

INTERNATIONAL TRAINING COURSE

5-13 May 2026, Vilaboa
(Galicia-Spain)

ECO FACILITACTION

Infopack

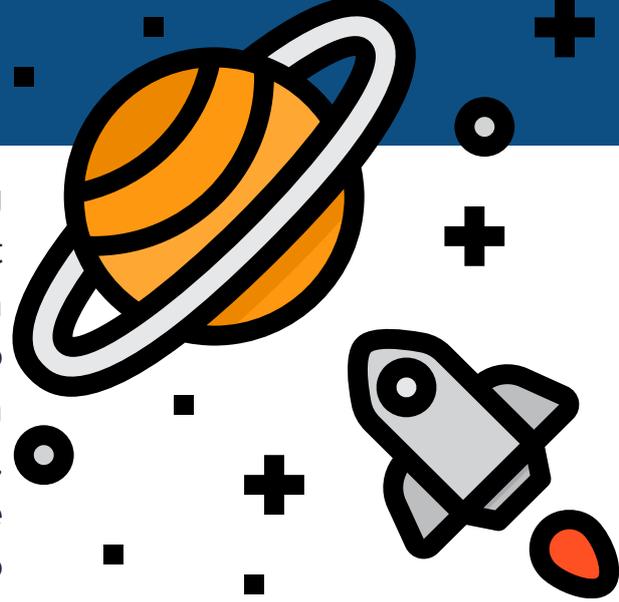


Erasmus+



ABOUT THE PROJECT

The Training Course “Eco-Facilitation” will bring together 24 youth workers from different European countries in a rural area of Galicia (Spain) from 5 to 13 May 2026. The project aims to create an international learning space focused on exploring the relationship between ecology, group facilitation and youth work, while strengthening the capacities of participants to design and facilitate meaningful learning experiences connected to sustainability and social transformation.



The course will be based on non-formal education methodologies, encouraging active participation, peer learning and collaborative knowledge creation. Through experiential learning activities, group facilitation practices, socio-affective methods and outdoor education, participants will develop practical tools and competences that can be applied in their own youth work contexts.

Particular attention will be given to addressing some of the most pressing challenges faced by rural territories and societies in Europe today, such as the climate crisis, biodiversity loss and rural depopulation. These issues will be explored from both a local and international perspective, allowing participants to share experiences, practices and realities from their own countries.

The natural and cultural environment of Galicia will play a central role in the learning process. The training will use the surrounding landscape as a living learning laboratory, promoting connection with nature, body awareness, emotional intelligence and collective reflection. Outdoor sessions, nature-based activities and moments of reflection will help participants experience the territory not only as a setting, but also as a pedagogical resource.

OUR PARTNERS



Greece



Italy



Bulgaria



Portugal



Slovakia



Hungary

"Eco-FacilitAction" is an international Training Course organized by **Ticket2Europe**, with the support of the Erasmus+ programme. The main activity project will take place in Vilaboa (**Galicia-Spain**) during the period of 5-13 May 2026. Hereafter you will get to know the specific objectives of the project.

OBJECTIVES



- To build a European network of youth workers trained in ecology and facilitation applied to youth work;
- To provide practical facilitation tools to address sustainability, diversity and inclusion with young people;
- To strengthen competences such as cooperation, participation, active listening, inclusion and critical thinking;
- To create a safe and trusting environment for non-formal learning, group care and intercultural exchange;
- To revalue rural areas as spaces for learning, social innovation, sustainability and green entrepreneurship;
- To deepen the understanding of global systemic crises and explore regenerative responses through facilitation;
- To use rural, cultural and natural heritage as a cross-cutting educational resource;
- To highlight and share good practices of eco-facilitation and youth work in rural contexts;
- To promote the Erasmus+ programme as a tool for strengthening youth work in rural and sustainable areas.

PARTICIPANTS PROFILE

The project will include 24 youth leaders & workers from 7 countries (**Greece, Italy, Bulgaria, Portugal, Slovakia, Hungary & Spain**) over 18 years old.



ABOUT PARTICIPANTS

We are looking for **youth workers, facilitators, youth leaders** and **educators** who are interested in exploring the **connection between ecology, group facilitation and youth work**. Participants should be motivated to learn how non-formal education, eco-social approaches and participatory methodologies can support young people in addressing current environmental and social challenges.

Motivation to **apply and replicate the eco-facilitation approach** in **their local youth work context** will be an important factor in the selection process. Participants are encouraged to share the knowledge and tools acquired during the training with their organizations, communities or youth groups after the project.

Participants are expected to communicate themselves in English and be willing and committed to actively participate in all the activities of the program and in the daily tasks, in an active, cooperative and respectful way.

