

Rhapsody Youth Exchange

Infopack for Participants and
Associations

Mobility

9th- 16th October 2022 (8th and 17th October Travel
Days)
Palermo, Italy

Maghweb (Italy), Cinergies (Greece),
Ticket2Europe (Spain), uMunthu NGO (Lithuania)

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About Rhapsody

Rhapsody is a youth exchange involving 28 young people from Italy, Spain, Greece and Lithuania which seeks to explore music as a tool of emotional and creative expression. Music has been both a key presence and a sore absence in young people's lives during the Pandemic: on the one hand, listening to and creating music at home as well as sharing it with friends online has been a powerful source of solace and stimulation which has made young people feel less alone; on the other hand, unable to organise or perform at live concerts, the music industry and musicians have suffered more than ever before. As pandemic related restrictions ease across Europe, 'Rhapsody' seeks to respond to the difficult periods of isolation that have been lived across the continent by gathering young people from Italy, Greece, Spain and Lithuania so that, together, they can engage with music as:

- a means of emotional and creative expression;
- a basis for establishing relationships and connections with others;
- a force which has historically promoted peace between populations;
- and a common language for intercultural dialogue.

Through a week-long series of non-formal workshops where participants will listen to and present songs from their countries, dialogue with professional musicians, create their own songs from socially-relevant themes in groups and play interactive games, the youth exchange aims to:

- promote teamwork and artistic expression in a supportive and affirmative space;
- improve participants' english language and social skills;
- strengthen participants' critical thinking skills by making them listen attentively to the stereotypes and prejudices which are often integrated into songs;
- Stimulate intercultural dialogue and cultural exchange through the sharing of music from everyone's different countries.

Materials to Prepare for the Exchange

Presentation

→ Please prepare a short presentation about your sending organisations, bringing information materials like brochures, manuals, flyers, etc. (anything you'd like to share!).

→ Even if you are not a youth leader, please feel free to prepare a short presentation of your own personal or work experience of the issues that are being confronted in Rhapsody, of music as a powerful means of communication. For these introductory presentations we strongly recommend that you use an interactive method to present your experience/association (powerpoint presentation, flip charts, quiz games etc.)

→ Please choose a song from your country that you would enjoy sharing with the other participants during the introductory activities at the start of the exchange.

Intercultural Evening

Please bring typical food, soft drinks, games and music that speak of your culture and country so that you can share these with the rest of the group and present your country in a non-formal environment at the intercultural dinner and party. There will be no cooking facilities available at the hostel so **please do not bring anything that needs to be cooked.**

Activities

→ Please bring comfortable shoes which you are happy to walk around in as many activities will take place in open green spaces in the centre of Palermo.

→ Most activities do not require preparation as they will require to react and think within the group, on the spot.

DO NOT FORGET TO BRING WITH YOU

→ Valuables and medicine in your **hand language** as well as a change of clothes and essential items like your toothbrush, in case of baggage handling delays.

→ Printed copies of **ID card** or **passport** and **tickets/invoices**. These documents are fundamental when it comes to receiving the reimbursement of travel costs.

****Please do not forget to print the boarding passes** and to print /send to us the invoices that show the price of the ticket, country of departure and destination and the name of the traveller. Screenshots are only sufficient if you are using an app, in this case make the screenshot BEFORE you take the flight!**

FINANCIAL CONDITIONS

→ **Everybody's** accommodation and meals are covered **during the youth exchange days** (including the arrival night, if it is on the travel day night between 12th – 13th September). Accommodation and meals during days **out with the exchange must be covered independently by participants**.

→ **Greek and Spanish groups** will receive a refund of up to 275€ /participant and **Lithuanian groups 360€** for travel (flight, trains, buses, etc.). Up to €360 or 275€ means that your sending organisation will refund the exact cost if it is within the limit of 275, if you spend more they will refund you 275€, or 360€ if you are a member of the Lithuanian group. Boarding passes and receipts must be printed in order to get the refund. Reimbursement is available ONLY on travel days or exceptionally one day before/after the mobility days. If only one flight (outbound or return) is during the days available for the refund, please give a receipt that only shows the cost for this flight/mode of transport. In case of travel that is longer than a day, the Italian Agency takes arrival/departure day to/from Palermo into consideration.

