



Līdzfinansē
Eiropas Savienības programma
“Erasmus+”

Erasmus Plus



ERASMUS+ TRAINING COURSE IN SAULKRASTI, LATVIA

Brief Description of "Erasmus Plus Peace"

Erasmus plus Peace (EPP) is a training course to be implemented in Saulkrasti, Latvia. The training course is aiming bring together youth workers from different EU countries who are actively engaged in their local youth organization and who strongly promote intercultural awareness and tolerance, as fundamental principles of peace in our modern, multi-cultural European societies.

Erasmus plus Peace project aims to distribute intercultural learning on a par with tolerance and peace building, share the best practices of peaceful, non-violent public actions in order to raise the quality of the youth work. The participants involved in the project are working on the daily basis with the multi-ethnic groups of youngsters with social disadvantages in their home countries.

During the whole project, the group of participants will gather to share the best practices of non-violent public actions from their public communities to increase the knowledge, competences and skills regarding the gender issue, multiculturalism and etc. Also, we will have meetings with the experts professionally involved in the field of peace building and set up the plans for the follow up projects in order to raise the real quality impact of the TC.

Goals and Methods

The training course will cover such topics as: Human rights, Inclusion, Cultural dialogue, Multiculturalism, Tolerance, Peace-building, Public activism, Youth work. Through an activity programme bringing together youth workers from a range of countries and devoting a part of this programme to developing future projects in Erasmus+ the project contributes to mutual understanding between young people in different countries in the EU. The development of future projects will contribute to developing the quality of support systems for youth activities. Closer cooperation of partner promoters on those issues will increase the capabilities of civil society organizations in the youth field.

Primary objectives for this project are the following:

- to raise awareness on the topic of intercultural communication;
- to share knowledge and skills in the field of conducting negotiations in different cultural environments, both on local and European levels;
- to explore effective ways of conflict resolution in the field of cultural exclusion and enabling participants to make right decisions;
- to promote active participation of youth in civil society;
- to develop the awareness of the need for effective dialogue and multiculturalism;
- etc.

AT THE END OF THE PROJECT EACH PARTICIPANT WILL RECEIVE A YOUTHPASS CERTIFICATE. THROUGHOUT THE PROJECT, PARTICIPANTS WILL BE GIVEN THE OPPORTUNITY TO REVIEW AND IMPROVE THEIR SKILLS IN THE FOLLOWING 8 KEY COMPETENCIES AS DEFINED BY YOUTHPASS:

1. MULTILINGUAL COMPETENCE
2. PERSONAL, SOCIAL AND LEARNING TO LEARN COMPETENCE
3. CITIZENSHIP COMPETENCE
4. ENTREPRENEURSHIP COMPETENCE
5. CULTURAL AWARENESS AND EXPRESSION COMPETENCE
6. DIGITAL COMPETENCE
7. MATHEMATICAL COMPETENCE AND COMPETENCE IN SCIENCE, TECHNOLOGY AND ENGINEERING
8. LITERACY COMPETENCE



Profile of participants

The project directly targets youth workers, with decision-making capacity and involved in the local and international activities of their organizations - sending partners (having an active participation in the preparation phase of this Training Course. They must have experience in working with young people with fewer opportunities, in the use of non-formal education methodologies and in project management, also linked to the topic of the project; they must be motivated to contribute in all phases of the project, to disseminate the results and to stimulate activities with young people, finally, be aware and recognize the problems, needs and expectations of the project and of young Europeans and what opportunities (also for personal / social transformation of their reality) can be used as an answer.

Age limit: 18+

CONSORTIUM

- Kulturas un izglitibas biedriba "YStreet" (Latvia)
- Asociacija Tavo Europa (Lithuania)
- Circle of Sustainable Europe (Belgium)
- Idea For Life (Poland)
- Active Youth for Europe (Italy)
- Ticket2Europe (Spain)

Dates and venue

Arrival day: 13 September 2022

Departure day: 21 September 2022

Venue: Hotel "Minhauzena Unda",

City: Saulkrasti, Latvia

Please note that organisers are not responsible for participants' accommodation, food and transport for extra days both before and after the project dates.