Besides, participants should commit to keep to the deadlines, carry out the preparatory tasks asked for by the organizers and be willing to follow-up on the training course, ideally in co-operation with their sending organisation.

NUMBER OF PARTICIPANTS PER COUNTRY:

- SPAIN: 4+2
- GREECE: 3
- BULGARIA: 3
- ITALY: 3
- SLOVAKIA: 3
- HUNGARY: 3
- PORTUGAL: 3



THE VENUE

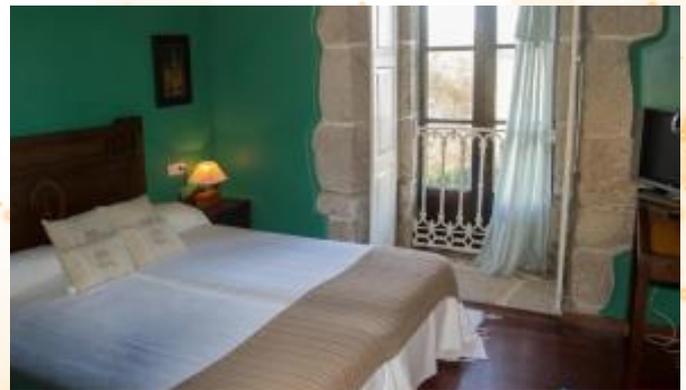
"Eco-FacilitAction" will be implemented in Vilaboa, a small town in the middle of two Galician cities, Pontevedra and Vigo, in northwestern Spain. Galicia's landscape is mostly dominated by forest and sea, so it is well-known among national and international visitors by its seafood, nature and coastline sites.

Casa Larache is a very cozy accommodation, located in the heart of Vilaboa and on the shores of the Vigo estuary.

Built in the eighteenth century underwent several phases of expansion in the early nineteenth century, it was finally restored between 2002 and 2006 resulting in the current construction.

There is a beautiful garden and a large grove with an area of fifty-five thousand square meters of land of great biological diversity with centennial trees.

The venue also has a big swimming pool which you can enjoy if the weather conditions allow us!



HOW TO GET HERE



The cheapest and more convenient way of travelling to Pontevedra is by plane. However, Peinador airport (Vigo) or Lavacolla airport (Santiago de Compostela) are not very big, so you might struggle to find good deals for direct international flights.

The best thing will be to travel from your country to Madrid or Barcelona and then catch a national flight to Santiago. Flights between Vigo/Santiago and Madrid/Barcelona are operated mostly by Ryanair, Vueling and Iberia and the price for a return tickets goes usually from 30 to 80 euros. Once you arrive to Vigo or Santiago, you can easily get to Pontevedra by bus.



PARTICIPANTS MUST BE IN THE MEETING POINT (PONTEVEDRA BUS STATION)

Arrival: Participants must arrive no later than 7:00 pm on 5th of May and depart no earlier than 00.00 on 13th of May.

ANOTHER CONVINIENT OPTIONS

Another good option is arriving to Porto being only 170 km away. Porto airport (Francisco Sá Carneiro) will probably be the best option regarding duration of the trip and price. From this airport you can get to Pontevedra with three bus companies:

- FLIXBUS connects as well Porto with Pontevedra.
- AUTNA covers the route Porto Airport - Vigo several times a day and from Vigo and from there MONBUS runs to Pontevedra every 30 minutes.
- ALSA connects as well Porto with Santiago de Compostela and this route has a stop in Pontevedra.

DO YOU NEED HELP?

We know that travelling to and around Galicia is not the easiest thing, so if you have any doubt or you are not very sure of which itinerary you should take, please contact us on our email, Facebook page or phone number, we will be glad to assist you! (Check last page for contact information).

TICKETS AND REIMBURSEMENT



During the project week, accommodation, food and all other project-related expenses will be covered by the Erasmus+ programme. When buying tickets, bear in mind that there is a fixed maximum amount reimbursable for your individual trip costs. The sum, set by the European distance calculator, covers the travel costs from your home city to the venue and back. Travel costs exceeding the maximum reimbursable amount will not be covered.

ABOUT REIMBURSEMENT

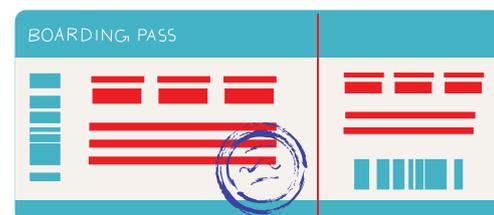
Reimbursement of travel costs will be made via bank transfer to the sending organization upon presentation of all original tickets (including return tickets), receipts, invoices and/or boarding passes and **AFTER** receiving proof of dissemination activities carried out maximum 1 month after the youth exchange.

