



INTERNATIONAL YOUTH EXCHANGE

# SOLIDARITY WITHOUT BORDERS

9-17 October 2021    Pontevedra (Spain)

# Infopack



# ABOUT THE PROJECT

"Solidarity Without borders" is a project to empower participants to produce **Social Change** within their communities.

Persecution, conflict and Human Rights violations continue to force people to flee their homes and seek safety in European Countries. This youth exchange has, as the main goal, to **promote the social inclusion of refugees and asylum seekers** in European societies.



## PEACE CULTURE

We will create the perfect atmosphere to generate peace culture. Participants will have the opportunity to work in international teams tackling social problems related to the topic of migration and producing solutions from their intercultural understanding and cooperation.

## THE METHOD

The basic element of this youth exchange is social activism and experimental learning. We believe that you can only learn to be socially active by doing and practicing it, therefore, will focus on dialogue, sharing good practices, experiential learning, comparing situations in each country and evaluating the different integration models.

## SOCIAL CHANGERS

Youngsters have the strong potential and capacity of generating social impact on our societies, as they act as role models and multipliers in their local communities raising awareness and helping people understand the nature of the current issues.

# OUR PARTNERS



"**Solidarity Without Borders**" will be an international Erasmus+ Youth Exchange organized by **Ticket2Europe**. The main activity project will take place in **Pontevedra (Spain)** during the period of 9-17 October 2021. Hereafter you will get to know the specific objectives of the project.

## OBJECTIVES



### GENERAL OBJECTIVES

- Promoting and disseminating the notions of diversity, plurality, equity and tolerance among the various sectors of civil society;
- Fostering proactive citizenship in the creation of a culture of peace;
- Reflecting on the democratic ideals promoted by the EU, emphasizing the relationship between democratic values and practices and peaceful coexistence.

### KEY POINTS OF THE YOUTH EXCHANGE

- Carry out activities such as the presentation of the national situation, exchanges of experiences, discussion groups, etc.
- Develop activities aimed at designing initiatives that contribute to promoting the social inclusion of refugees, as well as empowering the population, values, knowledge, attitudes, and behaviors that lead to the strengthening of a democratic and peaceful political culture.
- Design and create applicable materials in the context of non-formal education to encourage critical reflection and combat prejudice towards the refugee population, to make available to all youth workers and other people interested in this field.
- Establish contact with local immigrant or refugee organizations, which allow knowledge of the problem addressed. As well as the design and application of social intervention in situ in this area.
- Carry out team-building activities, role-plays, teamwork, discussions, exchange of experiences, etc.

# PARTICIPANTS PROFILE

The project will include 32 participants from 5 countries (Spain, Germany, Greece, Turkey and Italy) aged between 18-30 (except group leaders for whom is not age limit).



## ABOUT PARTICIPANTS

We are looking for participants who are familiar with the topic of migration and social activism who are deeply interested in triggering a change in their communities regarding the inclusion of migrants, refugees, and asylum seekers. Motivation and willingness to implement future activities/events with the sending organization will be one of the key factors for selection.

Participants are expected to have a good level of English that will allow smooth communication and be willing and committed to actively participate in all sessions (about 8 hours per day).

Besides, participants should commit to keep to the deadlines, carry out the preparatory tasks asked for by the organizers and be willing to follow-up on the youth exchange, ideally in co-operation with their sending organisation.

## NUMBER OF PARTICIPANTS PER COUNTRY:

- SPAIN: 5+3
- GERMANY: 5+1
- TURKEY: 5+1
- ITALY: 5+1
- GREECE: 5+1

# GROUP LEADERS PROFILE

## ABOUT GROUP LEADERS

We would like to develop and carry out a dynamic youth exchange in which Group Leaders will be actively involved in the design and implementation of the content part. For this, Group leaders will be chosen according to their previous experience in international activities and/or involvement with their sending organizations.

