

YOUTH EXCHANGE ERASMUS+

13-21 NOVEMBER 2021 PONTEVEDRA (SPAIN)





# **ABOUT THE PROJECT**

The European Commission considers that the civil society has an important role in the elaboration of the European policy and will follow supporting the actions of the non governmental organizations, the social speakers and the civil society.

**Dramatic art** (and especially the live performance arts) is increasingly **interrelated** with **society** from the very different angles. Today it is not only the source of an enjoyment as a spectator, but it also can be used in an everyday life, for example in the search for employment. The **personal growth** that the performing arts can brings to the person is already admitted by the great number of people, who have led to the development of programs of art therapy trainings to the business world. The few models that are already working are generating a big impact of local development, entrepreneurship, youth empowerment and citizen participation, desirable for the current societies.

On the other hand, **theater** is a **tool in** recent years has gained **confidence** from **companies**, when it comes to **improvement of the soft skills**. Success in entering the work and business world often lies in the ability to work in a team, generate creative alternatives, improvise, resolve conflicts and develop a noticeable and effective communication.

However, the youth citizenship of the European Union countries do not take part in these new innovative initiatives because of different reasons:

- lack of active young participation in voluntary programmes and personal development;
- lack of models of references;
- lack of connections between young people and companies. This situation generates in the young clear direct effects: high level of youth unemployment, emotional frustration and lack of motivation.

The project "Theatre For Employment" will be developed between 13 to 21 of November 2021, in the city of Pontevedra, in Galicia. This youth exchange will involve youngsters from five countries (Spain, Greece, Norway, Ukraine and Austria) who will be selected for their motivation, and the priority will be given to young people facing social and economical problems and obstacles of employment possibilities.

## **OUR PARTNERS**









ITALY GREECE ROMANIA

UKRAINE



# AIM AND OBJECTIVES

This youth exchange aims to use **non-formal education** and **dialogue for intercultural exchange** to provide our participants with practical tools of scenic art techniques, setting up an extraordinary training opportunity of skills for an area such as labor market, where there are few innovative tools for this purpose. In doing so, we pursue to help the participants to **improve** their **personal** and **social skills** in order to **increase** their **employment possibilities** and their **access to job market**.

We especially think of young people, who must face challenges of the global job market without having support or clear references, of the specific tools that make them stand out as professionals. With this in mind, the young people, as well as all entities who are part of this project, will be responsible for the dissemination of the contents to promote their application in the field of non-formal education.

Establish contact with
the theater and its
different tools to
encourage the creation of
employment

Develop prototypes of how to implement business initiatives using art techniques

Promote the employability and access to the labor market of European youth



Strengthen and develop skills for employment in European youth

Promote cross-cultural interactions and foster intercultural dialogue by engaging the local community

Rethink the relevance of being an active citizen



# PARTICIPANT'S PROFILE

Theatre For Employment will bring together 32 youngsters between the ages 18 to 30 years (except for the group leader of each national group, for whom there is no age limit) with a mix of socio-cultural backgrounds. Ideally, participants will be youngsters who have faced inequity and/or social exclusion or have fewer opportunities because of personal, economic, cultural, social or geographic obstacles.

Participants will not be required to have any sort of previous experience with volunteering or international programmes, but they will be highly motivated to become change-makers in their communities by engaging in future actions that will help to raise awareness on the topic of active citizenship together with their sending organizations.

Participants are expected to have a good level of English that will allow smooth communication and be willing and committed to actively participate in ALL sessions.

Besides, participants should commit to keep to the deadlines, carry out the preparatory tasks asked for by the organizers and be willing to follow-up on the youth exchange in co-operation with their sending organisation.

Partner organizations are encouraged to keep the gender balance as much as possible when selecting participants.

# NUMBER OF PARTICIPANTS PER COUNTRY:

- SPAIN: 5+3
- ROMANIA: 5+1
- ITALY: 5+1
- UKRAINE: 5+1
- GREECE: 5+1

## **GROUP LEADER'S PROFILE**

We would like to prepare and carry out a highly participatory youth exchange where Group Leaders will be actively involved in the design of the activities and will guide their national teams in its implementation.

