

erasmus+ and european solidarity corps agency





## International training course





28.02 - 7.03.2022, Estonia

# About the training:

Digitally is a training course that aims to develop competencies of youth workers and youth leaders to utilize online and digital tools for activity promotion, management of tasks and implementation of youth activities in order to increase the involvement of young people in the organizations.

### Objectives of the course are to:

- discuss the current use of social media amongst young people and analyze the potential of social media as an engagement tool;

- look at risks brought with the use of online media and introduce critical thinking to the participants as a skill for countering disinformation;

- provide space for exchange of tools used in youth work by youth workers and organizations;

- introduce participants to new available online tools for promotion, management and development of engaging content to be used with young people;

- equip participants with skills of analyzing, choosing and using appropriate digital tools;

- enable participants to practice the use of up to date online tools in the field of youth;

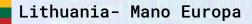
#### Countries and organisations:



Estonia - Hea Hombre



Portugal - A jornada dos Heróis



Romania - Asociatia "Un strop de fericire"



Spain - Ticket2Europe

Italy - Esplora

Czech Republic -BE INTERNATIONAL

Number of participants per country - 3

## Participant profile:

- The project is targeting a range of youth work practitioners (youth workers, educators, trainers, youth leaders) as well as a member of the partner organizations, responsible for media coverage, promotion within and outside the organizational structures.

- The training course sets an age limit as by the rules to be 18+. The training is open for candidates of all ages as long as they fit the participants' profile being related to the youth work field and show proper motivation and readiness to cooperate.

- Intermediate knowledge of English

## Project flow and schedule:

 Getting to know each other and building trust for further cooperation
Discovering the topic of digital youth work and the influence of new media
Practicing the use of digital tools and enhancing the organizations toolboxes
Working on participants own follow-up projects & dissemination

> Schedule (exel) will be forwarded separately in February

# Practicalities:



Insurance:

It is mandatory to have a valid travel and medical insurance (i.e. European Health Insurance Card) during your travel. The host organization will not cover any personal health costs. If you need help with this, please contact your sending organization.



## Covid-19 certificate:

It is mandatory to have a valid Covid certificate confirming that you have been vaccinated with at least two doses of the vaccine or have had COVID-19 disease within the last six months at the time of being on the project. Certificates are also required to enter Estonia and visit public places in the country.

The document certifying vaccination in another country must be in the Latin or Cyrillic script, in Estonian, Russian or English and include the following information:

- the disease or agent targeted;
- the date of vaccination;
- the vaccine medicinal product;
- the number of doses in a series of vaccinations;
- the details of the issuer of the certificate.

All vaccines approved by the European Medicines Agency as well as those that have not yet received an EU marketing authorisation but are recognised in the country of departure are accepted in Estonia.

Due to the new Omicron strain, the situation in the country may change. We will keep you updated with any new Covid-19 related restrictions.

For more information on Covid-19 certificates, crossing the border and restrictions in Estonia, please follow this link: <u>https://www.kriis.ee/en/travelling-crossing-state-</u> <u>border/travelling-estonia/testing-covid-certificates-self-</u> isolation

# Practicalities:



Participation Fee:

The training course has a participation fee of 30 EUR paid on the spot in cash. The participation fee amount is used for the benefit of the project to provide materials and cover extra expenses occurred during the project.



Participants are required to arrive to Tallinn by 16:00 on 28th of February and not leave Tallinn before 15:00 on 7th of March. We will organize a bus that will take us from Tallinn Central Youth Center (Raua 23, 10124 Tallinn) to the venue and back. The bus from the youth center to the venue will leave at 17:00. There is no transportation from the venue to Tallinn, so we expect everyone to have tickets booked for given times.



Extra days:

At your own expense you can stay in Estonia up to 4 days before OR after the training course. If you exceed this amount of days, you might not be subject to travel reimbursement.



We encourage you to bring

- your laptop

- snacks and beverages for the intercultural evening, (The format is still to be decided, but it will involve traditional snacks or drinks from your country/region/culture)

- swimwear for the sauna,

- warmer clothes for the outside (the weather in Estonia is very unpredictable)

## Travel & Reimbursement:

We expect selected participants to organize their travel according to Erasmus+ ang <u>SGI</u> rules. When arranging tickets, bear in mind that there is a fixed maximum amount reimbursable for your individual trip costs. The sum covers the travel costs of return trip from and to the partner organization's region using the most direct and cost efficient way of travel. Travel costs exceeding the maximum reimbursable amount will not be covered.

If there are any changes in the route or special travel requests, you are asked to confirm these with the project coordinator before purchasing the tickets. Failure to do so may result in some tickets being not reimbursable. Travel budgets according to the partner countries:

> Portugal - 530 EUR Spain - 360 EUR Italy - 360 EUR Lithuania - 275 EUR Czech Republic - 275 EUR Romania - 275 EUR Estonia - 20 EUR

Reimbursements will be made by bank transfer to the organization or appointed responsible participant after dissemination activities are held (we will make the transfer within 14 days from the moment we have everything needed from a country group). We advise you to arrange and book your whole trip before coming to the course in order to speed up the reimbursement process. NOTE: PLEASE REMEMBER TO BRING THE ORIGINAL TICKETS AND INVOICES WITH YOU. WE WILL NOT BE ABLE TO REIMBURSE YOU WITHOUT THEM.

> Please don't buy tickets to Tallinn earlier, than 1st of February.

## Our team:



### Pavel Vassiljev- Trainer

Pavel is a free-lance trainer from Estonia with experience in nonformal education and training since 2011. Pavel's educational background is MSc in International Marketing and Brand Management with academic work done on the topic of social media and youth. Pavel has extensive experience in delivering educational content informal (university lecturing, school teaching) and non-formal institutions (youth camps, international training courses, training programs) since 2011 working both directly with young people (employability, entrepreneurship, social engagement) and youth workers (game-based learning, organizational development, digital youth work). Since Pavel's career in international training, he has worked on more than 20 projects that have been awarded good practice examples.

#### Marcus Vrecer - Trainer

Marcus is a free-lance trainer from Austria with more than 20 years of experience in international youth work and training delivery. Marcus has been extensively working with EVS training in Austria as well as delivered training courses and facilitated seminars on the topics of organizational management, innovation, quality assurance, training of trainers, entrepreneurship and digital tools. Marcus has experience working internationally in Europe, Asia and South America





#### Maria Jefimova - Coordinator

Maria is youth worker and project manager in Hea Hombre and one of municipal schools. Maria has a big experience in working with youth since 2005, starting by mentoring children in summer camp till nowadays. Together with Pavel and Anna Maria was coordinating and leading as a Shokkin family member, local and international projects such a training courses, youth exchanges, conferences, camps, etc.

### Anna Zavolner - Support staff

Restless youth worker, Anna has experience in hosting and leading different local and international events connected with youth and nonformal education. Also Anna works in school as a youth worker/event manager and in children psychiatrical clinique. Long-term member of Shokkin Group and Board member of NGO Hea Hombre.





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