# COVID 19 PROTOCOLS

Our commitment as the host organization is to ensure that COVID-19 rules are well explained to participants and strictly followed by all the people that will be involved in this youth exchange.



## COVID 19 MEASURES DURING THE YOUTH EXCHANGE

We take all the measures very seriously and we will adjust our programme to the existing legal restrictions and expert's recommendations. You should have in mind that the situation is very dynamic, but for the moment, please take into consideration the following information:

- The use of protective mask in Spain is mandatory in all the indoor public spaces and for outdoor spaces when the safe distance of 1.5 m cannot be ensured. Please bring your own protective masks for all the days of the project.
- We will have disinfecting hydroalcoholic gel on our disposal during the activities, but you should bring your own sanitizer for your personal use.
- The capacity of the accommodation place was limited in order to ensure the safety of the guests.
- You should respect the rules and the security protocols to follow, especially when having access to the dining room and common rooms.

## COVERAGE TEST



In case you need to make a PCR test or antigen test because you are not fully vaccinated yet, and you don't reach the limit with your traveling (check the infopack), the leftover money can be used to pay the necessary test to enter in Spain. We will also need a ticket/proof of payment and a copy of the certificate with your result.

We will cover only the tests that are legally required to enter the country. If you decide to test yourself before or after the project for your own tranquillity, we won't be able to cover this cost.

## PLEASE READ CAREFULLY

All protocols specified above are mandatory for all persons taking part in this youth exchange. By confirming your participation you also confirm that you have understood this section and that you will carefully follow all the specified measures and possible further measures implemented during the exchange. Measures may be adapted according to the specific situation of Spain during the youth exchange.

# THE FLOW!

The methods used in this Youth Exchange will be those of **non-formal education** and **experiential learning**, including creative sessions, debates, and active inter-cultural learning processes that will encourage young people to become active citizens and to share their gained understanding and knowledge with others multiplying their learning in their local communities.

The Youth Exchange will be composed of the following blocks:



## ABOUT THE TIMETABLE

The official timetable will be revised with team leader and will be presented to all the participants at the beginning of the youth exchange.

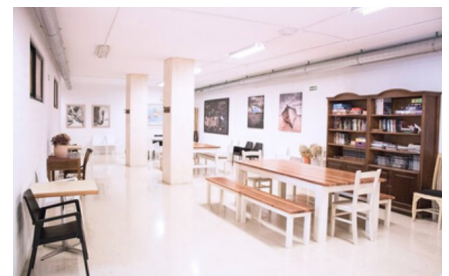
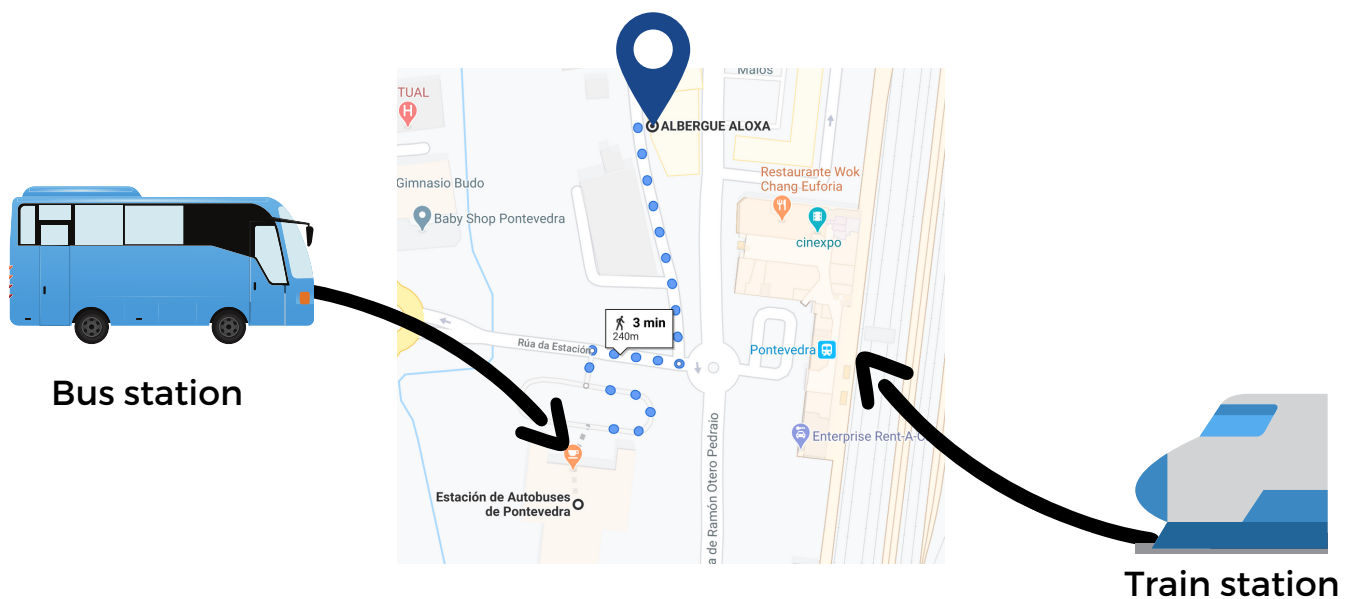


