

this is our journey!

The ins and outs of
Greenovation:eco-
building challenge



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Welcome partners!
Let us introduce you the other partners of the programme!

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Wings for youth	Romania	Madalina-Elena Stratone	wings4youthngo@gmail.com
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After introducing ourselves allow us to walk you through the steps of working on the project after presenting the project we will work on.

Welcome!

Greenovation: eco building challenge will bring together 30 participants in Argos, Greece where we will:

- live together in a sustainable community for 12 days and learn by doing in a sustainable community in order to
- understand and internalise the idea of sustainable community by experiencing all the practical aspects of it in a simulation of an eco-community working environment.

Phases

the project is divided in three phases:

- the pre-exchange period (APV, Selection etc)
- the youth exchange
- and the follow exchange period (follow up, dissemination, report)

We are meeting for APV and Youth Exchange in the premises of Hopeland, near Argos, Greece.

Hopeland is situated in a hill near the village Malandreni which is 4 km away where you can find small shops for shopping and coffee. Shops are limited and it's not a walking distance so it is advised to bring your own supplies if needed. It is located in a 7.7 acre piece of land, with age long olive trees, other fruit trees as well as native herbs and it is surrounded by a forest and boasts for 5 oversize yew trees (which are protected by the local Forest Protection Service), as well as a 400-year-old oak tree. The nearest town is Argos which is 12 klm away where you can find anything from small shops to supermarkets, banks, post office, and bus station.

Accommodation in Hopeland is in the two-story open area with shared decks in **basic conditions**. Mattresses and pillows are provided. We ask our guests to bring their own bedsheets or sleeping bags. There are also tents available for sleeping outside. There is an open area with greenery for tents, olive and almond trees. The building has been built with the **strawbale technique** which we will use to build in the project!

Some more info for the
programme to be on board

Common composting toilets and showers are provided and water from showers and washbasins is reused in a grey water system. **Electricity and internet connection are limited** as they are provided through photovoltaics.

Recycling of the packaging materials (plastic, glass, paper) is in place and creative reuse of materials after their basic use, organic materials are composting.

There is an **organic farm** and some chickens in the garden. In the area there is a lot of greenery, old oaks, olive trees and almond trees and in general mediterranean flora which makes the venue a real sustainable place.

Food will be **only vegetarian**, because of the sustainability focus of the venture, however it will include every kind of food group like vegetables, eggs, fruits, dairy, bread with all the essential nutrients, such as carbohydrates, fats, proteins, vitamins, or minerals. We will take into consideration any specific diets of the participants, food intolerances and allergies. The food will be local produced in the farm or it will be locally sourced.

During both Activities in order to maintain the place proper, clean and dignified, participants will be asked to do light household duties in small inter-cultural groups.

The training site of Hopeland is an **alcohol free and drug free area**. We believe that human beings can reach the outmost of their potential without consumption of substances.

After introducing ourselves
and the area let us talk
more of the steps we are
going to follow in the
programme.

The pre-exchange period has already started but we have several steps along the way.

Step 1: 29 December 2017-15 Jan 2018: finding leader's

Our first step is to find the leaders so let's see what profile they will have and their role to the project.

Leaders profile:

We ask from you to join the activity with Group leaders with the following profile:

- Aged between 22-40 years;
- Be active members of the community;
- Preferably have experience in eco-building or similar activities about sustainable lifestyle;
- Be able to manage groups of people and have experience in youth exchange or experience in working with people in the past;
- Able to attend both APV and YE.

Role of the leader:

APV

Leaders are expected to have a meeting with the sending organization to discuss about their expertise on the project, their expected contribution on the youth exchange, how they will support participants in the online assignment and the info letter for participants which will be discussed on APV.

YE

We expect you to support the leader to

- inform participants their role in the project, and what the Erasmus+ Programme is about, its objectives and priorities;
- Introduce the programme and the activities for the exchange;
- Inform the participants about the Youth Pass.
- Help and support the participants of the assignment.

Important note: We expect leaders to attend **both APV and YE**. We will be unable to reimburse the group leader who hasn't attend both activities, so please inform them before.

[Booking tickets for leaders](#)

Step 2: 15 January 2017-10 February 2018: booking flights for APV

Please find the following travel conditions to help leaders to book their tickets and the programme of the APV below.

Travel costs will cover the amounts shown in the table below in the reimbursement procedure (step 15). This amount includes also local transportation costs (if available) and if the original proof documents have been sent. The cheapest means of transport should be used.

A travel itinerary should be sent through a **travel form** to confirm. Travel proposal for validation includes detailed information about the name of the participant envisaged, itinerary (departure, arrival, dates, hours, transport company), type of transport (flight, bus, train etc.). We will send you the travel form once we approve the leaders to fill out.

