International training course

THE STARSHIP PROJECT

POWERING YOUTH'S POTENTIAL TO LEAD

24th February - 3rd March 2023

Galicia (Spain)







ABOUT THE PROJECT

Organizations working with **international youth projects** often face **challenges when it comes to involving or supporting group leaders**: no one is available to take this role, members are not confident/competent enough, they don't see value against the responsibility, etc.

For organizations that want to develop high-quality youth exchanges, it is vital to engage competent group leaders and create a **supportive** environment and structure inside of the organization that enables volunteers to develop as group leaders.

"THE STARSHIP PROJECT" AIMS TO INCREASE THE LEVEL OF QUALITY OF INTERNATIONAL YOUTH EXCHANGES THROUGH DEVELOPING THE YOUTH LEADER COMPETENCE SET FOR BEING A GROUP LEADER AND BE INVOLVED IN THE WHOLE PROJECT CYCLE.

The project sets the following objectives:

- To foster mutual understanding of the group leader's role and responsibilities in a youth exchange throughout the whole project cycle.
- To equip participants with a set of tools for preparation, follow-up and evaluation sessions with groups of youth.
- To equip participants with a set of tools for implementation of nonformal learning sessions, reflection and support of young people during a youth exchange project.
- To exchange best practices and develop ways of working with difficult situations, specific target groups and taking up an inclusive approach as a group leader.
- To empower participants to take up a group leader's role in an international youth exchanges.
- To give space to develop at least 4 future cooperation projects that will enable participants to apply received learning.



PARTICIPANT PROFILE

The training course is designed for **young members/leaders** who are interested in raising their level of competences as leaders, facilitators and would like to become group leaders in youth exchanges, as well as **active youth leaders with limited experience with youth exchange projects** but who would like to get involved.

Participants should be interested in raising their level of competences as **leaders, facilitators and ultimately group leaders** at youth exchanges, being ready to share their own experiences, being motivated to experiment, contribute to the physical outcomes and transfer gained knowledge in the organization.

Participants need to be **official residents** of one of the partner countries, be **over 18 years of age** and have at least an **intermediate level of English**. Participants are expected to **participate fully** in the program and **commit to the dissemination activities**.

"THE STARSHIP PROJECT" WILL INVOLVE 26 PARTICIPANTS FROM EIGHT COUNTRIES (ESTONIA, SPAIN, LATVIA, PORTUGAL, ITALY, ROMANIA, CZECH REPUBLIC AND CROATIA).

Number of participants per country: 3 members/youth leaders* (*Estonia and Czech Republic: 2 participants + 1 team member)

TRAINING PROGRAM

During six working days^{*}, the program will be intense and it will include **3 practical sessions of 90 minutes and a last session of 60 minutes per day** with designated time for reflection (a visual schedule will be sent to selected participants shortly after selection).

The training program will include space for participants to share experiences and good practices regarding the group leader role. It will also include preparation and implementation of non-formal education sessions and practical exercises on effective communication, group dynamics, reflection and youth involvement in the organizational life.

*24th of February and 3rd of March are arrival and departure days.

WHERE?



The training course will take place in Galicia, in Northwest Spain.

The team behind the project is finalizing the agreements with the venue and more details about the accommodation and specific travelling will be send by the end of December 2022 to all partner organizations.

PRACTICALITIES



PARTICIPATION FEE:

The training course has a **participation fee of 30 EUR paid on the spot in cash**. The participation fee amount will be used to provide extra facilitation materials for participants and cover additional expenses of the project.



PARTICIPATION:

Failure to participate in the content sessions or inappropriate behavior might resolve in reimbursement not being given to the participants with a notice provided to the sending organization or exemption of the participant from the course.

DISSEMINATION:



All country groups are expected to lead a **dissemination** workshop in their organization/community within 2 months after the training course and provide us with footage and a short description of the event.

Dissemination event proof will be a **necessary requirement in order to complete the reimbursement process**. More information about reimbursement will be found in the section **"Reimbursement" in the final infopack.**

PREPARATION

Closer to the training, selected participants will receive a home task and a preparation package to get up to date with the non-formal education methodology and main aspects of the program.



THE TEAM BEHIND



PAVEL VASSILJEV

Head of Shokkin Group Estonia & Shokkin Group International, Pavel works as a freelance trainer and youth work manager. His training portfolio includes courses on employability and entrepreneurship, social engagement and active citizenship, game-based learning, facilitation and organisational development.



FILIP GÁBOR

Filip works as a project coordinator, youth worker and trainer in Be International. His main fields are gamification and intercultural learning. Apart from his work in Be International, he is a freelance trainer and member of the pool of trainers of the Czech National Agency.



NACHO MÁRQUEZ

A social worker by profession, Nacho dedicates his work to developing participatory processes which involve educational and cultural perspectives at both local and international level for and with young people.



OLALLA GONZÁLEZ

Olalla has always loved the possibility of facilitating a common understanding among people. She works as a graphic recorder, project coordinator and volunteer manager in activities aimed at youth and youth workers together with the Shokkin Group international network.







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DEADLINE FOR APPLICATIONS: 15TH OF JANUARY 2023