# THE VENUE



"Solidarity Without Borders" will be implemented in Pontevedra, one of the four provinces of the Autonomous Region of Galicia, in northwestern Spain. Galicia's landscape is mostly dominated by forest and mountains and it is well-known among national and international visitors by its seafood, nature and coastline sites.

Whether you come from Madrid or Porto, it is possible that you will have to travel through VIGO (the largest city in Galicia), 30 km away from Pontevedra. If that is the case, you can catch any regional train or bus. Arriving to Pontevedra's train/bus stations (in the map) will take you around 30 minutes, and once you are there ALOXA hostel will be less than 200 meters away!



# HOW TO GET HERE



The cheapest and more convenient way of travelling to **Pontevedra** is by plane. However, Peinador airport (Vigo) or Lavacolla airport (Santiago de Compostela) are not very big, so you might struggle to find good deals for direct international flights.

The best thing will be to travel from your country to Madrid or Barcelona, and then catch a national flight to Santiago. Flights between Vigo/Santiago and Madrid/Barcelona are operated mostly by Ryanair, Vueling and Iberia and the price for a return tickets goes usually from 30 to 80 euros. Once you arrive to Vigo or Santiago, you can easily get to Pontevedra by bus.

## **PARTICIPANT SHOULD BE IN THE VENUE**



**Arrival: Participants are expected to arrive no later than 18:00h on 9th of October and depart no earlier than 00.00 on 17th of October.**

## **ANOTHER CONVINIENT OPTIONS**

Another good option is arriving to Porto being only 170 km away. Porto airport (Francisco Sá Carneiro) will probably be the best option regarding duration of the trip and price. From this airport you can get to Pontevedra with three bus companies:

- FLIXBUS connects as well Porto with Pontevedra.
- AUTNA covers the route Porto Airport - Vigo several times a day and from Vigo and from there MONBUS runs to Pontevedra every 30 minutes.
- ALSA connects as well Porto with Santiago de Compostela and this route has a stop in Pontevedra.

## **DO YOU NEED HELP?**

We know that travelling to and around Galicia is not the easiest thing, so if you have any doubt or you are not very sure of which itinerary you should take, please contact us on our email, Facebook page or phone number, we will be glad to assist you! (Check last page for contact information).



# TICKETS AND REIMBURSEMENT



During the project week, accommodation, food and all other project-related expenses will be covered by the Erasmus+ programme. When buying tickets, bear in mind that there is a fixed maximum amount reimbursable for your individual trip costs. The sum, set by the European distance calculator, covers the travel costs from your home city to the venue and back. Travel costs exceeding the maximum reimbursable amount will not be covered.

