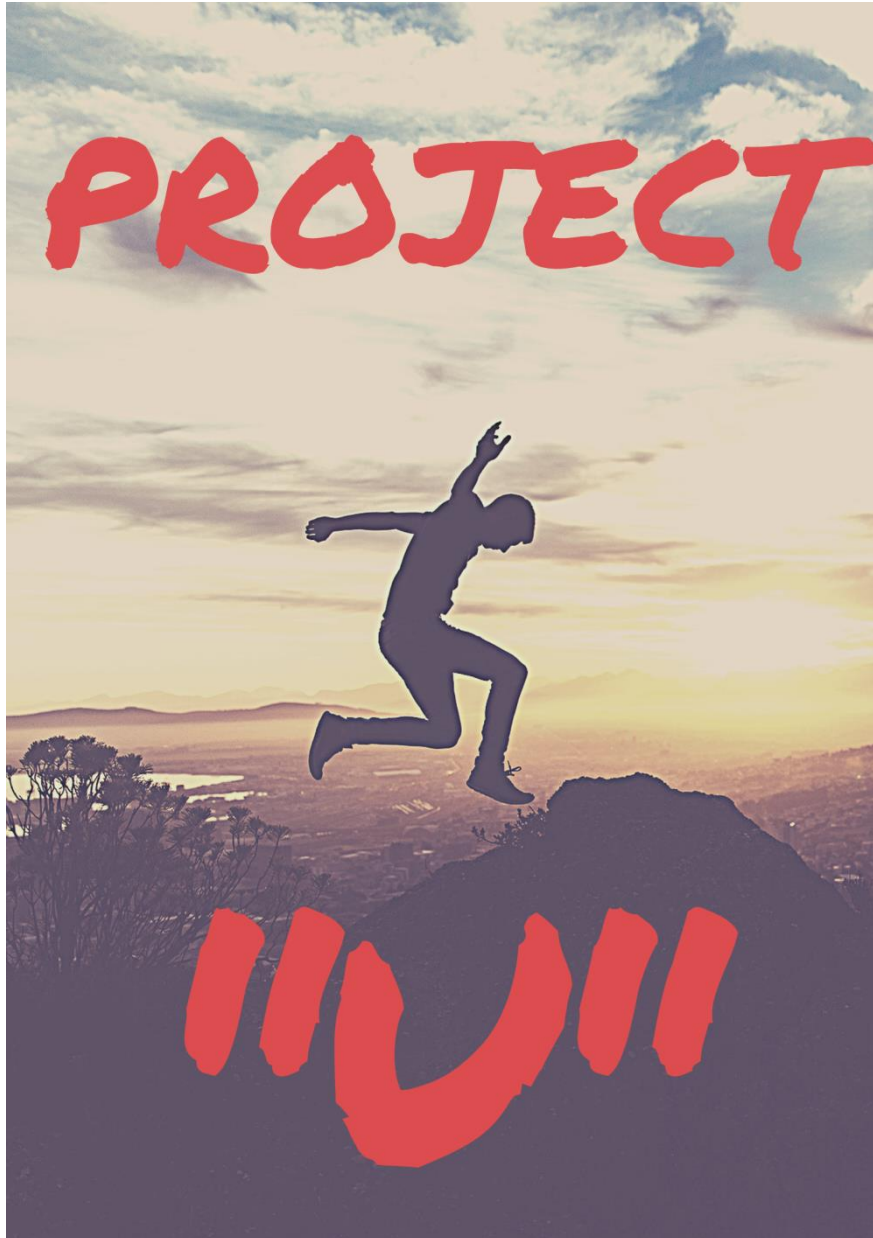




INFO PACK FOR PARTICIPANTS



**YOUTH EXCHANGE DEVELOPED UNDER THE ERASMUS+
PROGRAMME.**

PLAYA DE PILES (GANDÍA), 03/09/2021 – 12/09/2021

What will you find in this document?

Welcome Note

Who Are We?

Summary of the Youth Exchange “Project “U”

Partner Organizations

Profile of the Participants

Location and Accommodation

Travel and Finance

Insurance, Health Aspects

Mandatory security measures **COVID-19**

What More to Expect?

Social Media and Communication

Welcome Note

Dear participants,

It is with great pleasure and supreme excitement that we announce you that the countdown for our youth exchange “Project “U” has officially begun!

Therefore, between the 3rd of September and 11th of September 2021, our team will be at the very pleasant position to host 25 participants from 4 different countries: Italy, Lithuania, Romania and Spain in a multicultural atmosphere full of good ideas and inspiration!