→ **Please note** that we cannot do refunds if we do not receive boarding passes and the details and proofs of expenses (tickets, invoice, confirmation email, everything with name, date and price. ****PLEASE NOTE: SCREENSHOTS ARE ADMITTED [i.e.BOARDING PASSES DONE THROUGH THE APP] PHOTOS OF PHYSICAL TICKETS ARE NOT****

You will have to send the original tickets and boarding passes of your return journey by regular post mail to Maghweb's office address:

**Emilia Esini presso Circolo ARCI Stato Brado
Piazzetta di Resuttano 4, 90133 Palermo (PA)**

All reimbursement will be made by bank transfer to associations' bank accounts.

Money transfer to participants or association's members IS NOT ACCEPTED by the Italian National Agency. Each partner association will refund their participants. Refunds will be made in 3 weeks from the moment that Maghweb receives all documents from participants/associations.

→ During the exchange, we will ask you to provide printed copies of:

- All original tickets (also buses or trains) and receipts with the price (electronic boarding passes without prices need to be provided with the invoice)
- Outbound and return boarding passes
- Printed copy of your ID card or passport

Q&A About Refunds

Q: I have a PDF boarding pass, can I send it via email?

A: YES, if your boarding pass looks like this:



Q: I took a picture of my train ticket/boarding pass, can I send it via email?

A: NO. If your boarding pass looks like this, you have to send it to the office via regular mail:



Q: Can I make a stopover on my way to/back from Palermo?

A: Travel cannot last more than 48 hours, stopovers cannot last more than 24 hours. If a stopover lasts more than the accepted time or your travel lasts more than 48 hours, only travels in the accepted time will be refunded (Eg. You leave your city on 10th and you arrive in Palermo on 12th, we consider your travel to be valid for a refund because you arrived on 12th, which is a travel day. It does not matter that you start your journey on the 10th. If your journey starts on 9th we will only refund the part of travel that takes place on the 10th and 12th.) **Please bear in mind that this is only acceptable if you do not have any connection flights that are available on the same day. We recommend that travelling out with travel days is avoided as far as possible.**)

About Palermo and Accommodation

→ **Weather:** In September, Palermo has an average temperature between 11 and 27 degrees with a low chance of rain, but we recommend you bring a raincoat in case.

→ **Accommodation (A Casa di Amici):** participants will be hosted in shared bedrooms (up to 6 single beds) with a shared bathroom. Blankets and sheets will be provided, **please bring your own towels** and hairdryers, and remember to bring your own soap/shampoo. A sweet breakfast will be provided every morning at the hostel and lunch and dinner will be eaten in restaurants or in the hostel if one night take away food is ordered.

→ **Locations for Activities:** Activities will be held inside the workshop spaces of the Nuove Officine NOZ inside the Cantieri Culturali alla Zisa, an ancient factory that is Palermo's cultural and artistic hub with a variety of creative spaces and artistic and musical events. Depending on weather, activities will also take place in outdoor green spaces in the centre of Palermo.

→ **Personal safety:** Palermo is a safe city, but just like every other city it is wise to avoid backstreets after dark.

COVID-19 and Health issues

→ **Allergies, food intolerance, particular diets:** If any of the participants have allergies, food intolerance or particular diets, they **must communicate it to the staff before the exchange. They can do this via the participant form which will be forwarded to the organisations.**

→ **COVID-19**

IMPORTANT! If these guidelines change, we will promptly contact your sending organisation with an updated version.

Bearing in mind that the conditions are continuously changing and that each country is managing the pandemic in a different way, here you can find some information on what to do before coming to the youth exchange. Should these guidelines change, we will promptly contact your sending organisation with updates. A useful link can be:

<https://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto> the official website of the Italian government, where you can find all the information for travel from/to Italy.

Since the 1st June 2022 the green pass is no more required to enter in Italy from EU Member States and other foreign countries.

VERY IMPORTANT: Since the pandemic situation is continuously changing, participants are asked to have completed the vaccine cycle and to book flight tickets with insurance.

