

HOLISTIC TRAINING OF TRAINERS

DESIGN YOUR CONTEXT

04-12 April 2025
The Ranch
Greece



ΙΔΡΥΜΑ
ΝΕΟΛΑΙΑΣ
ΚΑΙ ΔΙΑ ΒΙΟΥ
ΜΑΘΗΣΗΣ



Co-funded by
the European Union

METHODOLOGY

Experiential learning or learning by doing is the main aspect of our methodology.

We will provide several inputs, activities and moments for reflection, it is up to you to make the links with your own background. We have no expectation on what or how you should learn. This training is there for you to learn what you want to learn, to draw your own conclusions, so you can implement it after the training course is over.


By using this method we give you
the stage where
you can truly be the


Designer of your own Context!


Springing from this main method
we'll use other approaches:


- **Embodied awareness**
- **Self-Directed Learning**
- **Outdoor learning**
- **Peer learning**
- **Group Coaching**
- **Learning by submerging**


IN THIS TRAINING COURSE YOU WILL HAVE THE OPPORTUNITY TO...


 Identify your key competences as a facilitator with the support of internationally recognized tools


 Develop a mindset of doing less to get more involvement and participation

 Expand your capacity to better connect with individuals

 Improve the way you lead reflections

 Increase your employability as a free-lance facilitator

 Research and create activities upon your core values

 Find strategies to manage your state



THE TIMELINE

The project is built as a holistic unit,
where all phases are interconnected.



~~PRE-TRAINING ASSIGNMENTS~~



~~TRAINING 1
DESIGN YOUR FACILITATION~~



~~COACHING & MENTORING
SESSION~~



TRAINING 2
ADVANCED FACILITATION



COACHING & MENTORING
SESSION



DATES

“**Design Your Context**” program consists of:

- ✓ 2 residential trainings in Greece
Training 1: 18-26 October 2024
Training 2: 04-12 April 2025
- ✓ 1 pre-training assignment
- ✓ Ongoing e-learning
- ✓ Ongoing mentoring & coaching sessions with one of the course trainers.

There will be a certification upon completion of the 2 modules.



- ✓ 9+9 residential training days (including travel)
- ✓ 2-5 days for personal/team projects preparation and implementation
- ✓ 1-2 days for coaching & mentoring, personal learning goals,
- ✓ online work from October 2024 to August 2025

SELECTION

This **2nd phase** is now open for those who:

- have led youth programs before (training courses/workshops/learning activities)
- have a portfolio of youth programs led,
- will facilitate activities within 6 months after the training course(s)

OR

- Have taken part in the 1st activity and the coaching processes of Design your Context in 2024.

We aim to gather a group of participants with varied backgrounds and levels of experience. This will enhance the informal learning process, through the sharing of knowledge and skills between participants.



There is a participation fee of **60€** per activity.

PARTICIPANTS



This project is for those ...

- 18+ years old
- youth workers, youth leaders, trainers, facilitators, non-formal educators, staff members, people who already carry out educational programs or work with groups of young people

who...

- wish to expand their practice or career to include new skills and attitudes in personal development, communication, peacebuilding, conflict management and coaching.
- elevate their performance in youth work and training
- reside in Estonia, Greece, Spain, Romania, Italy, Latvia, Czech Republic, Bulgaria, Croatia or Hungary.
- Are able to clearly communicate in English (intermediate level)

TRAINERS



AFONSO BÉRTOLO

Trainer, facilitator and educational consultant, with a master's degree in Clinical Psychology. While studying for his master's degree he came across theater and it made him realize the power of individuals coming together, sharing meaningful experiences and becoming a creative community. Since 2009 he has been involved in non-formal education, NGO consultancy and community development across Europe and in West Africa. His main areas of expertise are personal development, impactful communication, embodied coaching (somatic/body awareness methods combined with a coaching approach), educational program design. He's guided by a deep-seated belief that strong bonds are forged by shared experiences: firstly, by doing together, and upon that creating a common meaning, from which community identity is forged. This is only possible if there is an educational context which is engaging since we, as individuals, learn out of interest.



ILIAS GIANNOPOULOS

Ilias is a member of the Pool of Trainers of the Greek National Agency for Erasmus+ Youth and he brings a wealth of expertise in project design and the European Training Strategy (ETS). He has led numerous non-formal education projects, including Youth Exchanges, Training Courses, and internal trainings for various international youth organizations.