Be ready to open your mind and acquire further skills and competences! Be ready to interact with new people and cultures! Be ready to have a great time! ☺

Best wishes,

Team of Associació Cultura Creativa

Who Are We?

Associació Cultura Creativa is a cultural non-profit organization created in 2016 by the first EVS volunteers in Gandia, Spain.

The objectives of Associació Cultura Creativa are:

- To promote and facilitate the geographic mobility of youth and youth workers
- To create, manage and expand social cooperation projects and volunteering both locally and internationally
- To enhance the values of tolerance, human dignity, social justice, interculturality, social integration and participatory democracy
- To promote the sustainable development and the healthy lifestyle
- To promote cultural and sport activities for the community
- To encourage the entrepreneurial culture and the development of innovative ideas and practices.

In order to achieve these objectives, Associació Cultura Creativa develops and implements projects at local and international level. We organize also workshops and different campaigns to raise the awareness of the local community. Our international team participates actively in training courses and other programmes with the aim to develop new competences and works constantly for improving the quality of our activity.



Summary of the Youth Exchange “Project “U”

The youth exchange “**Project “U”**” was created with the aim to foster the employability of youth, but not focusing only of the technical skills such as writing a CV or preparing for an interview. During the youth exchange we will pay special attention at the personal and professional orientation of the participants by helping them to discover their skills, passions and possible job opportunities that they may have not considered before.

By using non-formal methodology, we will help the participants to gain more self-confidence and have bigger motivation to improve themselves. We will use also project management tools that can be used by the participants in their everyday life in order to be more coherent in their actions and in the process of searching for a job.

In resume, the objectives of “**Project “U”**” are:

- To enhance youth employability and facilitate the successful approach to the labour market.
- To empower young people and give them more self-esteem and self-confidence.
- To help the participants to discover their skills and new ways to improve them.
- To offer project management tools that the participants can use in their everyday life and for the development of their own project.
- To foster the European values and improve the knowledge about Erasmus+ Programme and its opportunities.

The participants will take part in simulations, role-playing games, teambuilding activities, discussions, reflection sessions, etc. Through the created space, they will improve their autonomy, leadership, flexibility and other skills and competencies that are necessary in their professional and personal life.

Partner Organizations

Associacio Cultura Creativa (Spain, E10047057)

Elektrenu kulturos centras (Lithuania, E10105126)

Associazione Porta Nuova Europa (Italy, E10033068)

Ticket2Europe (Spain, E10118811)

Asociatia Curba de Cultura (Romania, E10092860)



Profile of the Participants

Each partner organization will send four participants (18-30 years) and a group leader (no age limit).

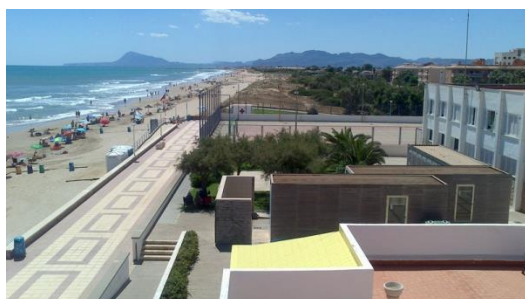
Gender equality will be achieved by selecting at least two male and two female participants from each country, if this is possible.

To be a participant in “**Project “U”**” no previous experience is required but rather an interest in the topics included in the program and motivation to participate in the activities and in the dissemination of its results. We recommend the selection of participants with at least basic knowledge of English.

In accordance with the objective of the Erasmus + program to increase the presence of youth with fewer opportunities in international mobility programs, we will encourage the selection of participants who comes from disadvantaged social, economic, educational, cultural or geographic environment and NEETs.

Location and Accommodation

The Youth Exchange will take place in the youth hostel “Mar I Vent”, set just 60 metres from Piles Beach. The accommodation will be in rooms with participants from the same gender. The bathrooms and the toilets are shared.



The youth hostel has its rules and the participants are obliged to respect them. For example, having/drinking alcohol inside the installation or making noise after midnight are totally forbidden.

We love making projects here!



Piles is located just 10 km away from the Gandia: a beautiful Mediterranean town with a lot of history. We are planning to spend one day of the programme in the town, looking for the hidden treasures :)



Travel and Finance

Accommodation, meals and working materials are provided by the organisers.

