

INTERNATIONAL TRAINING COURSE

1-9 May 2025, Vilaboa
(Galicia-Spain)

THE VALLEY OF IDEAS

YOUTH WORK & RURAL ENTREPRENEURSHIP

Infopack

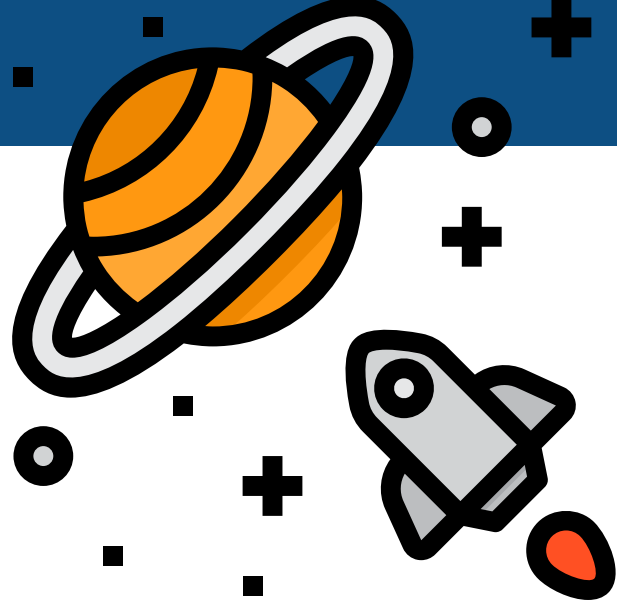


Erasmus+



ABOUT THE PROJECT

The training course “The Valley of Ideas” aims to bring together 27 youth workers from different European countries in the rural region of Galicia. During these days, we will create a non-formal education space where they can learn, exchange and develop innovative tools and methodologies to promote rural and sustainable entrepreneurship among young people.



Through a pedagogical approach based on experiential learning, group facilitation and socio-affective methodology, the training course will offer a unique opportunity to explore regenerative and sustainable solutions that address the climate crisis and rural depopulation, two crucial challenges for the present and future of rural areas in Europe.

Activities will include dynamics and workshops that combine theory with practice, designed to foster international networking, intercultural collaboration and personal development. In addition, key elements such as outdoor education and the use of local natural resources as living learning classrooms will be incorporated, creating a direct connection between participants and the Galician natural and rural environment.

Participants will also have the opportunity to reflect and share experiences on how to implement sustainability projects in their respective local contexts. The training will not only be focus on knowledge acquisition, but also on the development of practical skills, so that participants can apply what they have learned in their communities and in their work with young people.

Participants will not only be better prepared to face current environmental and rural challenges, but will also be part of an international youth network that will promote sustainability and rural development in the long term.

OUR PARTNERS



Greece



Bulgaria



Italy



Portugal



Romania



Hungary



The Netherlands

"The Valley of Ideas: Youth Work & Rural Entrepreneurship" is an international Training Course organized by **Ticket2Europe**, with the support of the Erasmus+ programme. The main activity project will take place in Vilaboa **(Galicia-Spain)** during the period of 1-9 May 2025. Hereafter you will get to know the specific objectives of the project.

OBJECTIVES



- Create an European network of youth workers around rural entrepreneurship;
- Practice skills and competences for entrepreneurship;
- Develop and/or improve the skills and abilities of cooperation, inclusion and tolerance of the participants;
- Promote a safe space for non-formal learning;
- Promote rural life through entrepreneurship in youth;
- Address communication and personal development as a key aspect for entrepreneurship;
- Take advantage of the multifunctional resources of the rural, cultural and natural heritage of the area as sources of transversal learning;
- Disseminate good practices of youth work in rural areas, as well as make known real examples;
- Promote the Erasmus+ program for a more lively and attractive countryside for young people.

PARTICIPANTS PROFILE

The project will include 27 youth workers or youth leaders from 8 countries (**Greece, Bulgaria, Italy, Portugal, The Netherlands, Hungary, Romania & Spain**) over 18 years old.