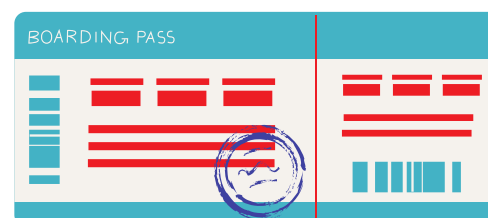
## ABOUT REIMBURSEMENT

Reimbursement of travel costs will be made via bank transfer to the sending organization upon presentation of all original tickets (including return tickets), receipts, invoices and/or boarding passes and **AFTER** receiving proof of dissemination activities carried out maximum 1 and a half months after the youth exchange.

## CONDITIONS FOR REIMBURSEMENT

The maximum amount for travel costs is:

Turkey: 530€  
Greece: 360 €  
Italy: 360€  
Germany: 275€  
Spain: 180€



1. Arrange all your travel in advance based on **economy class tickets** and plan the **cheapest route possible**.
2. We can only reimburse **public transportation** (bus, train, metro, ...)
3. If you have any doubt about your travelling plans, please contact your sending coordinator or the hosting team **BEFORE** booking tickets.
4. Participants can travel maximum 1 day before and 1 day after the official start and end of the project. **During that extra time**, food or accommodation are NOT provided.

## IMPORTANT ANNOUNCEMENT!

PLEASE REMEMBER TO BRING THE ORIGINAL TICKETS AND INVOICES WITH YOU. WE WILL NOT BE ABLE TO REIMBURSE YOU WITHOUT THEM.



# PRACTICALITIES

## PARTICIPATION FEE

There will be a 25€ participation fee to be brought in cash at the beginning of the project. The money will be spent on the benefit of the activity to provide extra materials, activities and more fun times.



## INSURANCE

It is mandatory to have a valid travel and medical insurance (i.e. European Health Insurance Card) during your travel. The host organisation will not cover any personal health costs. If you need help with this matter, please contact your sending organisation.



## VISA

Turkish participants are entitled to receive 110 euros/person in terms of expenses for obtaining a Schengen visa. The rest of the participant countries residents do NOT require visa for Spain, so there is no need for you to take any measures. Just make sure you take your international passport with you while travelling! :)



## CULTURAL NIGHTS

During the week we will be able to discover one another's cultures and national delicacies. The format is still to be decided, but it will involve traditional snacks or drinks from your country/region/culture, as well as songs, dances and stories to share. Be ready to share them!



## THE WEATHER

One of the most precious mysteries in Galicia, since you can never be sure of what the day will look like! Generally, we can expect an average temperature of 16 C° for October. During the day we could get as warm as 20 C°, but evenings will be definitely fresh with 12 C°. We advise you to grab some warm clothes and to have a raincoat always with you.



# CHECKLIST AND CONTACTS



Are you already Interested? **Fill in the application** form and send it to your sending coordinator.

If you have been selected to participate, create your travel plan, send it to us (**ana.delvalle@ticket2europe.eu**) and wait for confirmation before buying tickets.

Once you have tickets, send all travel confirmations to:  
**ana.delvalle@ticket2europe.eu**

After selection, we will invite you to join the project's official Facebook group to make communication a lot easier.

## READY TO FLY?

### DO NOT FORGET

- Brief presentation of your organization and your country/culture.
- Traditional snacks/drinks for the cultural night.
- Your passion items
- Comfortable/sporty clothes.
- Special personal items (towel, flip flops, medicine...)

## CONTACT US

**ana.delvalle@ticket2europe.eu**

### OR FIND US HERE:



[Instagram.com/Ticket2Europe](https://www.instagram.com/Ticket2Europe)



[Facebook.com/Ticket2Europe](https://www.facebook.com/Ticket2Europe)



[Ticket2Europe.eu](https://Ticket2Europe.eu)



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