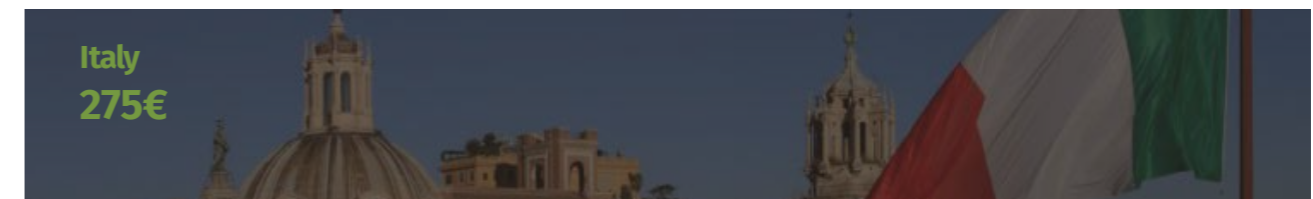
Reimbursement will be done by bank transfer in the account of your sending organization, according to the rules of Erasmus+.

We strongly encourage you to buy flights that have the possibility to do online check-in and in this way you will be able to give us the return boarding passes as well, without sending them to us by post when you return home!

If for your airline is not possible, you still need to send us the boarding passes by post after the project. It is very important to have all your travel and financial documents with you for each person, otherwise the reimbursement is not possible!

## reimbursement of travel per country

Please take note that we do not cover taxi or private car transport costs.



# THE LOCATION



We chose a location that is in the middle of the mountains nature that also benefits fully from the comfort of modern life. It is a place that we know very well and used in other projects in the past. We will stay usually 2-3 persons in one room,

maybe some rooms will host a maximum of 4 persons. It may be possible to have two persons in one bed because some rooms are designed as matrimonial rooms, but rest assured that the beds are big enough and each of you will have his own sheets.

There is signal for mobile and wi-fi internet connection throughout the establishment.

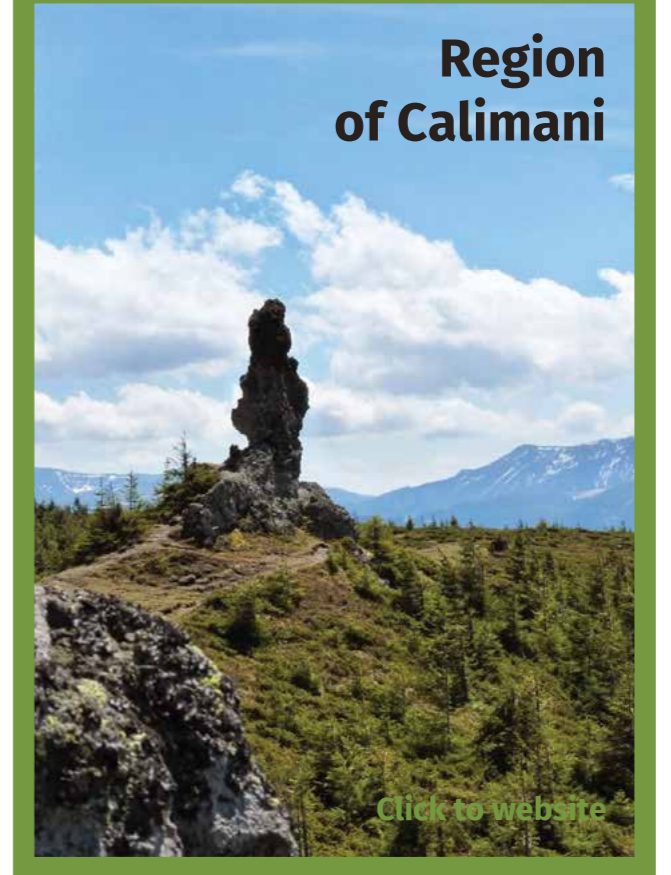
[click!](#)  
visit pension website

## Vatra Dornei



[Click to website](#)

## Region of Calimani



[Click to website](#)

### important!

We will be in the middle of the Romanian mountains in a place that serves traditional Romanian food. For vegetarians / vegans might be hard to adapt because here most meals contain meat and cheese products. We will surely have vegetarian / vegan option, but please come with an open mind because you may need to eat a lot of potatoes, bread and polenta.

