

LEAD RIGHT!

**LEAD RIGHT!
Orientation to
Leadership 2.0**

**Il Favogoloso
Alatri, FR**

**2026
24 September
2 October**

INFOPACK

Project title: **LEAD RIGHT!: Orientation to Leadership 2.0**

Action type: Mobility of youth workers (KA153-YOU)

Project code: 2025-3-IT03-KA153-YOU-000380401

Topics: Human rights and rule of law

Quality and innovation of youth work

Inclusion of marginalised young people

Mobility: **25 September – 1 October 2026 (excluding travel days)**

Arrival day: 24 September 2026

Departure day: 2 October 2026

Venue I II Favogoloso, Alatri (FR)

Group I 3 youth workers for each partner

ABOUT THE PROJECT

“**LEAD RIGHT!: Orientation to Leadership 2.0**” is an international professional development activity for youth workers, designed to strengthen their capacity to guide young people towards active participation, inclusive leadership and the promotion of youth rights.

A central reference of the project is the UN Convention on the Rights of the Child, with particular attention to Article 2, concerning the right to non-discrimination. Through the project, youth workers will explore how to support young people in recognising discrimination, challenging stereotypes and promoting equality, inclusion and democratic participation in their local communities.

The project aims to create a multiplier effect after the mobility. Participants will bring the methods and tools back to their organisations and communities, involving young people in local workshops and awareness-raising activities focused on rights, inclusion and peer-to-peer leadership.

Key needs addressed by the project

- LEAD RIGHT! responds to the need to strengthen youth workers’ competences in supporting young people, especially those with fewer opportunities, in becoming more active, aware and involved in their communities.
- The project addresses the need to promote a stronger culture of youth rights, to fight discrimination and stereotypes, and to provide youth workers with practical tools that can be used in local educational activities. It also supports the exchange of good practices among the 6 partner organisations, creating a common approach to inclusive leadership, participation and rights-based youth work.

Objectives

- Train 18 international youth workers on youth rights, inclusive leadership and non-discrimination through non-formal education and experiential learning.

- Strengthen youth workers' capacity to guide young people in defending their rights, promoting inclusion and acting as peer leaders.
- Organise local follow-up workshops after the mobility, with each partner involving at least 10 young people in their community.
- Reach at least 60 young people across the 6 partner countries through local activities focused on rights, inclusion, peer-to-peer leadership and active citizenship.
- Create a Youth Rights Toolkit with methods, activities and good practices on rights education, inclusive leadership and anti-discrimination.
- Strengthen cooperation among the 6 partner organisations and support future joint activities on youth leadership, rights promotion, inclusion and democratic participation.

Educational approach

The training activity is based on non-formal education, experiential learning and active participation. The methodology is designed to help youth workers experience the methods directly, reflect on them and adapt them to their own local contexts. A key method of the project will be experiential roleplay, combining theatrical expression, reflection and problem solving. Through roleplay, participants will take on different perspectives and explore youth rights, discrimination, inclusion and leadership from emotional, communicative, behavioural and social points of view.

The programme will also include energisers, icebreakers, team-building activities, focus groups, guided discussions, peer learning, creative tools, theatre, music, visual arts and individual and collective reflection moments. These methods will help participants analyse stereotypes and prejudices, develop inclusive leadership skills and design activities that can be transferred to young people in their communities. The learning process will be practical and reflective. Participants will not only discuss rights and leadership in theory, but will test methods, facilitate group processes, receive feedback and co-create educational tools for future use.

Special attention will be given to inclusion, safeguarding, respectful communication, group well-being and the creation of a safe learning environment. The training team will support participants through clear group agreements, reflection spaces, daily monitoring and moments dedicated to the evaluation of learning outcomes.

ELEMENTS OF ACTIVITY

Venue

The training activity will take place at Il Favogoloso, located in Alatri, in the Province of Frosinone, Lazio.

The address of the venue is: Via Monte Capraro 5, Alatri, Frosinone, Italy

The venue offers shared accommodation in shared rooms, with no single rooms foreseen for participants. It also includes a central kitchen/common area, indoor shared spaces for daily

community life, large outdoor areas and green surroundings that can support both formal and informal learning moments.

Practical arrangements

Participants will be accommodated in shared rooms. Room sharing is an important part of the residential experience, as it supports intercultural learning, cooperation, mutual understanding and community life. Participants are therefore expected to approach the stay with openness, flexibility and respect for others.

The accommodation is simple, welcoming and suitable for a group-based educational project. The activity is not designed as a touristic holiday, but as an intensive learning experience focused on participation, reflection, personal development and community living.

