

INFOPACK

ESCAPE GENDER INEQUALITY TC



**7/04/2022-
14/04/2022**

07/04/2022 ARRIVAL DAY

14/04/2022 DEPARTURE DAY

**KOPPARBERG
SWEDEN**

WELCOME!

You are one of the 20 participants who will participate in the training course “ESCAPE Gender Inequality” between 7th-14th of April 2022. in Sweden.

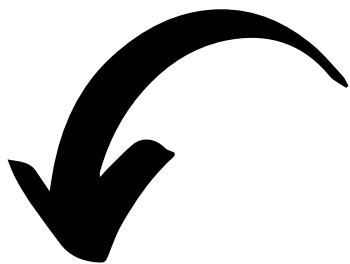
AWESOME
PEOPLE



The training course will be held in Kopparberg, located 219 km west of Stockholm. Kopparberg is a small village famous for the brewery that makes Kopparbergs cider and is located one hour from Örebro - the sixth largest city in Sweden.

There will be participants from Sweden (4), Malta (4), Romania (4), and Spain (4). We want you to have a great experience and we prepared this info pack with all the practicalities you need to know and a bit about the project itself. We look forward to meeting you all in Kopparberg!

Your coordinator and host organisation is Awesome People, a youth NGO founded back in 2013. Awesome People is based in Örebro and recently also in Kopparberg with a mission of making people be and feel awesome - one learning experience at a time - for people to create a better world for themselves, for others, and for the planet.



Check us out!



www.awesomepeople.se



<https://www.facebook.com/AwesomePeopleSE>



[#awesomepeoplese](https://www.instagram.com/awesomepeoplese)

About the project

The project "ESCAPE Gender Inequality" consists of **two mobilities** in Sweden starting with this training course for youth workers where you will get:

- increased knowledge about the topic of gender equality
- how to support young people in creating their own ideas
- how to use the tool of educational escape rooms with young people.

After the training course you will go back home where you will share the knowledge with other youth workers in your local community.

You will also work with a group of young people who will participate in the upcoming youth exchange and prepare them by using the tools you learned during the training course. **Two in your team** will participate in the youth exchange as group leaders and support the young people in the youth exchange where they will create and finalize educational escape rooms on the topic of gender equality.

We envision the project to contribute to a more equal and inclusive society because of the raised awareness about gender equality among young people and improved competencies among youth workers to work with the topic.



Aim

The whole project aims to increase the awareness of gender equality among young people by creating and using portable educational escape rooms as an effective method of engaging young people.

Objectives

- Enhance youth worker's knowledge and experience of non-formal learning activities related to gender equality and the support of young people's own ideas
- Provide space and time for participants (Youth workers and young people) to reflect upon the different aspects of gender equality such as discrimination against girls and young women, traditional gender roles and stereotypes, and violence against girls and young women
- Upskilling youth work practitioners in the use of educational escape rooms as an effective tool for engaging young people and youth work communities
- Encourage young people to become active citizens and take initiative by creating educational escape rooms and implementing public events
- Create 3-4 portable educational escape room concepts on the topic of gender equality to spread to the youth work community



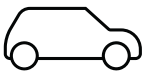
LOGISTICAL INFORMATION

Arrival day Thursday 07/04/2022– No later than 8 pm in Kopparberg (If you want to join the free welcome dinner!)

Departure day Thursday 14/04/2022 – At any time

You are free to stay for longer or arrive earlier in Sweden, but you will do so at your own expense!

The best option is to take a flight to **Stockholm Arlanda Airport** and from there take the train to **Kopparberg C** (the trip takes 3.5 - 4.5 hours) and costs between 40-50 euro
check tickets here: www.sj.se



We will pick you up at Kopparberg Central Station when you provide us with your arrival time





Accommodation

The training will take place at Awesome People House in Kopparberg, Sweden at Laxbrogatan 24, 714 31 Kopparberg located 5 min walking distance from Kopparberg village center. Map [HERE](#)

You will stay in shared 4-people bedrooms (mixed country not gender) and have access to shared bathrooms with showers.

Bed linen will be provided but you need to bring your own towel.

The house has wifi.

Accommodation costs are covered by the Erasmus+ program.



Food

Breakfast, lunch, dinner, and coffee breaks (FIKA) will be served in the house. Please, don't forget to mention in the application form if you have any dietary requirements. All food is covered by the Erasmus+ program.

Also, we will organise a multicultural evening where you should bring any food/drinks representative of your country.



Weather

The weather in Sweden in April is usually +1 up to +9 and the possibility of rain is very high so please check it out closer to the time and pack appropriate clothes. We will also update the FB group with the forecast, so keep an eye on it.



Money

Sweden's currency is SEK. All places accept bank cards, not all accept cash since Sweden wants to be a cash free society. If you want to take out money there is ATM 5 min walk from the house.