ABOUT PARTICIPANTS

We are looking for **participants who are familiar with the youth work and rural entrepreneurship** who are **deeply** interested in **triggering a change in themselves and their communities.**

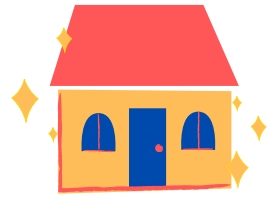
Motivation and willingness to implement future activities/events with the sending organization will be one of the key factors for selection.

Participants are expected to communicate themselves in English and be willing and committed to actively participate in all the activities of the program and in the daily tasks, in an **active, cooperative and respectful way.**

Besides, participants should commit to keep to the deadlines, carry out the preparatory tasks asked for by the organizers and be willing to follow-up on the training course, ideally in co-operation with their sending organisation.

NUMBER OF PARTICIPANTS PER COUNTRY:

- SPAIN: 3+3
- GREECE: 3
- BULGARIA: 3
- ITALY: 3
- PORTUGAL: 3
- THE NETHERLANDS: 3
- HUNGARY: 3
- ROMANIA: 3



THE VENUE

"The Valley of Ideas" will be implemented in Vilaboa, a small town in the middle of two Galician cities, Pontevedra and Vigo, in northwestern Spain. Galicia's landscape is mostly dominated by forest and sea, so it is well-known among national and international visitors by its seafood, nature and coastline sites.

Casa Larache is a very cozy accommodation, located in the heart of Vilaboa and on the shores of the Vigo estuary.

Built in the eighteenth century underwent several phases of expansion in the early nineteenth century, it was finally restored between 2002 and 2006 resulting in the current construction.

There is a beautiful garden and a large grove with an area of fifty-five thousand square meters of land of great biological diversity with centennial trees.

The venue also has a big swimming pool which you can enjoy if the weather conditions allow us!



HOW TO GET HERE



The cheapest and more convenient way of travelling to Pontevedra is by plane. However, Peinador airport (Vigo) or Lavacolla airport (Santiago de Compostela) are not very big, so you might struggle to find good deals for direct international flights.

The best thing will be to travel from your country to Madrid or Barcelona, and then catch a national flight to Santiago. Flights between Vigo/Santiago and Madrid/Barcelona are operated mostly by Ryanair, Vueling and Iberia and the price for a return tickets goes usually from 30 to 80 euros. Once you arrive to Vigo or Santiago, you can easily get to Pontevedra by bus.



PARTICIPANTS MUST BE IN THE MEETING POINT (PONTEVEDRA BUS STATION)

Arrival: Participants must arrive no later than 7:30 pm on 1st of May and depart no earlier than 00.00 on 9th of May.

ANOTHER CONVINIENT OPTIONS

Another good option is arriving to Porto being only 170 km away. Porto airport (Francisco Sá Carneiro) will probably be the best option regarding duration of the trip and price. From this airport you can get to Pontevedra with three bus companies:

- FLIXBUS connects as well Porto with Pontevedra.
- AUTNA covers the route Porto Airport - Vigo several times a day and from Vigo and from there MONBUS runs to Pontevedra every 30 minutes.
- ALSA connects as well Porto with Santiago de Compostela and this route has a stop in Pontevedra.

DO YOU NEED HELP?

We know that travelling to and around Galicia is not the easiest thing, so if you have any doubt or you are not very sure of which itinerary you should take, please contact us on our email, Facebook page or phone number, we will be glad to assist you! (Check last page for contact information).

TICKETS AND REIMBURSEMENT



During the project week, accommodation, food and all other project-related expenses will be covered by the Erasmus+ programme. When buying tickets, bear in mind that there is a fixed maximum amount reimbursable for your individual trip costs. The sum, set by the European distance calculator, covers the travel costs from your home city to the venue and back. Travel costs exceeding the maximum reimbursable amount will not be covered.

ABOUT REIMBURSEMENT

Reimbursement of travel costs will be made via bank transfer to the sending organization upon presentation of all original tickets (including return tickets), receipts, invoices and/or boarding passes and **AFTER** receiving proof of dissemination activities carried out maximum 1 month after the training course.

