

International Youth Exchange INFOPACK

To be a **Person**
is to be a **Story**

18-26 SEPTEMBER 2018
Santiago de Compostela (Spain)



ABOUT THE PROJECT

Over the past decades there have been significant development changes in the European context, such as better access to education and information, a greater provision of resources and technological innovations. However, these transitions did not uproot inequity and social exclusion, though, and many people, especially those affected by poverty, those suffering from disabilities or those who belong to specific religious, gender, and ethnic groups remain excluded from the great array of opportunities and services which are available to more advantaged segments of society.

With our project we intend to spread awareness on this reality by creating a group of multipliers who can contribute to this goal within their local communities and advance towards effective means to combat inequality, exclusion and discrimination.

By proposing simple tools, we can offer visibility to those who are often unvoiced and provide them with a sense of agency and power to be part of society by sharing their life experiences with others through exploring the method of storytelling and organizing a Human Library event with the local community in Galicia.

OUR PARTNERS



ESTONIA



DENMARK



THE NETHERLANDS

AWESOME
PEOPLE



SWEDEN

MORE THAN PARTNERS

The organizations partner in this project are part of Shokkin Group International, a network of organizations with the common mission of improving the quality of youth work in Europe. We build reliable partnerships in order to achieve a positive social impact and ensure the highest quality standards in our projects.



AIM AND OBJECTIVES

"To Be a Person is to Be a Story" will be an international Erasmus+ Youth Exchange organized by Ticket2Europe. The main activity of the project will take place in the surroundings of Santiago de Compostela (Spain) during the period 18th-26th September, 2018, including 32 participants from 5 European countries (Spain, Estonia, Sweden, Denmark and The Netherlands).

The aim of this project is to introduce and promote storytelling as a means to address social exclusion and inequity by enabling young people to work in an international context and to learn how to use it in future actions within their local communities, thus encouraging them to become active citizens.

Give voice to those who have experienced inequity and social exclusion due to personal, economic, cultural, health-related, social, or geographic obstacles.

Equip participants with knowledge and hands-on experience on the method of storytelling and Non-Formal Education.

Promote cross-cultural interactions and foster intercultural dialogue by engaging the local community and raising cultural awareness.

Introduce the Erasmus+ Programme and all the possibilities for learning, development and participation that it offers to youngsters across Europe.

Design and develop a Human library event which will allow participants to become more active citizens and promote social inclusion of vulnerable groups of society.

Encourage cooperation and exchange of methods and experience between NGOs from Programme Countries.



PARTICIPANT'S PROFILE

"To Be a Person is To Be a Story" will bring together 30 youngsters between the ages 17 to 25 years (except for the group leader of each national group, for whom there is no age limit) with a mix of socio-cultural backgrounds. Ideally, participants will be youngsters who have faced inequity and/or social exclusion or have fewer opportunities because of personal, economic, cultural, social or geographic obstacles.

Participants will not be required to have any sort of previous experience with volunteering or international programmes, but they will be highly motivated to become change-makers in their communities by engaging in future actions that will help to raise awareness on the topic of social inclusion and equity together with their sending organizations.

Participants are expected to have a good level of English that will allow smooth communication and be willing and committed to actively participate in ALL sessions. Besides, participants should commit to keep to the deadlines, carry out the preparatory tasks asked for by the organizers and be willing to follow-up on the youth exchange in co-operation with their sending organisation.

Partner organizations are encouraged to keep the gender balance as much as possible when selecting participants.

NUMBER OF PARTICIPANTS PER COUNTRY:

- SPAIN: 5+3
- ESTONIA: 5+1
- SWEDEN: 5+1
- DENMARK: 5+1
- THE NETHERLANDS: 5+1

GROUP LEADER'S PROFILE

We would like to prepare and carry out a highly participatory youth exchange where Group Leaders will be actively involved in the design of the activities and will guide their national teams in its implementation.

For this, Group leaders should be chosen according to their previous experience in international activities and/or involvement with their sending organizations.



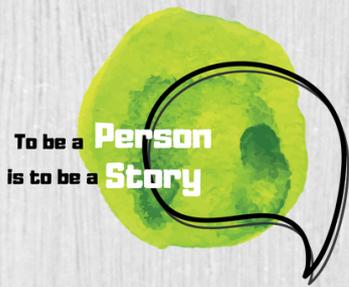
THE FLOW AND SCHEDULE

The methods used in this Youth Exchange will be those of non-formal education and experiential learning, including creative sessions, debates and active inter-cultural learning processes that will encourage young people to become active citizens and to share their gained understanding and knowledge with others. The Youth Exchange will be composed of the following blocks:



Arrival day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Departure day		
18.09.2018	19.06.2018	20.09.2018	21.09.2018	22.09.2018	23.09.2018	24.09.2018	25.09.2018	26.09.2018		
ARRIVALS	Breakfast									
	Me, Myself and I	Concepts by their name	The concept of Human Library	Assembling the "library"	Promotion Lab	Final Preparations Main Activity	Dissemination plan	DEPARTURES		
	Break									
	Team Building	Migration and Refugees Crisis	Discovering the local reality	Work in groups	Promotion Lab	Implementation Main Activity	Idea presentation			
	Lunch									
	Erasmus +, Youthpass and Project presentation	Understanding Storytelling	Discovering the local reality	Work in groups	Promotion of the Activity in the local area	Implementation Main Activity	Final evaluation			
	Break									
	The tree of expectations and challenges	Individual Stories and Reflection	Free Time	"Try out and chill"	Promotion of the Activity in the local area	Reflection and Discussion				
	Reflection Time									
	Dinner									
Welcome Evening	Multi-Culti Picnic I	Multi-Culti Picnic II	Galician night	Game night	Open Space	Free night	Bye bye BBQ			

* The schedule will be revised by the hosting team together with group leaders and might change slightly.



THE VENUE

"To Be a Person is to Be a Story" will be mostly implemented in O Pino, a small town near Santiago de Compostela, the capital of Galicia, in northwestern Spain. Santiago is very well-known worldwide for being the end-point of "The Way", the ancient pilgrim route stretching across Europe, but also for being a thriving cultural center and student city with one of the oldest universities in Spain, funded in 1495.

Our venue "Vila sen Vento", is located 11 km away from Santiago's airport (Lavacolla) and 22 km away from the city itself. "Vila sen Vento" is composed of a 500 m² field with two big rural houses and one rural cabin, each one having a fully equipped kitchen, terrace and living room.

Participants will be accommodated in triple rooms with private bathroom in mixed country groups of the same gender. WiFi is available throughout the property and both towels and bed linen are provided.



Breakfast will be arranged by participants in a self-service format, while lunches and dinners, when held in the venue, will be organized by the hosting team and group leaders, using the cooking arrangements and outdoor space (BBQ!), so those who want will have the opportunity to show their cooking skills! ;)

During the week we will have a free afternoon when we will discover the natural surroundings, and we will implement the Human Library event in the center of Santiago, so diversity of spaces will be ensured.

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HOW TO GET THERE

The cheapest and more convenient way of travelling to Santiago is by plane. However, Lavacolla airport (STQ) is not very big, so you might struggle to find good deals for direct international flights. The best thing will be to travel from your country to Madrid or Barcelona, and then catch a national flight to Santiago.

Flights between Santiago and Madrid/Barcelona are operated mostly by Ryanair, Vueling and Iberia and the price for a return tickets goes usually from 30 to 50 euros.

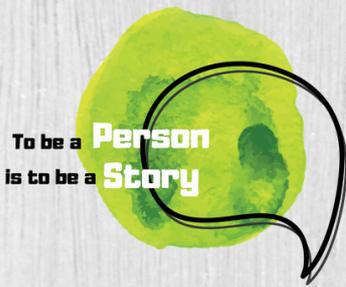


We will arrange pick-ups and/or meeting point according to your arrival place and time, so it is very important that participants, group leaders and/or project coordinators send us all travel confirmations to olalla.gonzalez@ticket2europe.eu by the established deadline, so we can prepare everything well in advance.

Arrival: Participants are expected to arrive **no later** than 18:00h on 18th of September, 2018 and depart **no earlier** than 00.00 on 26th of September.

Underage participants, if applicable, must travel together with the Group Leader from their country, although it is advisable that all national teams travel together.

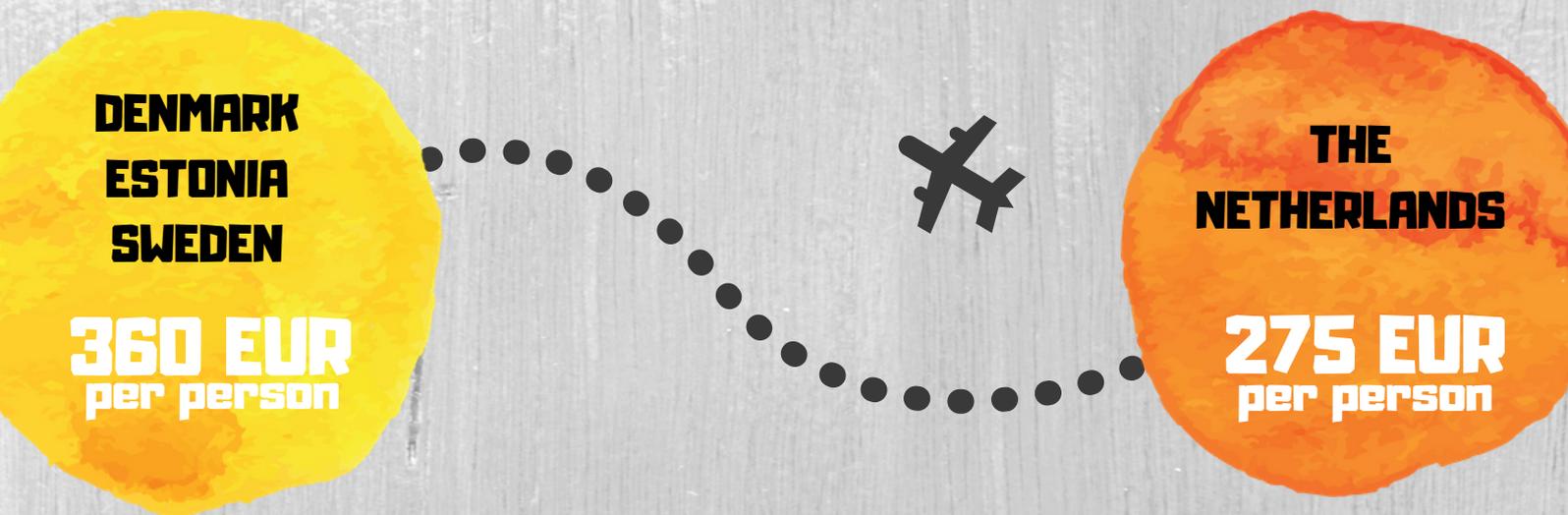
We know that travelling to and around Galicia is not the easiest thing, so if you have any doubt or you are not very sure of which itinerary you should take, please contact us on our email, Facebook page or phone number, we will be glad to assist you! (Check last page for contact information).