Travel & Reimbursement

Accommodation and food are 100% covered by Erasmus+. Travel costs are budgeted according to Erasmus+ conditions (using the European distance calculator from the city where your sending organisation is registered to Kopparberg).

Malta/Spain - 360 Euro

Romania - 275 Euro

Travel costs exceeding the maximum reimbursable amount will not be covered. If there are any changes in route or special travel requests, please confirm these with the project coordinator BEFORE purchasing the tickets. Failure to do so may result in some tickets not being reimbursable. Reimbursements will be made by bank transfer to the organisation or appointed responsible participant AFTER dissemination activities are held (within 3 weeks after the training course based on proof of dissemination) and if all the original documents are provided to the project coordinator.

Steps for reimbursement

- Fill in the internal evaluation form at the end of the week.
- Fill in the Erasmus Mobility tool survey right after the project (you will get a link after the training course).
- Upload all your travel confirmations, invoices, and boarding pass to the Google Drive folder. The link will be sent in the welcome e-mail.
- Hold the agreed dissemination activities within 3 weeks after the training
- Send us pictures and a small report of the dissemination activities.



AGENDA

	7/4 Thursday	8/4 Friday	9/4 Saturday	10/4 Sunday	11/4 Monday	12/4 Tuesday	13/4 Wednesday	14/4 Thursday
08.00-09.00	ARRIVAL	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	DEPARTURE
09.30 - 11.00		Course opening Getting to know each other	Learning diary Need assessment	Learning diary Gender based violence	Learning diary Educational escape rooms	Learning diary Educational escape rooms - Wrap up	Learning diary Action plan for local dissemination	
11.00-11.30		FIKA	FIKA	FIKA	FIKA	FIKA	FIKA	
11.30-13.00		Teambuilding	Gender Equality: Basic principles	Youth and gender equality	Trip to Örebro	Youth worker role	Action plan for youth exchange	
13.00-15.00		LUNCH	LUNCH	LUNCH	LUNCH IN ÖREBRO	LUNCH	LUNCH	
15.00-16.30		Teambuilding Intro to the project	Gender stereotypes	Youth and gender equality	Free time in Örebro	Planning phase 2 of the project	Learning journey	
16.30-17.00		FIKA	FIKA	FIKA		FIKA	FIKA	
17.00-19.00		Learning journey Family Groups	Home work presentation: How it is in our countries Family Groups	Educational escape rooms Family Groups	Free time in Örebro	Presentations Family Groups	Final Evaluation	
19.00-20.00		DINNER	DINNER	DINNER	DINNER IN ÖREBRO	DINNER	DINNER	
20.00 -		Welcome reception	Intercultural evening	Game Night	Open space	Free evening	Swedish evening	

With reservation for changes

PARTICIPANT INFO



Profile

Participants for the training course should be **experienced** youth workers preferably connected to the partner organization. **18+** and willing to learn and share about the topic of gender equality. All four participants should be willing to function as **group leaders** at the upcoming youth exchange in the project - two of them will actually go as group leaders which means they will prepare and lead the youth exchange together with group leaders from the other countries.



All participants must work with a **local group of young people** who will join the youth exchange to prepare them on the topic of gender equality based on what they learned during the training course. All participants must implement a dissemination activity to spread what they learned to other youth workers in the local community.



Partners should ensure **gender balance** among participants.



Participation fee

The training course has a participation fee of **40 EUR** paid on the spot in cash or via bank transfer based on an invoice provided to the partner organisation. The participation fee amount is used for the benefit of the project to cover extra expenses that occurred during the project.



Insurance

It is mandatory to have valid travel and medical insurance (i.e., European Health Insurance Card) during your travel. The host organisation will not cover any personal health costs. If you need help with this, please contact your sending organisation.

PARTICIPANT INFO



What to take with you

We encourage you to bring your laptop, promo materials of your NGO, snacks, and beverages for the intercultural evening, any favorite games for the evenings, and fulfilled home tasks (which will be sent to the selected participants by the trainers). Don't forget your towel and Health insurance card!



Participation

Failure to fully participate in the content sessions or inappropriate behavior might result in reimbursement not being given to the participants with a notice provided to the sending organisation or exemption of the participant from the course.

To-do-list



Fill in the online application form [HERE](#) Deadline 24th March 2022



Book your flight to Stockholm Arlanda Airport and connecting train from Arlanda to Kopparberg C to fit the budget so you reach Kopparberg no later than 8 pm on 7th April



Join the Facebook group for updated information and ongoing activities. You can find it [HERE](#)



Inform us about your arrival and departure time/date to karin@awesomepeople.se so we have a record of whom we should include for the welcome dinner and when to pick you up. Deadline 24th March 2022

**For any questions
please contact us!**

Karin Wouda
**Trainer & Administration
Coordinator**
karin@awesomepeople.se
+46728586672



Fredrik Wouda
Trainer & Host coordinator
fredrik@awesomepeople.se
+46702693850

**Looking forward to
see you in
Kopparberg!**