CONDITIONS FOR REIMBURSEMENT

The maximum amount for travel costs is:

Greece, Italy, Slovakia, Hungary & Bulgaria: 395 €

Spain & Portugal: 210€ (Green travel: bus or train) or 180€ (Plane)



1. Arrange all your travel in advance based on **economy class tickets** and plan the **cheapest route possible**. We can only reimburse **public transportation** (bus, train, metro, ...)
2. If you have any doubt about your travelling plans, please contact your sending coordinator or the hosting team **BEFORE** booking tickets.
3. Participants can travel maximum 1 day before and 1 day after the official start and end of the project. **During that extra time**, all the expenses (food, accommodation, local transportation, etc.) will be NOT covered/provided.
4. Insurances and commissions of intermediary companies (i.e.: Omio) are non-refundable.

IMPORTANT ANNOUNCEMENT!

PLEASE REMEMBER TO BRING THE ORIGINAL TICKETS AND INVOICES WITH YOU. WE WILL NOT BE ABLE TO REIMBURSE YOU WITHOUT THEM.



If you get your boarding pass in a digital way, remember to capture a screenshot from the app, as it would disappear after your trip.

If some of your travel documents are just on paper, you **MUST** bring the original ones (**no pictures or scanned documents are allow**).

PRACTICALITIES

INSURANCE

It is mandatory to have a **valid travel and medical insurance** (i.e. European Health Insurance Card) during your travel. The host organisation will not cover any personal health costs. If you need help with this matter, please contact your sending organisation.



FOOD & DRINKS

During the project, exclusively **vegetarian/vegan** food will be served. The consumption of any type of **alcoholic** beverage will **not be allowed** in the accommodation.



CULTURAL NIGHTS

During the week we will be able to discover one another's cultures and national delicacies. One of the first nights, we will arrange, all together, an intercultural dinner with food and non-alcoholic drinks from the different partner countries. Also, would be nice to share songs, dances, stories or whatever you would like.



THE WEATHER

One of Galicia's most charming mysteries is the weather, you can never be quite sure what the day will look like!

In May, we can generally expect an average temperature of around 18°C. During the day it may get as warm as 22°C, while evenings are usually quite fresh, around 13°C.

We recommend bringing some warm clothes and always having a raincoat with you.



CHECKLIST AND CONTACTS



Are you already Interested? **Fill in the application** form and send it to your sending coordinator.

If you have been selected to participate, create your travel plan, send it to us (**ana.delvalle@ticket2europe.eu**) and wait for confirmation before buying tickets.

Once you have tickets, send all travel confirmations to:
ana.delvalle@ticket2europe.eu

After selection, we will invite you to join the project's official Facebook group to make communication a lot easier.

READY TO FLY?

DO NOT FORGET

- Brief presentation of your organization and your country/culture.
- Traditional food/non alcoholic drinks for the cultural night.
- Your passion items.
- Comfortable/sporty clothes.
- Special personal items (hair dryer, flip flops, medicine...)

CONTACT US

ana.delvalle@ticket2europe.eu

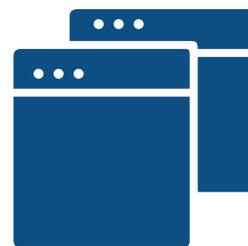
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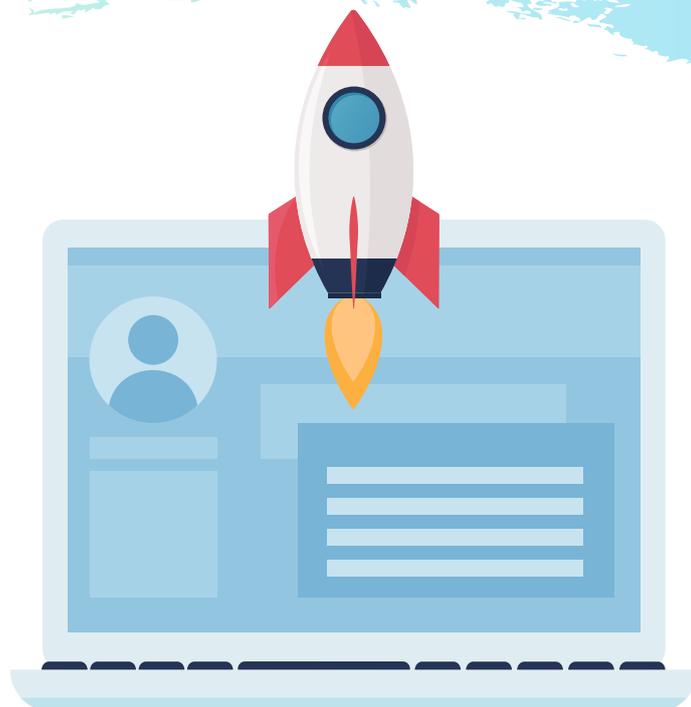
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