



Erasmus+

# YOUTH EXCHANGE



# Art in the Land

Analysis

CONNECT  
YOUR CITY  
YOUR CITY

# CONTEXT

**"Art in the land II"** is an Erasmus+ Key Action I Youth Exchange project which was created by young people in order to spread awareness of the environment and climate change topic through Art. All activities will take place under the thematic umbrella of the program, coexistence technology and nature through Arts. Some of the activities will be:

1. team building activities
2. development or cultivation activities social skills such as acceptance, communication, cooperation, flexibility etc.
3. creation of art with the utilization of materials from nature (visual)
4. beach cleaning, collection of useless / recyclable materials and their reuse through Art in order to convey a message of environment awareness (second life project).
5. utilization of nature in order to create a video digital dance. You will be invited to film, with your mobile phone, landscapes in nature (or other symbolic abstract landscapes), as well as to create a dance-theatrical event with the help of the instructor, which you will present it in the street event in Monastiraki square (Athens).



# GOALS

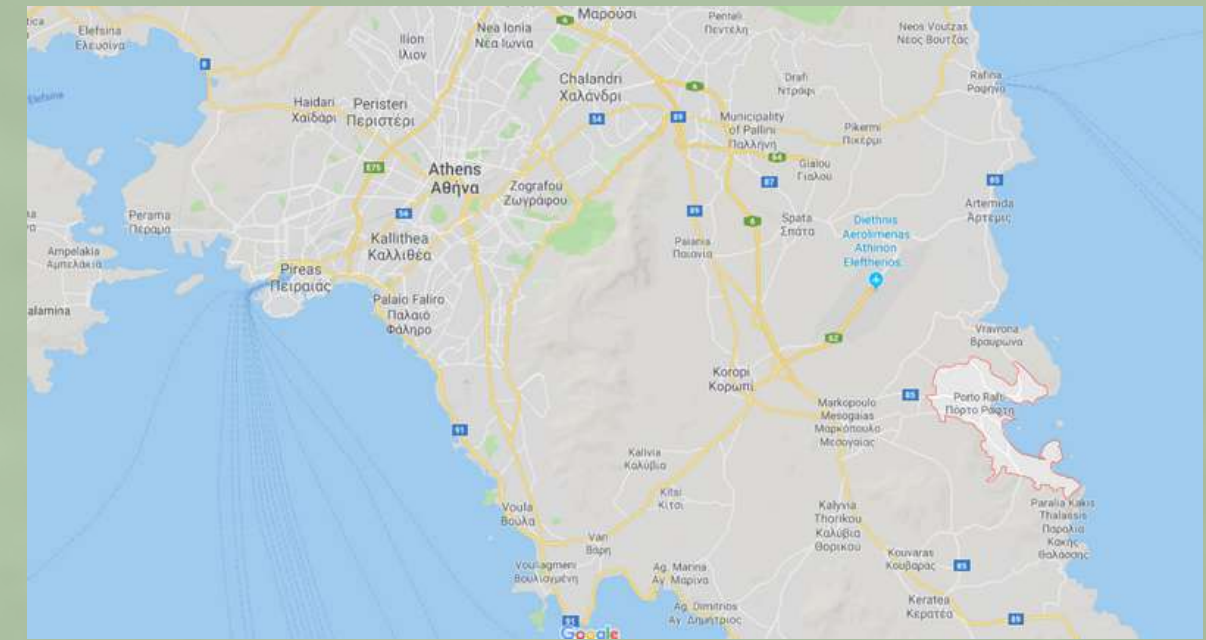
**The purposes of the program are:**

- **The combination of nature and modern technological tools with a tool / guide to nature,**
- **The development and cultivation of participants' social skills; and**
- **Raising awareness of issues related to environmental protection and the reuse of seemingly useless materials (enhancing environmental awareness).**

# MOBILITY IN PORTO RAFTI, GREECE

The journey of "Art in the Land II" begins in Porto Rafti, in East Attica, Greece. Porto Rafti is nowadays a famous seaside destination, very close to Athens city center (about a 30 minute drive).