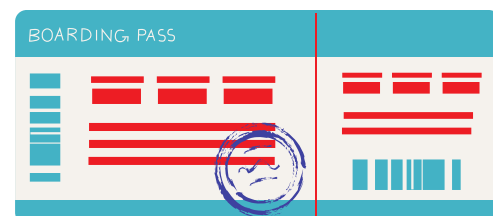
CONDITIONS FOR REIMBURSEMENT

The maximum amount for travel costs is:

Greece, Bulgaria, Italy, Romania & Hungary: 395 €

Portugal & Spain: 210€ (Green travel: bus or train) or 180€ (Plane)

The Netherlands: 309 €



1. Arrange all your travel in advance based on **economy class tickets** and plan the **cheapest route possible**. We can only reimburse **public transportation** (bus, train, metro, ...)
2. If you have any doubt about your travelling plans, please contact your sending coordinator or the hosting team **BEFORE** booking tickets.
3. Participants can travel maximum 1 day before and 1 day after the official start and end of the project. **During that extra time**, all the expenses (food, accommodation, local transportation, etc.) will be NOT covered/provided.
4. Insurances and commissions of intermediary companies (i.e.: Omio) are non-refundable.

IMPORTANT ANNOUNCEMENT!

PLEASE REMEMBER TO BRING THE ORIGINAL TICKETS AND INVOICES WITH YOU. WE WILL NOT BE ABLE TO REIMBURSE YOU WITHOUT THEM.



If you get your boarding pass in a digital way, remember to capture a screenshot from the app, as it would disappear after your trip.

If some of your travel documents are just on paper, you **MUST** bring the original ones (**no pictures or scanned documents are allowed**).

PRACTICALITIES

PARTICIPATION FEE

There will be a **30€ participation fee** to be brought in cash at the beginning of the project. The money will be spent on the benefit of the activity to provide extra materials, activities and more fun times.



INSURANCE

It is mandatory to have a **valid travel and medical insurance** (i.e. European Health Insurance Card) during your travel. The host organisation will not cover any personal health costs. If you need help with this matter, please contact your sending organisation.



FOOD & DRINKS

During the project, exclusively **vegetarian/vegan** food will be served. The consumption of any type of **alcoholic** beverage will **not be allowed** in the accomodation.



CULTURAL NIGHTS

During the week we will be able to discover one another's cultures and national delicacies. One of the first nights, we will arrange, all together, an intercultural dinner with food and non-alcoholics drinks from the different partner countries. Also, would be nice to share songs, dances, stories or whatever you would like.



THE WEATHER

One of the most precious mysteries in Galicia, since you can never be sure of what the day will look like! Generally, we can expect an average temperature of 16 C° for May. During the day we could get as warm as 19 C°, but evenings will be definitely fresh with 10 C°.

We advise you to grab some warm clothes and to have a raincoat always with you.



CHECKLIST AND CONTACTS



Are you already Interested? **Fill in the application** form and send it to your sending coordinator.

If you have been selected to participate, create your travel plan, send it to us (ana.delvalle@ticket2europe.eu) and wait for confirmation before buying tickets.

Once you have tickets, send all travel confirmations to:
ana.delvalle@ticket2europe.eu

After selection, we will invite you to join the project's official Facebook group to make communication a lot easier.

READY TO FLY?

DO NOT FORGET

- Brief presentation of your organization and your country/culture.
- Traditional food/non alcoholic drinks for the cultural night.
- Your passion items.
- Comfortable/sporty clothes.
- Special personal items (hair dryer, flip flops, medicine...)

CONTACT US

ana.delvalle@ticket2europe.eu

OR FIND US HERE:



[Instagram.com/Ticket2Europe](https://www.instagram.com/Ticket2Europe)



[Facebook.com/Ticket2Europe](https://www.facebook.com/Ticket2Europe)



[Ticket2Europe.eu](https://www.ticket2europe.eu)



This project has been co-funded with the support of the European Commission and the Spanish National Agency INJUVE



Co-funded by the European Union



Designed by Ticket2Europe

This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.