Once the travel plan is confirmed, participants can book their tickets. Once the travel is confirmed and booked, the participants are requested to update the itinerary document and sent via e-mail the electronic tickets. They should also bring the hard copies (boarding pass) with them during the APV.

There are no touristic activities planned in the program therefore if you want to visit Greece we advice you to spend more days in the country before or after each mobility. Every participant are eligible to extend their staying up to **two days before or after the APV or youth exchange**, otherwise we will be unable to reimburse. In case people want to extend the stay in the country they have to cover their own costs. We do not accept late arrivals or early departures in the project.

We ask the partners to support that participants will sent us the travel form after booking their tickets.

Health insurance is up to the participants. We recommend a **valid European Health insurance** card the time of the exchange or any other travel insurance.

Step 3: 10 February Creation of FB page for partners and group leaders

We will create a Facebook page in order to better communicate between us and help leaders to prepare themselves before the APV.

Step 4: 19-22 March 2018: APV (19 arrival - 22 departure)

19 to 22 March 6 leaders will meet in Hopeland, Argos to discuss and create a common knowledge for the youth exchange, exchange ideas about the contribution of each partner in the project, discuss the online assignment and finalize the infoletter for participants.

The final arrangements, the design of the exchange will be discussed as well as any possible preparations according to the needs of the participants.

The leaders will have the opportunity in two days to cooperate with each other, discuss any concerns and design the workshops or activities together for the youth exchange.

The idea of a teaser video will be proposed to promote the venue and the exchange and the leaders will film and discuss how they will use the media to create the video.

Timetable APV

19 March	Morning session- until 2p.m Meeting at Korinthos train station(proastiakos)
19 March	Afternoon Welcoming and Accomodation
20 March	Full day introduction, discussion and exploring Hopeland
21 March	Full day preparatory YE and follow up activities
22 March	Departures until 9 a.m from Hopeland

Step 5: 21 March: Creation of Fb for participants

A closed Facebook group will be created for the interaction of the participants. This will create at least a communication environment before we all meet. The distribution of the overall results of the preparatory assignment will be shared, reviewed and discussed.

Step 6: 22 March- 12 April: call for and selection of participants

Participants profile:

Young people 18-30 years old
they have basic command of English
are interested in eco-building and sustainable lifestyle
- are keen to enhance their knowledge and employability skills
- have fewer opportunities to be engaged in such projects.

We will support you with a **detailed info letter** for participants with a description of the project, the activities and what to expect from the exchange which will be finalised in the APV. Please note that we expect that you will should promote the programme with this info letter as we expect the participants to have the same expectations about the project. Also the application procedure, will happen through a google form.

We recommend to communicate the call for participants through various channels such as facebook, website etc, distribute it to your communities and network of volunteers or follow your normal procedure. The infoletter for participants will be finalised in the APV with the leaders and a fb group will be created to keep participants infomed, do the online assignment and engaged in the project.

You will propose the participants and we will confirm them in order to ensure gender balance, non discrimination as well as the inclusion of people with fewer opportunities. Priority is expected to be given to young people that do not have previous mobility experiences.

Please bare in mind that there is a **participation fee of 50 euros** upon arrival on the YE so please inform the participants before hand. As you all know Greenovation is an expensive project mainly because of the building materials so the participation fee is essential to cover the costs that are not covered by the Erasmus Grant.

Step 7: 20 April-5 May: Flights for participants

Please refer to the travel conditions in step 2 but bare in mind the following:

When and where to meet before proposing your travel itinerary.

Timetable YE

2 June	Arrivals until 5 Afternoon at train station Korinthos to pick you up
3-14 June	Youth Exchange
15 June	Departures morning to 9 p.m from Hopeland

There are no touristic activities planned in the program therefore if you want to visit Greece we advice you to spend more days in the country before or after each mobility.

Every participant are eligible to extend their staying up to by **two days** before or after the APV or youth exchange, otherwise we will be unable to reimburse.

In case people want to extend the stay in the country they have to cover their own costs.

We do not accept late arrivals or early departures in the project. In order to be eligible for reimbursement we expect all participants to follow the whole duration of the exchange otherwise we will not reimburse them.

We ask the partners to support that participants will sent us the travel form after booking their tickets.

Health insurance is up to the participants. We recommend a valid **European Health insurance** card the time of the exchange or any other travel insurance.

Online assignment before
YE

Step 8: 1 May- 31 May: online assignment preparation

There is a group assignment planned in this project and we expect all partners and group leaders will help participants to work on it and you can support them through your expertise and experience if needed.

The participants along with **their leader**, a month before the project, are asked to visit a sustainable community like Hopeland or a sustainable training center in their country.

They will research on the eco-building techniques and the way the community is built and managed in a sustainable way (energy use, water use, food production, waste management etc).

They will provide insights and recommendations about what they think works better and what they would like to include in a sustainable community.

The overall results will be presented on the closed facebook group of the participants. In the APV we will decide which aspect of the project will be presented and further discussed in the youth exchange.