→ **Prescriptions:** A prescription delivered by a doctor in an EU country is valid in all EU countries. However, medicine prescribed in one country might not be available in another, or it may have another name. Since 25th October 2013, EU citizens have been able to ask for a cross-border prescription which is intended for use in another EU country: these are designed to help the pharmacist understand the prescription easily, the ingredients of the medicine and their dosage. To avoid problems, Maghweb highly recommends participants to bring any medicine that they require themselves. Participants should bring their own European Health Insurance Card in order to avoid any medical expenses in case of illness or accidents.

→ **Phone calls:** The calling code for Italy is 0039 . If you call from abroad dial +39(...) or 0039(...)

→ **Emergency calls:** 112 Emergency /// 118 Hospitals

Transportation from and to the airport

→ **Bus:** Bus stop is next to the airport (exit the premises and go right), there's only one bus company called "Prestia e Comandé"

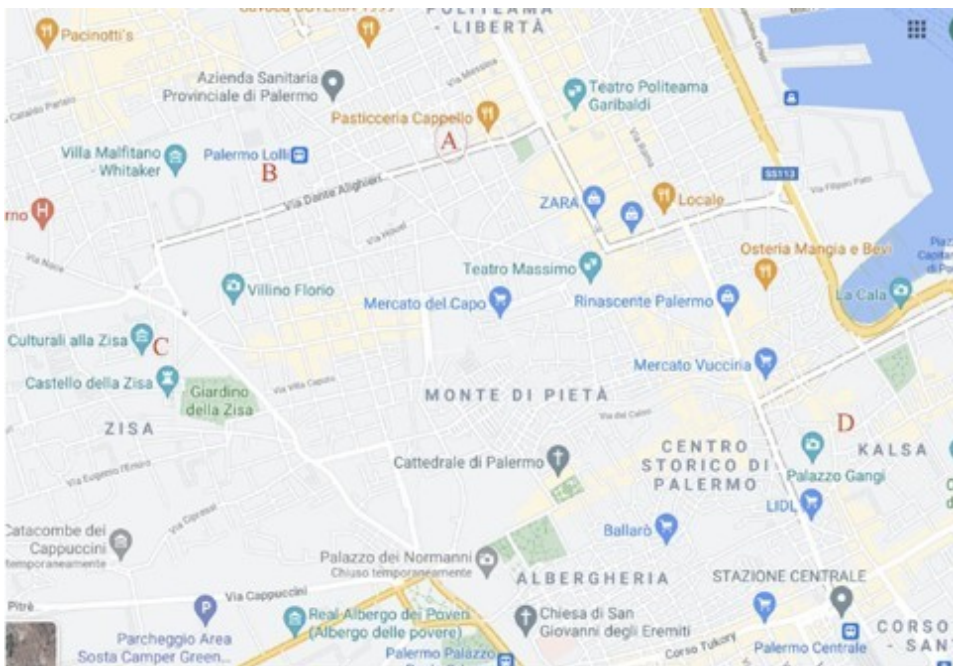
<http://www.prestiaecomande.it/> . It runs every half an hour, (from 04.00 to 22.30 from Palermo, from 05.00 to 00.15 from Airport), one trip takes about 50 minutes and it costs 6€. Participants have to get off at the stop "Palermo Politeama" (a big theatre)" which is just 7 minutes walk from the hostel A Casa di Amici

→ **Shared taxis:** cost around 8,00 € but it is faster than the bus. Be careful, only SHARED taxis are refundable, not the singular ones. REMEMBER to ask for a receipt at the time of paying, otherwise the taxi fare will not be refundable.

→ **Train:** to take the train, you need to go to the -1 floor at the airport. There are two trains every hour on working days, it costs 5,90€ and it takes 40 minutes. You have to get off at the "Palermo Lolli" and it takes about 5 minutes on foot to reach the hostel from there.

Address

- A. Politeama: getting off the bus
- B. Hostel: A casa di amici: via Dante 57
- C. Activities Location: Nuove officine Zisa (inside Cantieri Culturali alla Zisa) : via Paolo Gili
- Maghweb's Headquarter "Stato Brado": piazzetta di Resuttano 4



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