It is also very close to Athens International Airport (about 10 minute drive)



**WHO**

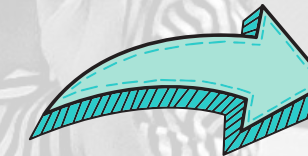
**WHAT**

**WHEN**

**WHERE**

**MAY**

**11**



**MAY**

**18**

**WHOOOO????**

25 participants from 5 countries!  
5 participants per country

**WHAAAT????**

Erasmus+ Key Action 1 - Youth Exchange  
programme!

**WHEEEEN???**

11th of May- 18th of May  
(11th of May and 18th of May are the travel days)

**WHEEEERE???**

Porto Rafti - Attica Region - GREECE!!!!





*New friendships*

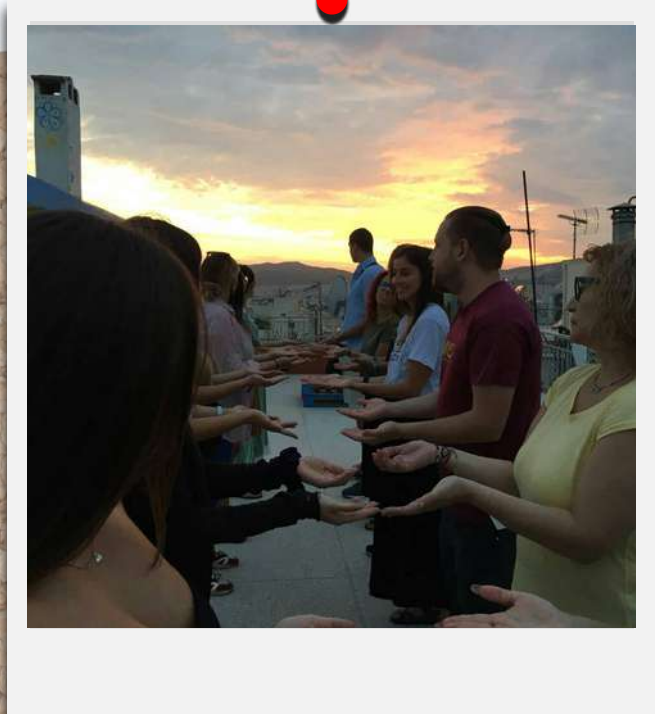


*Exchange ideas, opinions and experiences*

# WHY?

*Enhance your knowledge on environmental issues*

*Develop soft skills*



*Receive a YouthPass at the end of mobility*

The participants will stay at our Youth Center's training facility, the "CONNECT YOUR CITY Training Centre". It is a large house (450sq.m.), with about 5 acres of land - so plenty of room both for indoor and outdoor activities!

Amongst its many amenities there is a swimming pool, a pool/ping pong table, a football field, a volleyball field, some archery installations as well as bicycles which can use to explore the Porto Rafti city and beaches! And let us not forget about our huge dog, named after the organization (no we are not kidding) - his name is IASIS and he is there to show to accompany you to your activities and strolls! All he needs is a lot of love!

Here you can watch a short video of the training facilities: <https://www.youtube.com/watch?v=UDdBCidZIgE>

Where



# THE ACCOMMODATION AND MEALS

**The participants will stay in shared rooms  
and meals will be provided 3 times per day!**

**We will take care of any specific dietary  
request (vegan, vegetarian, no pork, etc.).**





# Participants Profile

## 4 YOUNG PEOPLE & 1 GROUP LEADER

- Aged from 18 to 30 years old
- Being motivated and willing to contribute to the program
- Basic Skills in English
- Ability to participate in all program of the exchange
- Must be Vaccinated

In order to meet all the needs of the participants of the project and plan the programme based on their expectations, we kindly ask you to send us the list of the participants with their details. Please fill the participant form the you will find [HERE](#)



# COVID-19 RESTRICTIONS

The quarantine period may be over, but there are still some procedures that participants should take care of before, during and after their participation in the youth exchange regarding COVID-19:

- Participants must be vaccinated
- When booking travel tickets you should check the covid-19 travel restrictions of your country, Greece (<https://travel.gov.gr>) as well as countries that you may have transit flight to.
- **DO NOT - I REPEAT - DO NOT FORGET TO FILL IN THE PLF FORM**
- During the travel, as well as the mobility, the participants must wear masks indoors and frequently use antiseptic gel.



