





EUROPE IS OUR CULTURE YOUTH EXCHANGE

20 – 31 August 2018, Passignano sul Trasimeno, Italy



"Europe is our culture" Youth Exchange will offer participants the opportunity to discuss European identity-related issues in contemporary society and promote inclusion and creativity in a multicultural environment.

48 participants from Bulgaria, Greece, Germany, Netherlands, Estonia, Italy, Spain and Latvia will reflect and discuss the topic of intercultural dialogue and national cultures



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through NFL activities, used as a tool to share traditions and learn about each other. Activities will include the creation of a show to perform in Passignano, workshops, debates, non formal education activities, visits to cultural attractions, intercultural presentations and dinners.

PARTNER

- Associazione Kora Italy
- Ticket2Europe Spain
- Sdruzhenie Walk Together Bulgaria
- Mostar Friedensprojekt Ev Germany
- Sols 24/7 Netherlands Foundation Netherlands
- Avatud Ühiskond MTÜ Estonia
- Ihnilates Tou Fotos Greece
- Saldus jauniesu dome "Es un mes" Latvia

WHAT TO PREPARE BEFORE THE EXCHANGE

- 20 minutes interactive presentation of your country (it can be a PowerPoint presentation, a quiz, traditional dances and music, snacks and drinks... keep it creative and interactive!)
- Prepare morning and afternoon energisers for one day (30 minutes morning and 15 minutes afternoon)
- Find and bring old clothes which can be used for theatre activities
- Organise one 90 minute session about their cultural heritage and traditions which does not include any of the above points (song, dance, ritual, play, etc).
- Prepare one 5 minute sketch about the way they believe their country is seen by other countries for Cultural Stereotypes activity
- Prepare activities led by the partner (please refer to the following tab). The activity could be led by the partner or a specific participant. More information would be discussed during the APV.

Spain + Bulgaria	Minefield and Spiderweb
Italy + Germany	Garden of Expectations



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Italy + Spain	Cultural Stereotypes
Italy + Germany	Name that European tradition
Estonia	FlowerPower
Greece	Introduction to theatre
Germany + Latvia	Dealing with cultural diversity
Italy	Facepaint in Passignano
Italy + Netherlands	European Values
Greece + Spain	Forum Theatre + Invisible theater
Greece + Spain	Cultural values + identity through theatre
Latvia	Show me Your music
Italy + Spain	6 thinking stickers
Italy	Rural Traditions - Farm work

PARTICIPANTS' PROFILE

In order to maximize the outcomes of the YE, we ask to partner organisations to select participants making a balanced group considering gender, social (involving people with fewer opportunities) and cultural balance and looking participants who have experience in theatre, music (plays an instrument), dancing, video editing etc. Also someone who is just really motivated to be part of all the activities but doesn't necessarily have experience in topic. For sure they can contribute in another way.

TRAVEL DATES

Participants are expected to arrive the 20th of August 2018 before 7 pm. They will leave the 31st of August 2018. The project activities will start the 20th of August after dinner and they will end the 30th of August after dinner. Arrival and departure dates are slightly flexible: participants can decide to arrive maximum 2 days before the exchange or leave 2



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days after the exchange (you can earliest arrive on August the 18th or leave latest on September the 2nd; accommodation costs are not covered outside of the official dates of the project).

ACCOMMODATION

The participants will be hosted on the educational farm Buona Terra (for pictures please check www.buonaterra.org), where they will stay in the big house. The rooms will be shared and will have mixed nationalities. Please keep in mind that the venue is 15 minutes walk from the first shop.

The address of the farm is:

Via Campagna 26, 06065 Passignano sul Trasimeno, Italy.



The farm gives great importance to self responsibility and respect of nature. Guests are asked to be responsible of:

- the spaces they use both indoors and outdoors (by using ashtrays for cigarette buds and the bins for rubbish/trash),
- the farm (visiting the animals without permission is not allowed because it could be dangerous; being quiet after midnight shows respect to the ones who are sleeping; both other guests and families with children living in the farm)
- their environmental impact (saving electricity and water is fundamental. The farm is not connected to the town water system, it uses water from the well: if everybody takes long showers and more than one a day, water will finish and we will be left without for a day, the time needed to go and buy it from town).