For this, Group leaders should be chosen according to their previous experience in international activities and/or **involvement** with their sending organizations.



# THE FLOW

The methods used in this Youth Exchange will be those of non-formal education and experiential learning, including creative sessions, debates and active inter-cultural learning processes that will encourage young people to become active citizens and to share their gained understanding and knowledge with others. The Youth Exchange will be composed of the following blocks:

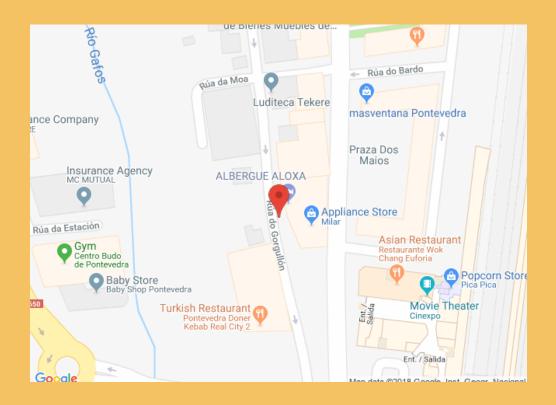




## THE VENUE

Theatre for Employment will be implemented in **Pontevedra**, **one of the four provinces of the Automonous Region of Galicia**, in northwestern Spain. Galicia's landscape is mostly dominated by forest and mountains and it is well-known among national and international visitors by its seafood, nature and coastline sites.

Whether you come from Madrid or Porto, it is possible that you will have to travel through VIGO (the largest city in Galicia), 30 km away from Pontevedra. If that is the case, you can catch any regional train or bus. Arriving to Pontevedra's train/bus stations (in the map) will take you around 30 minutes, and once you are there ALOXA hostel will be less than 200 meters away!











# **HOW TO GET THERE**

The cheapest and more convenient way of travelling to Pontevedra is **by plane.** However, **Peinador airport (Vigo)** or **Lavacolla airport (Santiago de Compostela)** are not very big, so you might struggle to find good deals for direct international flights. The best thing will be to travel from your country to Madrid or Barcelona, and then catch a national flight to Santiago.

Flights between Vigo/Santiago and Madrid/Barcelona are operated mostly by **Ryannair, Vueling and Iberia** and the price for a return tickets goes usually **from 30 to 80 euros.** 



Another good option is arriving to Porto being only 170 km away. Porto airport (Francisco Sá Carneiro) will probably be the best option regarding duration of the trip and price. From this airport you can get to Pontevedra with three bus companies:

- FLIXBUS connects as well Porto with Pontevedra.
- AUTNA covers the route Porto Airport Vigo several times a day and from Vigo and from there MONBUS runs to Pontevedra every 30 minutes.
- ALSA connects as well Porto with Santiago de Compostela and this route has a stop in Pontevedra.

Arrival: Participants are expected to arrive no later than 18:00h on 13th of November and depart no earlier than 00.00 on 21th of November.

We know that travelling to and around Galicia is not the easiest thing, so if you have any doubt or you are not very sure of which itinerary you should take, please contact us on our email, Facebook page or phone number, we will be glad to assist you! (Check last page for contact information).



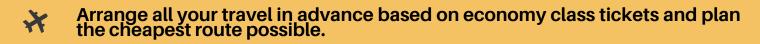
# TICKETS AND REIMBURSEMENT

During the project week, accommodation, food and all other project-related expenses will be covered by the Erasmus+ programme. When buying tickets, bear in mind that there is a fixed maximum amount reimbursable for your individual trip costs. The sum, set by the European distance calculator, covers the travel costs from your home city to the venue and back. Travel costs exceeding the maximum reimbursable amount will not be covered.

Reimbursement of travel costs will be made via bank transfer to the sending organization upon presentation of all original tickets (including return tickets), receipts, invoices and/or boarding passes and AFTER receiving proof of dissemination activities carried out maximum 1 and a half months after the youth exchange.



## **REMEMBER!**



Just public transportation can be reimbursed.