As the venue is in a countryside area, participants should be aware that services such as shops, supermarkets, pharmacies or nightlife options may be limited compared to a city-centre accommodation. For this reason, everyone is encouraged to bring all essential personal items, medicines and anything needed for the full duration of the stay.

Participants are asked to respect the venue, the shared spaces, the local community and the natural environment. Taking care of the place that hosts the group is part of the educational experience itself. Everyone will be invited to use resources responsibly, avoid waste, keep common spaces clean and contribute to a respectful, sustainable and supportive atmosphere.

All accommodation, meals and educational activities during the official programme are covered by the Erasmus+ project. Personal expenses outside the official programme, such as snacks, souvenirs, personal care items or other individual purchases, remain at the participants' own cost. Bringing a small amount of pocket money is recommended.

Important Notes

Meals: simple home-style food inspired by Mediterranean cuisine. The menu will be vegetarian only. Diets: vegan options, allergies, intolerances or religious restrictions must be communicated in advance in the registration form.

Language: the working language will be English. A good level is recommended, but the team will support inclusive communication.

Connectivity: Wi-Fi is available, but the connection may be slower or unstable due to the village/natural park setting.

What to bring: comfortable clothes, comfortable shoes, sweatshirt/light jacket for cooler evenings, rain jacket, indoor slippers, personal towel, toiletries and any personal medicines.

How to reach the venue

The most convenient airports will depend on flight availability and travel budget. Participants may consider:

- Rome Fiumicino Airport (FCO);
- Rome Ciampino Airport (CIA);

From both Rome airports, participants should first reach Roma Termini railway station and then continue by train to Frosinone railway station, which will be the official arrival point for the project.

From Fiumicino Airport, the easiest option is the Leonardo Express, the direct train connecting the airport to Roma Termini in around 32 minutes. From Ciampino Airport, participants can use the Ciampino Airlink service, which combines a shuttle bus and train connection to Roma Termini.

Arrival by train – official meeting point

All participants are required to arrive at Frosinone railway station. From there, the project team will organise group transfers to Il Favogoloso at specific time slots, which will be communicated in advance. Regional trains regularly connect Rome with Frosinone, departing from Roma Termini and, in some cases, also from Roma Tiburtina. Travel time may vary depending on the selected connection, so participants must always check the updated timetable on the official Trenitalia website before booking.

Important travel notes

- Frosinone railway station is the only official arrival point for the project.
- Collective transfers from Frosinone station to the venue will be organised only at predefined times on the arrival day. Individual transfers outside these time slots may not be guaranteed and, if needed, will have to be arranged independently.
- Participants are strongly encouraged to book their flights and trains according to the arrival and departure windows indicated by the organisers.
- Once tickets are booked, all participants must send their full travel plan to the organising team as soon as possible, including the airport of arrival, train details and expected arrival time in Frosinone.

All transfer details, including meeting point, timing and practical coordination, will be shared in advance through the WhatsApp group and by email. The organising team will remain available to support participants in planning their journey and ensuring a smooth arrival at the venue.

PARTNER INVOLVED

Applicant: E.D.I Onlus (E10280204 - IT)

Partners: Fundacja Bonae Fidei (E10026828 - PL), ASOCIAȚIA SALVATI COPIII Targu Mures (E10350424 - RO), ADOLESCERE - ASSOCIAÇÃO DE APOIO À CRIANÇA E AO ADOLESCENTE (E10027389 - PT), Ticket2Europe (E10118811 - ES), Rhodopaea - Balkanica Association (E10008461 - BG)

INSURANCE AND SPECIFIC DOCUMENTATION

The safety and well-being of all participants is a key priority during the Training Course. The hosting organisation provides insurance coverage connected to the official activities of the mobility, in line with the Erasmus+ framework and the general risk management of the project.

However, this coverage does not replace personal travel insurance. For this reason, each national group, together with its sending organisation, is responsible for checking that participants are

adequately covered for travel-related risks, such as medical expenses, delays, cancellations, lost luggage or other incidents occurring outside the official programme.

Participants are also encouraged to travel with the European Health Insurance Card, when applicable, and to check any relevant health, safety or re-entry rules before travelling to Italy. Any pre-existing medical condition, allergy, special need or relevant concern must be communicated in advance through the registration process, so that the hosting team can prepare appropriate support.

BUDGET

There is no participation fee requested by the hosting organisation. The essential costs of the Training Course are covered by the Erasmus+ grant, including accommodation, meals during the official activity dates, educational materials, facilitation and local transport connected to the programme.