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TRANSPORT

The closest international airports to Passignano sul Trasimeno are:

Perugia (PEG): 38 km Florence (FLR): 142 km Bologna (BLQ): 223 km

Rome Ciampino (CIA): 225 km Rome Fiumicino (FCO): 240 km

Once in Passignano we will come and pick you up by car/van, and we will drive you to the farm (5 minutes by car). If you don't find trains to Passignano, check trains for Terontola-Cortona and we'll come and pick you up there.

LOCAL TRANSPORT AND AIRPORT TRANSFER

From Perugia airport:

If you arrive to Perugia airport please contact us as we need to arrange pick-up (10 Euro per person each way).

From Florence airport:

Take Busitalia Nord bus to central station (Firenze Santa Maria Novella).

There is a bus every 30 minutes. One-way ticket is $6 \in$ and return $10 \in$, and tickets can be bought online or directly on the bus. The travel time is 30 minutes.

From Firenze Santa Maria Novella take regional train towards Foligno and get off in Passignano sul Trasimeno.

The tickets costs: 12,40 € one-way.

Direct train departure times: 8:02; 12:13; 14:13; 16:13; 18:13; 20:13.

From Bologna airport:

Take Aerobus bus to central station (Bologna centrale).

There is a bus every 11 minutes. One-way ticket is 6 €, and tickets can be bought online or directly on the bus. The travel time is 25 minutes.

From Bologna Centrale take train to Passignano sul Trasimeno; there are no direct trains, you will have to change once or twice according to the time of the day. Prices also vary according to the time of the day, ranging from 27 EUR to 38 EUR.

Please check http://www.trenitalia.com/tcom-en



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From Rome Ciampino and Fiumicino:

Take airport bus to Roma Termini train station. Buses leave from the airport when they are full. Terravision is the cheapest company (4€ one-way, tickets can be bought on the bus). The travel time is 60 minutes.

From Roma Termini train station take regional train towards Firenze Santa Maria Novella and change in Terontola-Cortona and take train towards Foligno. Get off in Passignano sul Trasimeno.

Departure times from Roma Termini to Terontola-Cortona: 7:28; 8:58; 14:58; 17:12; 18:58 (direct).

Please let us know if none of the train solution match as there can be other options as well. Bear in mind that the last train option to Passignano leaves at 18:58 from Roma Termini.

Price: 12,05 €

*Note about train tickets in Italy. Tickets must be bought from the ticket office or ticket vending machine (see figure 1 below) of Trenitalia. All tickets must be stamped in the machine (see figure 2) prior to getting on the train! If not a penalty of 100€ can be required.







REIMBURSEMENT

It is fundamental that you give to your leader all originals travel documents: tickets, boarding passes... The reimbursement can't be made without these documents. Participants will be reimbursed up until a maximum amount granted by the European Commission.

When you buy your tickets make sure you don't exceed the following amount, or you will pay the difference yourself:

COUNTRY	MAXIMUM REIMBURSEMENT PER PERSON (TO ITALY AND BACK):
Spain	€ 275,00
Bulgaria	€ 275,00
Germany	€ 275,00
Netherlands	€ 275,00
Estonia	€ 275,00
Greece	€ 275,00
Latvia	€ 275,00

Participants will be reimbursed maximum one month after the end of the youth exchange, after providing all the travel documents, including the train, bus and shuttle tickets that have to be sent by post to the following address:

Associazione Kora, Via Campagna 26, 06065 Passignano sul Trasimeno, Italy.

WHAT TO BRING

- Work shoes (shoes that you are comfortable walking in and that you don't mind getting
- dirty)
- Work clothes (old t-shirts, old pants...)
- Outdoor clothes
- Warm clothes
- Swimsuit



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- Waterproof shoes
- Slippers (we'll always take off our shoes to get in the activity room and in the house where we'll sleep)
- Flashlight (if you want to go for walks in the dark!)
- Towels
- Toiletries (toothbrush, toothpaste, shampoo, etc.)
- Personal drinking bottle (so you can use your own instead of always having glasses all around the place!)
- Chargers (if you bring your camera, phone, laptop, etc)
- If possible: traditional clothes, national flag, typical objects from your country
- Whatever you feel you would need for any time spent away from home (cigarettes,
- chocolate... The venue is in a rural area 15 minutes away from the first shop, and coming back means walking up quite a steep hill!)
- Yourself!

