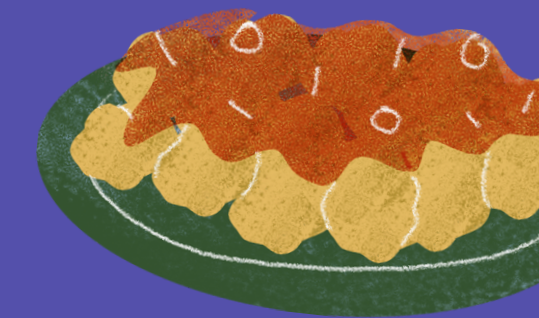


GROWING FLAVOURS

Preparatory Visit
April 30 - May 3 2024
Bremen, Germany



ABOUT THE PROJECT

Growing Flavours is a youth mobility programme focused on **sustainability and community building** stemming from knowing, sharing and adding value to each other's roots from a culinary perspective:

Acknowledging native ingredients and traditional recipes from our cultures and exchanging recipes and practices with other European countries to promote active citizenship.



WE ARE LOOKING FOR YOU if YOU ARE:

- Passionate about food and cooking.
- Enthusiastic, motivated, open to new challenges and committed to participate in the project through all the phases (preparation, Youth Exchange and organisation of the follow up activity).
- Resident of one the partner countries
- Capable of communicating in the project's language (English)
- Excited to improvise, move, explore, experiment and share, improving your leadership skills



TIMELINE

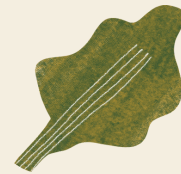
Before April 30



PREPARATION

Before we meet we start preparing for the project. You will arrange your travel plans, together with us, and secure your place in the exchange.

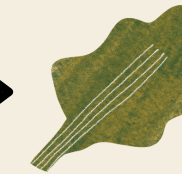
April 30



ARRIVAL DAY

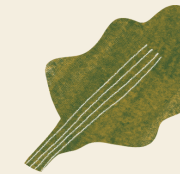
**PROGRAM
DAYS**

May 3



**DEPARTURE
DAY**

May 3 - July

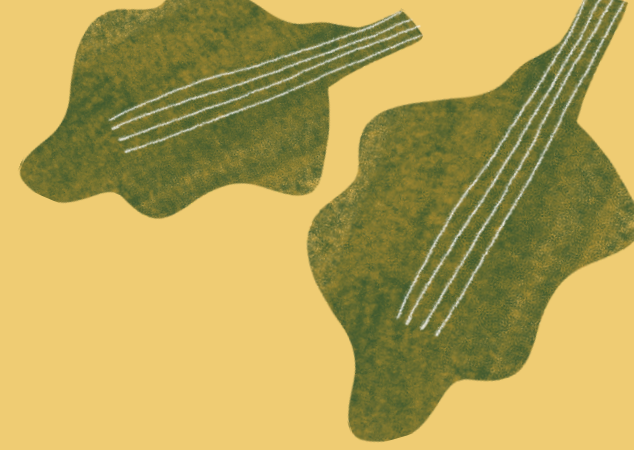


**PREPARING
THE YOUTH EXCHANGE**

After the Preparation Visit, you will help to find and prepare the participants of your country, sharing promotion materials and reaching potential young people for the Youth Exchange.



WHAT TO EXPECT



What will you do during the PV?

Together with the team, you will get acquainted with the venue and we will prepare the details of the activities for the YE.

Meet the Group Leaders of the 7 participating countries





THE VENUE

Kultur Haus will be our accommodation for the time of the training.

Only our group and the staff members will stay here, giving us a safe and quiet learning environment. Inside the building, there is a conference room for the activities, bedrooms, and areas to socialise.

There will be 3 meals and 2 coffee breaks provided during the indoor training. We take your special diets and allergies into consideration in case you give us information upfront.

You can check out the accommodation through this link:

<https://kulturgruppenhaus.de/en/kultur-haus/>

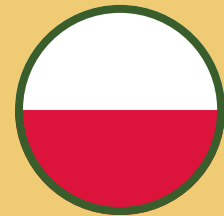


FINANCIAL ARRANGEMENTS

This Preparatory Visit is co-funded through the Erasmus+ program, therefore accommodation, food and materials will be provided. The travel costs up to the maximum allowed amount per country will be reimbursed.



175 EUR



275 EUR



375 EUR



You will be reimbursed for your travel after the training and only when you:

- 1) provide us with all your travel documents and fill in your reimbursement spreadsheet
- 2) fill in the evaluation forms

If selected, you will receive a confirmation letter from us with detailed information about your travel and reimbursement process. Only then can you start planning your travels.






ABOUT

Ideen³

RÄUME FÜR ENTWICKLUNG

Ideenhochdrei e.V. (Ideen³) is a non-profit association offering and facilitating innovative learning experiences for sustainable development for individuals, groups and communities. It was founded in 2009 and currently has about 80 members throughout Germany.

Ideen³ is a politically, economically and religiously independent organisation. Ideen³ offers workshops, trainings and experience-based learning formats with focus on youth about themes related to community development, social entrepreneurship, ecology and how each one can start to sustainably shape our world's future.



THANK YOU!

We are looking forward to seeing you in our kitchen



APPLY HERE