# INTERCULTURAL EVENING

With the purpose of getting to know each other better and learn more about our cultures, we invite you to bring some snacks and drinks from your country and few interesting facts about the city/town/village that you come from.

Furthermore, you will also have to present customs, traditions and aspects of your country with non-formal methods!



# WHEN BOOKING YOUR TRAVEL

-Each participant may book his/her own tickets or the sending organization may book the tickets for all participants

-The reimbursement of the travel expenses will be made from our organization to each sending organization by bank transfer.

(So if each participant books his/her tickets themselves they should receive their reimbursement from their sending organization)

# REIMBURSEMENT OF TRAVEL EXPENSES

In order for our organization to make reimbursement of the travel expenses to each organization, it is required to send by email and/or present at the mobility venue

- The airplane tickets reservation/receipt (the name of the participants, the flight info and the price needs to be presented in these documents)
- Boarding passes of each participant both for arriving at the project implementation site as well as for departing for their homes.

You must send the ticket reservation/receipt and the boarding pass to the email:

*maria.papa@iasismed.eu* . If you do the check in at the airport, we need the original boarding pass. The arrival boarding pass you will give it during the mobility and the departure boarding pass you will send it by post to the following address:

**IASIS**

***Poliviou Dimitrakopoulou 18***

***11141, Athens, Greece***

***+306971505049***

**-REMEMBER-**

**TO EITHER DO ONLINE CHECK-IN AND KEEP YOUR BOARDING PASSES IN YOUR EMAIL OR IF YOUR CHECK IN AT THE AIRPORT DO NOT THROW AWAY YOUR BOARDING PASSES**

# TRAVEL BUDGET PER PARTICIPANT

- GREECE 0€
- LITHUANIA 275€
- NETHERLANDS 360€
- ROMANIA 275€
- SPAIN 360€



# REACHING THE VENUE

*Please book your tickets arriving before 18:00*

We are going to pick you up from the airport. With these:



# WHAT TO BRING WITH YOU

- Passports or IDs (whatever you travel with)
- Original tickets/invoices/receipts for your travel expenses
- Your boarding passes
- Copy of your Vaccination certificate and (if required) your covid-19 test results document
- Snacks, drinks, souvenirs, and information of your country and organisation for the intercultural evening
- Items you think might be useful (musical instruments, board games, etc.)
- People who are following healthy eating, gluten-free, high fiber, etc. must be prepared to bring items of food with them
- Any medication or dietary supplements that you might need
- Sports wear, sneakers, maybe a swimsuit and appropriate clothing for the weather
- Shower products
- Energy and a positive attitude!



# THE TIME SCHEDULE



\*The percise timeframe of the activities may change during the project

	11-May	12-May	13-May	14-May	15-May	16-May	17-May	18-May
8:00-9:00	Arrivals	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00-10:30		Project introduction	Team Building Excercises	Energizers	Energizers and games	Energizers	Preperation for the street event	Departures
10:30-11:00		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Street Event	
11:00-13:30		Team building excerisices	Brainstorming group/ Workshop	Workshops/ Projection video dance	Environmental workshops	Preperation for the street event		
13:30-16:00		Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	
16:00-17:30		Energizers	Workshops	Workshops	Energizers	Preperation for the street event	Project Evaluation	
17:30-18:00		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
18:00-19:00		Team building excerisices	Workshops	Workshops/ dance digitalize	Workshops/ video making	Free time	Free time	
19:00-19:30		Reflection groups	Reflection groups	Reflection groups	Reflection groups			
19:30-21:00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21:00....	Welcoming	Intercultural night	Intercultural night	Intercultural night	Intercultural night	Intercultural night	Farwell party/ Youthpass	

**ADVENTURE IS WAITING...  
HAVE A NICE TRIP !**

**In case you have questions, please don't hesitate to  
contact the preparatory team on the following email:**



**[maria.papa@iasismed.eu](mailto:maria.papa@iasismed.eu)  
[connectforprojects@gmail.com](mailto:connectforprojects@gmail.com)**



**WhatsApp: +306971505049**

**[Join our project group](#)**