Accommodation

Venue: 3* Hotel "Minhauzena Unda".

Participants will share gender-separate rooms.

Each room of the venue has separate beds, provides bathroom (toilet, shower cabin). Participants will be provided with 3-times meals and a coffee break per day. A special menu will be prepared for vegetarians, vegans, etc.

The venue provides bedsheets, towels and free WIFI.

Please be aware that due to high amount of people WIFI signal can be unstable. For personal use please take a 4G backup, if needed.

For more details, please visit its webpage or check it on Booking.com.



Minhauzena Unda

Tallinas iela



INTERCULTURAL EVENINGS

We will have intercultural evenings where you will be able to present your country.

Each country will have up to 20 minutes for presentation, divided into 2 parts:

- The first part will involve quizzes, Kahoot, dancing, songs, videos, or anything else - at your discretion!
- The second part will involve a table with food and drinks. Bring something that represents your country, which we would love!

And, of course, your table will look brilliant with your national flag - bring it if possible!

How to get to the venue with public transport

Take bus or minibus 22 from Riga Airport to the city center and get off at the "**Autoosta**" stop.

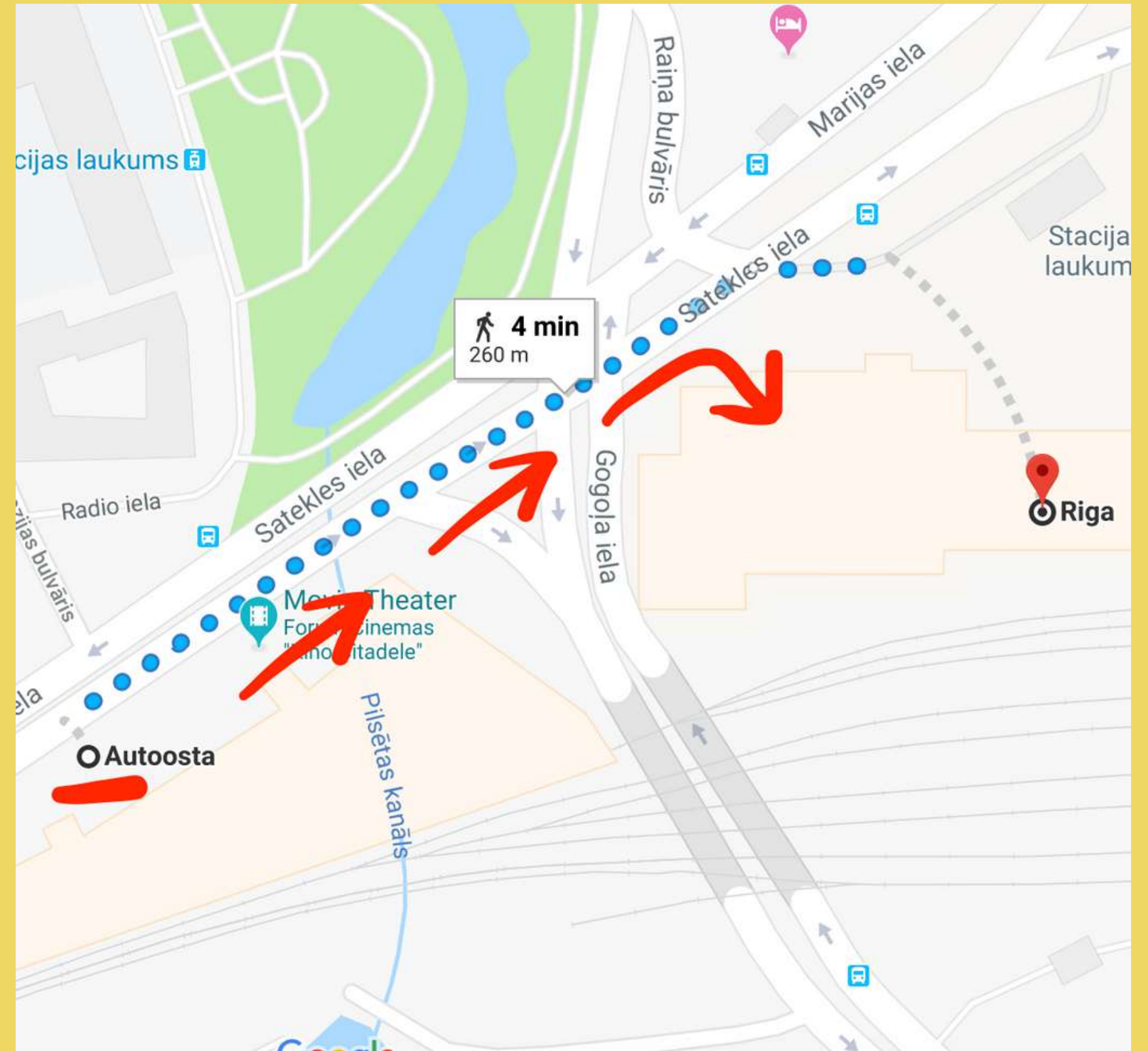
Ticket price: 2 EUR / person

From the bus stop "**Autoosta**" walk about 4 minutes (260 m) to the **Central Railway Station "ORIGO"**.