TICKETS AND REIMBURSEMENT

During the project week, accommodation, food and all other project-related expenses will be covered by the Erasmus+ programme. When buying tickets, bear in mind that there is a fixed maximum amount reimbursable for your individual trip costs. The sum, set by the European distance calculator, covers the travel costs from your home city to the venue and back. Travel costs exceeding the maximum reimbursable amount will not be covered.

Reimbursement of travel costs will be made via bank transfer to the sending organization upon presentation of all original tickets (including return tickets), receipts, invoices and/or boarding passes and AFTER receiving proof of dissemination activities carried out maximum 1 and a half months after the youth exchange.



REMEMBER!

- ✈ Arrange all your travel in advance based on economy class tickets and plan the cheapest route possible.
- ✈ Taxi rides can only be reimbursed when public transport doesn't operate.
- ✈ If you have any doubt about your travelling plans, please contact your sending coordinator or the hosting team BEFORE booking tickets.
- ✈ Participants can travel maximum 1 day before and 1 day after the official start and end of the project. During that extra time, food or accommodation are NOT provided.

NOTE: PLEASE REMEMBER TO BRING THE ORIGINAL TICKETS AND INVOICES WITH YOU. WE WILL NOT BE ABLE TO REIMBURSE YOU WITHOUT THEM.



PRACTICALITIES

Insurance

It is mandatory to have a valid travel and medical insurance (i.e. European Health Insurance Card) during your travel. The host organization will not cover any personal health costs.

If you need help with this, please contact your sending organisation.

Weather

One of the most precious mysteries in Galicia, since you can never be sure of what the day will look like!

Generally, we can expect an average temperature of 17.5 °C for September. During the day we could get as warm as 25 °C, but evenings will be definitely fresh with 12 °C.

This might sound like beach weather for Nordic people, but we advise you to grab some warm clothes and raincoat. Still, do not forget your swimwear and sports clothes, in case you want to use the swimming pool and sports facilities in the venue (outdoor pool, tennis field, etc.).

Minors

Minors, if applicable, will be required to provide the sending and hosting organizations with a parental authorization in order to take place in the activity.

This document will comply with the standards of the Shokkin Group International network and will be sent to minors in case of selection.

Cultural nights

During the week we will be able to discover one another's cultures and national delicacies.

The format is still to be decided, but it will involve traditional snacks or drinks from your country/region/culture, as well as songs, dances and stories to share. Be ready to share them!:)

Participation fee

There will be a 15 EUR participation fee to be brought in cash at the beginning of the project.

The money will be spent on the benefit of the activity to provide extra materials, activities and more fun times.



CHECKLIST AND CONTACT

-  Interested? Fill in the [application form](#) and send it to your sending coordinator (see Page 2 "Our partners").
-  If selected to participate, create your travel plan, send it to your coordinator and/or to the hosting team and wait for confirmation before buying tickets.
-  Once you have tickets, send all travel confirmations to olalla.gonzalez@ticket2europe.eu.
-  After selection, we will invite you to join the project's official Facebook group to make communication a lot easier.

READY TO FLY? DON'T FORGET...

- Brief presentation of your organization and your country/culture.
- Traditional snacks/drinks for cultural night.
- Your passion items (guitar, juggling balls, board games, dancing monkeys).
- Warm clothes and swimwear.
- Special personal items (hair straightener, home made jam, medicine, shower cap).

CONTACT US



Olalla González

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olalla.gonzalez@ticket2europe.eu



... OR FIND US HERE



Note: Failure to participate in the content sessions or inappropriate behavior might result in reimbursement not being given to the participant or even withdrawal from the course with a notice provided to the sending organization.

A large, hand-drawn style speech bubble in shades of green and yellow, with a thick black outline, positioned behind the main text.

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Design: Olalla Gonzalez

This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.