Additionally, he offers personalized mentoring to help participants turn their ideas into actionable projects, providing guidance and support every step of the way. His extensive experience equips him to create valuable learning opportunities and support the inclusion of individuals and organizations in the Erasmus+ world.

HOST ORGANIZATION



Roes Cooperativa is a social cooperative enterprise of the '20s created by professional trainers, social workers, project managers and informal groups aiming to create an alliance that hosts innovative, experiential and non-formal education approaches.

Roes Coop members have a common neurosis towards innovative non-formal education approaches. This drive became their compass while setting the vision and the mission of our social enterprise.

Our **vision** is to create an open world where everyone has learning opportunities to develop and grow. In simple words, more educational approaches, more options for people to grow.

Our **mission** is to redefine experiential learning by offering fresh and professional learning programs through customized methods and approaches.

PARTNERS



egyesek

Egyesek Association
Hungary



Youth Connect
Italy



ticket2europe
Spain



D.G.T. Association
Romania



Do More Be More
Latvia



SMOKINYA
foundation

Smokinya Foundation
Bulgaria



Hrvatski ured za
kreativnost i inovacije

HUKI
Croatia



INspire
Czechia



Partner Up
Estonia



Erasmus Student Network
Greece

Erasmus Student
Network Greece
Greece

For more info
you can click
on their
names

TRAVEL

The project is co-financed by Erasmus+.

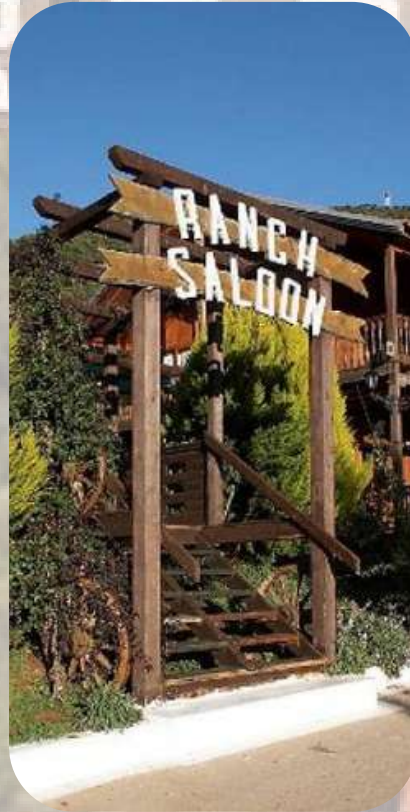
You can apply if you reside in one of our partner countries: **Estonia, Greece, Spain, Romania, Italy, Latvia, Czechia, Bulgaria, Croatia or Hungary.**

REIMBURSEMENT IS POSSIBLE UP TO THE FOLLOWING LIMITS:

Spain, Estonia	360€
Italy, Hungary, Czechia, Croatia, Latvia	275€
Romania	180€
Bulgaria	180€ or 210€ if you use buses/trains
Greece	23€/180€/210€

Depending on if you are coming from far away and if you are using green travel

VENUE



The Ranch

Our accommodation will be at "The Ranch" one of Greece's top destinations for events, conferences and the finest summer camp in the country.

Nestled on 400 acres in the Peloponnese in mainland Greece, it combines stunning natural beauty with top modern facilities in its Western-themed accommodations.

There will be **shared rooms** of 4-5 people with **toilets & showers**.

Closest Airport: "Eleftherios Venizelos", Athens, Greece

*In order to reach the venue, we will arrange a **bus transportation** from Athens. More related info will come if/once you are selected.

APPLICATION

APPLY HERE

Deadline to apply: 19th February 2025
but we are selecting people on the go.

Applying ASAP is highly recommended!

*Applications generated by AI will be rejected.

In case you have any questions, feel free to contact us at:



designyourcontext@roes.coop

Vasiliki Lamprou

Project Manager

GET IN TOUCH



ROES
COOPERATIVA



[roes.coop](https://www.facebook.com/roes.coop)



[roes.coop](https://www.instagram.com/roes.coop)



[roes-coop](https://www.linkedin.com/company/roes-coop)



weare@roes.coop