At the station you buy a ticket to **Saulkrasti**. Trains run every hour, so you do not have to wait long. And the travel time will be about 1 hour.

Ticket price: 2 EUR / person

Attention: Let us know **when you depart**, so that we are ready to pick you up from the Saulkrasti train station and take you to the project venue.



Travel Reimbursement

International travel expenses can be reimbursed **ONLY** upon presentation of **ALL ORIGINAL DOCUMENTS** stating your travel information and costs, namely:

1. Boarding passes (For round trip),
2. Tickets (Also e-tickets),
3. Receipts (In case the tickets are bought by cash),
4. Invoices and card payment history (In case the tickets are bought by bank card),
5. Payment checks / Bank statements.

Participants are requested to bring with them all mentioned documents, likewise, any other payment bills, checks, tickets and payment prove that they will get during the travel. Regarding way-back tickets and boarding passes, they should be sent by international post service to "YSTREET" in Latvia (example: check-in at airport) or by e-mail (if they were issued through online check-in). **SCANS / PHOTOS / SCREENSHOTS ARE NOT ALLOWED!!!**

Because of Erasmus+ rules, unfortunately we cannot reimburse Taxi costs.

Reimbursement for ALL COUNTRIES will be done by BANK TRANSFER after we have all original tickets and relevant documents.

