



Social Inclusion of Young People with Fewer Opportunities through Sports

INFOPACK



#INCLUSIONTHROUGHSPORT

FUNCHAL, PORTUGAL

03-11th of APRIL, 2019

Co-funded by the
Erasmus+ Programme
of the European Union



ABOUT THE PROJECT

Sport is beneficial for young people in different ways. It is not only contributing to their physical health, but also giving them experience and skills that are essential for everyday life, such as leadership, team work, fair play, cooperation, dealing with different types of challenges and working towards achieving a goal.

This is also highly important for young people with fewer opportunities, who are facing much more difficulties, especially when it comes to developing social skills and active participation. Using sports for social inclusion of such youth can be a powerful method. However, most of organisations are having lack of experience, tools, and knowledge in order to implement such kind of activities, even though **sport and youth work have similar objectives**, among which – **improving the overall quality of life for young people in their communities**.

Based on the needs of participating organisations to build their capacities, the **aim of the project** is to share and be trained in methodologies for using sport as an educational method to reach specific aims with fewer-opportunity target groups. The training course will also give the participants, youth workers from partner organisations, a chance to develop European sport-themed activities for young people with fewer opportunities through the European youth programmes.

Therefore, the **objectives of the project** are:

- to equip participants with the necessary skills, understanding and knowledge regarding using sport as a tool for social inclusion;
- to develop new tools and methods based on sport and physical activities and create a Toolbox for Trainers
- to research situations and share examples of good practices in participating countries and Europe generally;
- to promote social inclusion of young people with fewer opportunities;
- to build the capacities of participating organisations in using sports in their local activities;
- to promote Erasmus+ Programme and its opportunities for youth;
- to contribute to the quality of non-formal activities and education on a local, national and European levels;
- to build partnership among participating organisations for future cooperation.



DID YOU KNOW?

The project is planned to be implemented during 03-11th of April, and these dates were chosen not accidentally, there is one important day to remember:

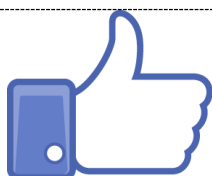
April, 6 – International Day of Sport for Development and Peace

ABOUT HOSTING ORGANISATION

Fundação Marítimo Centenário was established in December, 2011, in line with the mission and objectives of the Sport Club Marítimo of Madeira. Fundação Marítimo Centenário **aims** to promote sport and physical activity; creation, promotion and development of projects in the social and cultural fields, education, training, as well as on the topics of health and environment, and finds it as a way to contribute to the improvement of the quality of life of the local community, particularly of children and young people in Madeira.



The foundation follows its **mission** of social responsibility and work with local community. It cooperates with different partners on a local, regional, national and international levels, such as local volunteers, private companies, citizens, municipalities, schools, social organizations and institutional partners. Each of them contributes to the development of the social work and activities of Fundação Marítimo Centenário on a daily basis.



Our web-page: <http://www.csmarítimo.org.pt/>

Our Facebook page: <https://www.facebook.com/csmarítimo>



PARTICIPATING COUNTRIES



ABOUT THE VENUE

Funchal, the capital of the Madeira archipelago, was declared a city in the 1500s, and became an important point between the old and new worlds. Today Funchal is known for its appealing temperatures, wine and crafts. Friendly locals, walkable streets and cheap taxis make the city easy to get around.

Because of its high cultural and historical value, Funchal is one of Portugal's main tourist attractions. It is also popular as a destination for New Year's Eve, and it is the leading Portuguese port on cruise liner dockings.

Detailed information about accommodation will be sent to selected participants.

Find more information about the city and its main attractions at: <http://www.visitfunchal.pt/en/>



ABOUT YOUR TRAVEL

The project is financed by the Erasmus+ Programme. 100% of lodging costs, accommodation, food and training materials are covered by the program. 100% of travel costs will be reimbursed within the budget, which is different for each country according to the distance calculator, which you can find on this webpage: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm:

Croatia – 530 EUR/ per participant
Estonia – 820 EUR/ per participant
Lithuania – 820 EUR/ per participant
Macedonia – 530 EUR/ per participant
Italy – 530 EUR/ per participant
Portugal (for participants from Funchal) – 0 EUR/ per participant
Portugal (for participants from Marco de Canaveses) – 275 EUR/ per participant
Spain – 275 EUR/ per participant
Turkey – 820 EUR/ per participant



IMPORTANT!

- 1. ! DO NOT BOOK ANY TICKETS BEFORE YOU GET CONFIRMATION FROM THE HOSTING ORGANISATION**
2. Please, keep ALL of your travel documents (boarding passes, tickets, invoices, etc.), otherwise if something is missing we won't be able to reimburse it. Return tickets and boarding passes you will send to us later by regular post.
3. According to the rules of the program, we are not able to reimburse taxi. The only exception is if your plane is at night and there is no public transport to the airport at that time.
4. If the currency of your ticket is different than euro, we will calculate it using the official currency converter of the European Commission:
http://ec.europa.eu/budget/contracts_grants/info_contracts/inforeuro/index_en.cfm

INSURANCE

! IMPORTANT

The hosting organisation is not providing insurance to participants. In a case of emergency, you are responsible for covering the costs for your health issues and medical treatments.

We are strongly recommending you to obtain a health insurance valid in Portugal before traveling.

CONTACTS

If you have any questions regarding the selection process, please, don't hesitate to contact us:

Kateryna Makogon, kate.makogon@gmail.com

See you soon on Madeira!