**discover  
more about  
Bucovina**

We will have many typical Romanian meals with meat because all the products served are from ecological farms and households in the area. Also, it will be permitted to consume alcoholic drinks in your free time and bring typical alcoholic drinks from your countries for the national evenings, with moderation. Click images above to learn more.

# THE ACTIVITIES

## 3<sup>rd</sup> November day1

- Arrival of the participants
  - Night travel to Poiana Negrii
- Important. Departure at 21:00 from the meeting point.

## 4<sup>th</sup> November day2

- Name games
- Social Network
- Expectations & Contributions
- Group Contract
- About Erasmus+ & The Youthpass
- Introducing the reflection groups
- Welcome Evening in Bucovina

## 5<sup>th</sup> November day3

- Team Building Game 1
- Team Building Game 2
- Presentation of the project
- Group work
- Reflection groups and leisure time
- Romanian Night



## 9<sup>th</sup> November day7

- Introduction to video making
- Group creation and brainstorming
- Group work on the videos
- Reflection groups and leisure time
- Oscars Night

## 10<sup>th</sup> November day8

- Workshop: Group work for the brochures and guide
- Final Youthpass session
- Strategy for dissemination
- Final Evaluation
- Night travel to Bucharest 21:00

## 11<sup>th</sup> November day9

- Departures of the participants from Bucharest

## 6<sup>th</sup> November day4

- The rural life: Problems & Solutions
- PROs and CONs of investments in rural areas
- Reflection groups and leisure time
- Cultural Night 2 countries

## 7<sup>th</sup> November day5

- Study visit in rural areas around Poiana Negrii
- Vatra Dornei visit
- Free Night

## 8<sup>th</sup> November day6

- Funds for developing investments in rural areas
- Lunch Packs
- Personal development possibilities for young people from rural areas
- Reflection groups and leisure time
- Cultural Night 2 countries



# WHAT TO BRING

## typical food

and drinks from your countries! We will have traditional evenings during the project and basically every evening will belong to a different country. Unfortunately we don't have budget to reimburse you the expenses made for the things that you are bringing, but try to be creative and funny! You can bring typical costumes, ornaments, leaflets, posters, flyers, food, sweets, alcoholic and non-alcoholic drinks... and so on! There may be the possibility to cook something using the kitchen of the establishment.



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Also, you can show videos, photos, sing music and dance traditional dances from your countries! We are counting on you to make these evenings as interesting as possible.



## research

Research about the situation of rural life development (economic, social, cultural, etc) and general public attitude towards rural life and people living in villages in your home regions.

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It would be wise to look into the matter before coming to Romania and during the work sessions explain and give practical examples from your countries.



## warm clothes

In November weather can be quite cold in the mountains! Prepare for temperatures between 10 Celsius or more during the day and as low as -5 Celsius during nights. It is recommended to bring warm clothes in case we have snowfall (it is not unusual for the beginning of November).

Towels and whatever you need for taking shower, washing, etc.



## good shoes

And proper clothes for outdoors. The area is very beautiful, so we will do our best to have some of the activities outside and to organize a trip with the entire group. Furthermore, some of the parts of the schedule require visits to different places in the area.



## health insurance

Although we can't reimburse you the cost of it, we strongly encourage you to make one! Romania is an EU member state, so an insurance for

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traveling here should be cheap and easy to make. If you have a European Health Card, please bring it with you, it is valid in our hospital system also and can replace a regular insurance.



# FOR MORE ABOUT ROMANIA CLICK THE IMAGES BELOW



**OUR CURRENCY IS THE ROMANIAN LEU (RON):  
1 Euro = 4.55 RON (in August 2017)**

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