If you have any doubt about your travelling plans, please contact you

If you have any doubt about your travelling plans, please contact your sending coordinator or the hosting team BEFORE booking tickets.

Participants can travel maximum 1 day before and 1 day after the official start and end of the project. During that extra time, food or accommodation are NOT provided.

NOTE: PLEASE REMEMBER TO BRING THE ORIGINAL TICKETS AND INVOICES WITH YOU. WE WILL NOT BE ABLE TO REIMBURSE YOU WITHOUT THEM.



# COVID-19 protocols

Our commitment as the host organization is to ensure that COVID-19 rules are well explained to participants and strictly followed by all the people that will be involved in this youth exchange.

#### **COVID-19 MEASURES DURING THE YOUTH EXCHANGE**

We take all the measures very seriously and we will adjust our programme to the existing legal restrictions and expert's recommendations. You should have in mind that the situation is very dynamic, but for the moment, please take into consideration the following information:

- The use of protective mask in Spain is mandatory in all the indoor public spaces and for outdoor spaces when the safe distance of 1.5 m cannot be ensured. Please bring your own protective masks for all the days of the project.
- We will have disinfecting hydroalcoholic gel on our disposal during the activities, but you should bring your own sanitizer for your personal use.
  - The capacity of the accommodation place was limited in order to ensure the safety of the guests.
- You should respect the rules and the security protocols to follow, especially when having access to the dining room and common rooms.

#### **COVERAGE TEST**

In case you need to make a PCR test or antigen test because you are not fully vaccinated yet, and you don't reach the limit with your traveling (check the infopack), the leftover money can be used to pay the necessary test to enter in Spain. We will also need a ticket/proof of payment and a copy of the certificate with your result.

We will cover only the tests that are legally required to enter the country. If you decide to test yourself before or after the project for your own tranquillity, we won't be able to cover this cost.



#### **RE-OPEN**

The European Commission has created a platform which collects all COVID-19 measures from all EU countries (updated every day). We recommend you before traveling to check COVID measures at Re-Open.



# **PRACTICALITIES**

## Insurance

It is mandatory to have a valid travel and medical insurance
(i.e. European Health Insurance Card) during your travel. The host organization will not cover any personal health costs.

If you need help with this, please contact your sending organisation.

## **Cultural** nights

During the week we will be able to discover one another's cultures and national delicacies.

The format is still to be decided, but it will involve traditional snacks or drinks from your country/region/culture, as well as songs,dances and stories to share. Be ready to share them!:)

## Weather

One of the most precious mysteries in Galicia, since you can never be sure of what the day will look like!

Generally, we can expect an average temperature of 14 °C for November. During the day we could get as warm as 17 °C, but evenings will be definitely fresh with 8 °C.

This might sound like spring weather for Nordic people, but we advise you to grab some warm clothes and raincoat. Still, do not forget sports clothes, You will need them!

## Participation fee

There will be a 25 EUR participation fee to be brought in cash at the beginning of the project.

The money will be spent on the benefit of the activity to provide extra materials, activities and more fun times.



# CHECKLIST AND CONTACT



Interested? Fill in the <u>application form</u> and send it to us.



If you have been selected to participate, create your travel plan, send it to us (ana.delvalle@ticket2europe.eu) and wait for confirmation before buying tickets.



Once you have tickets, send all travel confirmations to ana.delvalle@ticket2europe.eu.



After selection, we will invite you to join the project's official Facebook group to make communication a lot easier.

### **READY TO FLY? DON'T FORGET...**

- Brief presentation of your organization and your country/culture.
- Traditional snacks/drinks for cultural night.
- Your passion items (guitar, juggling balls, board games, dancing monkeys).
- Confortable/sporty clothes.
- Special personal items (towel, flip flops, medicines, shampoo, etc.).

## **CONTACT US**



Ana del Valle ana.delvalle@ticket2europe.eu



## ... OR FIND US HERE







Note: Failure to participate in the content sessions or inappropriate behavior might resolve in reimbursement not being given to the participant or even withdrawal from the course with a notice provided to the sending organization.







TICKET2EUROPE

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Design: Ticket2Europe

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