Reimbursement Limits

per participant

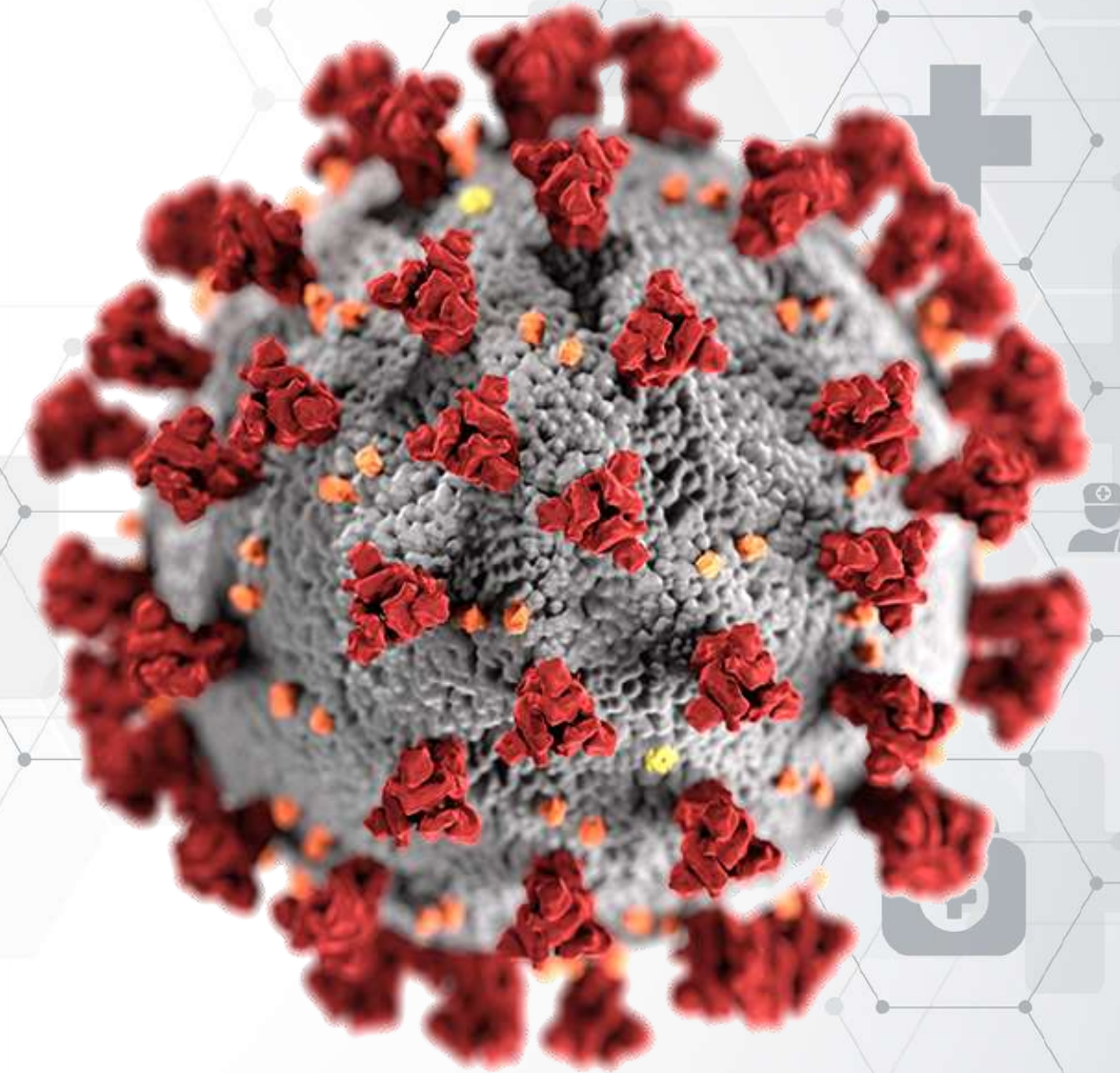
- LATVIA 23 EUR
- LITHUANIA 180 EUR
- ITALY..... 275 EUR
- SPAIN..... 360 EUR
- BELGIUM..... 275 EUR
- POLAND..... 275 EUR

COVID-19 RULES

PLEASE READ THE FULL INFORMATION ON THE WEBSITE OF THE GOVERNMENT OF LATVIA: [HTTPS://COVID19.GOV.LV/EN](https://COVID19.GOV.LV/EN)

PLEASE NOTICE THAT EACH PARTICIPANT HAS TO ASSUME ITS OWN EXPENSES FOR COVID TESTS.

PLEASE REMEMBER ABOUT TRAVEL INSURANCE WHICH COVERS COVID-19 RISKS, ILLNESS, PERSONAL LIABILITY, CANCELLATION, THEFT, ETC. FOR THE WHOLE DURATION OF THE PROJECT VALID IN LATVIA.



THINGS TO BRING

- Valid passport for travel, residence permit, etc.;
- All required travel documents;
- Travel insurance which covers COVID-19 risks;
- COVID-19 Vaccination Certificate;
- COVIDPASS.LV QR-CODE;
- Comfortable shoes or sneakers, outdoor suits & raincoats which can be needed during outdoor activities;
- What could entertain participants during free time, eg. games, music, musical instruments, etc.;
- Group activities and new ideas are welcome;
- Traditional food, drinks, music, dances, songs, etc.;
- Medicine you may need, etc.



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