Step 9: YE: 3-14 June 2018

We finally all meeting each other!

3 to 14 June 2018, 30 participants will meet in Hopeland to live, eco build and experience a sustainable community.

Activities

The activities of the exchange will cover all aspects of sustainability and explore how a sustainable community can be like:

- sustainable consumption, conservation and use of water and energy, growing your food, waste management, recycling, eco-building and be an active citizen of the community.
- eco-building and natural building techniques
- practice through a 4 simulation working days in rotation with practical activities of growing your own food, zero create waste experience, efficient use of water and energy, minimize waste and ecological footprint and how to be self-sufficient and sustainable in practice.

Methods used:

Active participation, volunteering, open discussions, online sustainability or board games, wellness, self-development sessions and creative sessions will be employed in the process of learning.

Impact and outcomes

The programme aims to

- help participants to understand and internalise the notion of a sustainable community living
- create agents of sustainable lifestyle and active members in their community.
- raise awareness for sustainable living to participants and to other stakeholders, local, European and international communities

**YE ends and the after
activities start**

Step 10: Youth Pass: 14 June -23 June 2018

The YouthPass will be presented in detail on the introductory sessions of the YE.

After the end of the project, and the participants are back home, they will have two weeks to fill in their Youthpasses in their own pace.

Please advise them to submit on time.

Step 11: June, July, August: follow up activities- Dissemination

We ask from each partner to **promote** the results of the project by delivering workshops, performances and other activities in local level and **organize any other follow up** activities of the exchange between June, July and August and share with us the results to disseminate and to include them in the final report.

We will make the plan for the follow up activities structure during the APV and the concrete plan of the activities during the last days of the Youth exchange.

We will upload the results on the Erasmus+ project results platform and Salto website.

Visibility and final steps

Step 12: 1 September- 30 September:visibility after the project and general

We ask you to **communicate the results** of the youth exchange, the APV and any other relevant activity in any channel you use or at least through your website and Fb page.

All videos from the APV and any possible ones of YE will be uploaded and shared into our youtube channel and you can distribute it accordingly.

Hopeland

We will communicate the results, outcomes of the YE through our website, Fb page and in our network of stakeholders. An assigned Fb page will be created for the project to enhance visibility and dissemination.

Step 13:Final reporting: 15 September-30 October 2018

We are going to fill the final report of the project, gathering also the data of your follow up activities. So we expect from you to **sent us your input on time.**

Step 14:Project ends: 31 October 2018

This journey ends and we all open to new adventures.

**Reinbursement procedure
and last ins and outs**

Step 15: Reimbursement: upon arrival of all the supporting documents

Reimbursement procedure

All reimbursement will be performed **through bank transfers** country by country upon receipt of all the supporting documents and after the completion of the follow up activities.

All participants must sent the **originals** of their travels by post and the group leaders have filled in the Evaluation Form of the Mobility Tool of the Erasmus+ programme that will be sent to them by the European Commision.

Any doubt regarding the documents gives the right to the coordinating organization to wait for the approval of the final report by the Greek National Agency in order to reimburse the travel costs.

Please find below the reimbursement cost range

Country	KM	Amount
Bulgaria	500 - 1999 km	275
Spain	2000 - 2999 km	360
Slovakia	500 - 1999 km	275
Italy	500 - 1999 km	275
Romania	500 - 1999 km	275

We expect the participants to choose the **cheapest route**, confirmed by us and present the supporting documents mentioned below.

Means of transport

Flight tickets (economic class)

Train tickets (make sure the date, the itinerary and the price are visible on the ticket);

Bus tickets (make sure the date, the itinerary and the price are visible on the ticket);

Last whereabouts

All the documents should **be original**. Bring the original documents during the exchange. The returning documents must be sent firstly scanned and then the originals by post.

Try to provide the above documents in **English or in Greek**. If the documents are written in other languages, we will need a declaration from you to explain the information provided in each document (in English).

We will advise the participants to send:

- 1) in electronic format, by e-mail, a scanned copy of all supporting documents and
- 2) in original, by post mail to the Applicant's address as soon as possible in order to reimburse them in due time.

Some more last ins and outs

You will find attached the **IPA (Inter Partner agreement)** we have already signed for more information on what we have already agreed on responsibilities between us and how we communicate.



messages

For any questions about the project, travel, stay and entertainment during the project, we are here to support. In order to facilitate the communication, please include **Greenovation** in your e-mail subject together with a specific description of your request.

We advise you to use **e-mail** as the primary mean of communication. The assigned **Facebook** group for partners and leaders will help us support you during the selection process, the APV and YE for exchanging photos, ideas and videos.

We will respond within 24 hours and as soon as possible. For emergency reasons you can call us.

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we can

do it



Thank you for doing all the
effort and we are please to
have you in this journey! Have
a good start to everyone!