Any personal expenses, such as snacks, souvenirs, personal items or extra activities outside the official programme, remain at the participants' own cost. If the group decides to organise additional optional activities not included in the official programme, any related cost will be discussed clearly in advance and participation will remain optional.

Any possible administrative or preparation costs requested by the sending organisation are not managed by the hosting organisation and should be clarified directly within each national group before confirming participation.

REIMBURSEMENT

Travel reimbursement will be managed through the sending organisations and will be based on real travel costs, within the maximum Erasmus+ budget approved for each country and travel distance. Reimbursement will only be possible if all required travel documents are complete, correct and submitted on time.

Each national group is responsible for collecting and sending all tickets, invoices, receipts and boarding passes. Boarding passes must be downloaded in proper PDF format from the airline website whenever possible; screenshots or unclear photos may not be accepted.

Reimbursement may be delayed or refused if travel documents are missing, incomplete or not compliant with Erasmus+ rules. For this reason, participants should not throw away any ticket or receipt until the reimbursement process is fully completed.

Active participation in the full programme is also an essential condition. The Training Course is a group learning experience based on workshops, reflection moments, creative activities, peer learning and community life. All participants are expected to take part in the activities, respect the timetable and contribute to the group process.

During and after the mobility, each national group will also contribute to the visibility and dissemination of the project. This may include short texts, photos, videos, social media posts, local sharing actions or support to the common dissemination plan. These tasks are part of the collective responsibility of the project and help ensure that the impact of the Training Course reaches wider local communities.

All required documents must be uploaded to the official Project Drive Folder: [Project Drive Folder](#)

If all steps are completed properly, the reimbursement process will begin and the funds will generally be transferred to your sending organization within about two months from the end of the project.

PARTICIPANT SPECIFIC TRAVEL REFUND

The total budget for the trip of each participant in the 500-1999km range is 309,00 euros and in the 100-499km range is 285,00 euros carried out according to the standard travel regime. The green travel with the means of transport accepted by the procedure of the Erasmus+ Program is visible in the official guide under the heading "Budget category".

For this project, maintaining a maximum of two extra travel days, it is possible to take advantage of the green travel budget for participants from Italy. Green travel is not available for the participants from Denmark, Poland, Lithuania, Slovakia, Bulgaria so the only option available is the standard travel regime.

Italy.....	285,00€
Poland.....	309,00€
Romania.....	309,00€
Portugal.....	309,00€
Spain.....	309,00€
Bulgaria.....	309,00€

RULES FOR REIMBURSEMENT

Travel costs can be reimbursed only if participants respect the Erasmus+ rules and the project budget limits.

Only economy class travel is accepted. Participants should choose the most direct, reasonable and cost-effective route between their country and the project venue. Touristic stopovers, unnecessary deviations or personal travel plans are not covered by the project.

Flights must be booked directly through the official airline websites, such as Ryanair, Wizz Air, Vueling, EasyJet, etc. Tickets bought through third-party platforms such as eDreams, Kiwi, Opodo or similar websites may not be accepted for reimbursement.

Before buying any ticket, each national group must send the proposed travel plan to:

erasmus@edionlus.it

The teamwork will check if the itinerary is coherent with the project rules. Only approved travel plans will be eligible for reimbursement.

Participants may arrive up to 2 days before the official start of the Youth Exchange or leave up to 2 days after the official end, if this is needed for travel connections or cheaper routes. However, extra accommodation, meals, city visits or personal expenses outside the official project dates are not covered.



All tickets, invoices, receipts and boarding passes must be kept and uploaded correctly. Boarding passes should be downloaded in PDF format from the airline website, not sent as screenshots or unclear photos.

Please note, however, that any extra accommodation, food, or personal expenses during these additional days are your responsibility. Touristic detours, activities, or city visits outside of the training programme are not reimbursable under any circumstances.

EMERGENCY CONTACTS

In case of emergency in Italy, call 112, the European emergency number. It is free, active 24/7 and can be used for police, ambulance, fire brigade or any urgent safety situation.

For urgent project-related issues that are not life-threatening, participants can contact the project team directly.

Project Coordinator / On-site contact
Francesco: +39 3482596668

EDI Office / Administrative contact
Phone: +39 064467447
Email: segreteria@edionlus.it

For any question, doubt or clarification about the project, please write to:
erasmus@edionlus.it

Please save these contacts before travelling and keep them accessible during the whole Training Course.

Looking forward to meeting you soon!
E.D.I Onlus Team



LEAD RIGHT!

**LEAD RIGHT!
Orientation to
Leadership 2.0**

**Il Favogoloso
Alatri, FR**

**2026
24 September
2 October**