100% of the travel costs to the venue and back will be reimbursed up to the maximum of the amount indicated by the distance calculator provided by the EC. There is no regular public transport to Piles and we will need to rent buses or other means of transport in order to bring the participants to the venue of the project. That is why we have reserved 20.00 EUR from the budget for each participant in order to organize the transport from Gandía to Piles.

Spain	20.00 – 255.00 EUR (depending on the distance)	10 participants
Italy	255.00 EUR	5 participants
Lithuania	340.00 EUR	5 participants
Romania	340.00 EUR	5 participants

Travel costs are refundable for participants who attend all the sessions, commit themselves fully to the activities and provide all original tickets, invoices, boarding passes and emails relating to their travel.

The travelling days are 03/09/2021 (Friday) and 12/09/2021 (Sunday).

EXTRA-DAYS: following the guidelines of the Erasmus+ programme the travel must be realised by the participants: arrival max 2 days before the project and departure max 2 days after the project. In case of longer stays we will not be able to reimburse your travel. During the extra-days the participants should cover all of their expenses such as accommodation, food, etc.

The closest airport is the airport of Alicante (“Aeroport de l’Altet”). There is a 24-hour bus which takes you to the city center. Other options are the airports of Valencia (165 km), Murcia (85 km), and of course the airports of Madrid (465 km, very well connected, there is also a fast train for 2 hours) and Barcelona (530 km).

PLEASE CONFIRM YOUR FLIGHTS BEFORE BOOKING THEM.

An important detail is that you should buy your tickets after our confirmation. Otherwise, your tickets could be considered not reimbursable. We engage ourselves to reimburse only tickets which were confirmed by our team.

Because of the sanitary situation in Europe and the changing restrictions, we highly recommend the purchase of **flexible tickets or tickets with free cancellation option**. The pandemic is still not over and we are aware of the fact that everything can happen until September.

In order to make sure that all participants book the cheapest and most sustainable option available for their travel, we offer our full support helping them with their bookings and bus/train connections.

Please keep also ALL other travelling documents you have. Don’t throw anything! 😊

Insurance and Health Aspects

All the participants should bring their European Health Card. You can use the free European Health Insurance Card (EHIC) to allow you access to public hospital treatment. Please be aware that the EHIC is NOT a travel insurance policy, it will not cover private health care, non-emergency health costs, or being flown back to your home country.



We highly recommend you to make a health & travel insurance for the full duration of your time in Spain.

If you have any allergies or you need to take regular medications, please arrange these things by yourself as we are unable to provide them for you.

Likewise, if you have any health conditions, disabilities or mobility issues that you feel we need to be aware of or that may affect your participation in the training activities, then please let us know what they are and how we could assist you.

MANDATORY SECURITY MEASURES COVID19

We take all the measures very seriously and we will adjust our programme to the existing legal restrictions and expert's recommendations.

You should have in mind that the situation is very dynamic, but for the moment, please take into consideration the following information:

- The use of protective mask in Spain is mandatory in all the indoor public spaces and for outdoor spaces when the safe distance of 1.5 m cannot be ensured. **Please bring your own protective masks for all the days of the project.**
- We will have disinfecting Hydroalcoholic gel on our disposal during the activities, but you should bring your own sanitizer for your personal use.
- The capacity of the accommodation place was limited in order to ensure the safety of the guests.
- You should respect the rules and the security protocols to follow, especially when having access to the dining room and common rooms.

Restrictions to enter Spain.

For the moment all the partner countries are in the GREEN list. This means that the participants are not required to take any test or to be vaccinated in order to enter in Spain. We are aware of the fact that this may change.

If you need to make a PCR test or antigen test and you don't reach the limit with your traveling (check the info pack), the leftover money can be used to pay the necessary test to enter in Spain. We will also need a ticket/proof of payment and a copy of the certificate with your result.

We will cover only the tests that are legally required to enter the country. If you decide to test yourself before or after the project for your own tranquillity, we won't be able to cover this cost.

What More to Expect?

Once the selection of participants is completed you will receive also:

- The Programme of the activities + some tasks which will help you to come more prepared to the youth exchange
- Some Practical information – weather condition, currency, last updates about the COVID restrictions, etc.
- What to bring? – a list of things which will help you to be prepared for everything
- A form where you can share with us your dietary requirements and other preferences.
- A Facebook Group to start getting in touch with everyone.

Social Media and Communication

Please feel free to contact us if you need more information, or have any question or doubt:

By email: info.culturacreativa@gmail.com

By Facebook: <https://www.facebook.com/AssociacioCulturaCreativa/>

For better communication we will create also a Facebook group where we can discuss all the details.

