

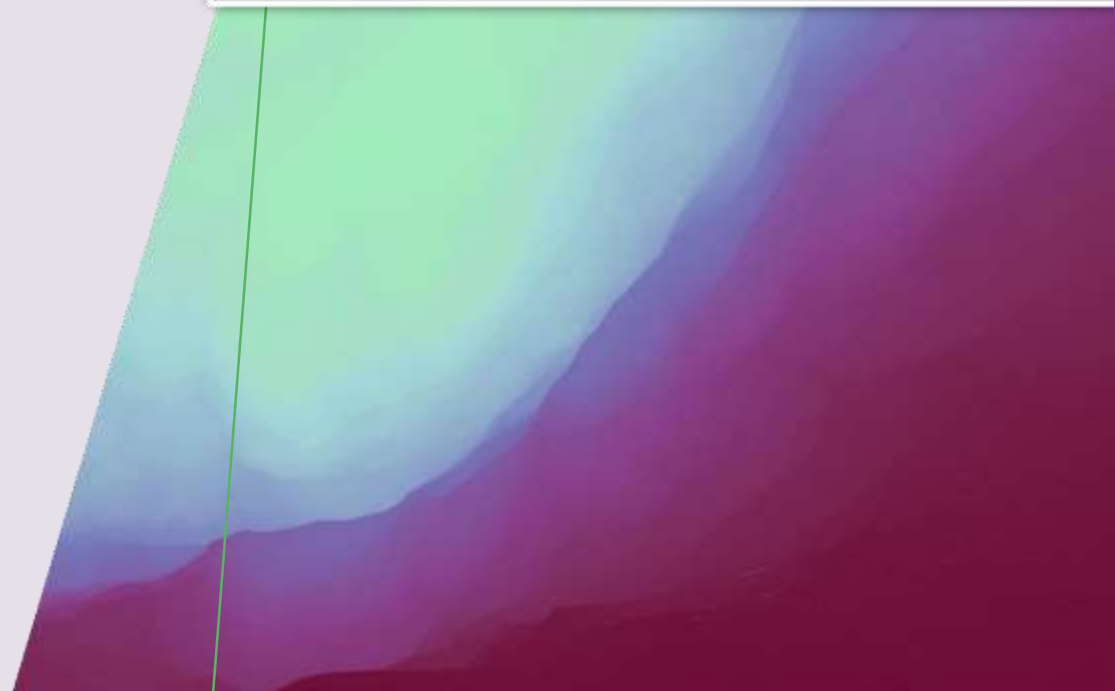
# Gathering Together Against Discriminations

ERASMUS+ YOUTH EXCHANGE

JULY 9<sup>th</sup> – JULY 16<sup>th</sup>, 2023

BORGO INCORONATA, ITALY

A.P.S. Mao FM 19.77



# ABOUT THE PROJECT

The aim of the project is to promote positive and inclusive social values in youth society and at the same time to promote arts and music as a valid response to discrimination and a great tool for action. This project will promote the value of the fight against racism and music as a tool to deliver a valuable message. Through music and its promotion, participants will be able to expand the message of the fight against racism, promoting inclusion and spreading good practices in order to correctly disseminate the message. The title of our project – Gathering together Against Discriminations G.A.D. - is inspired both from the English way to call the syllabic musical notations by their corresponding letters in the alphabet and by the idea that only working together we can provide some optimal solutions to fight against racism and to promote the value of inclusion and diversity.

The results of the project will be collected in a song and its music video and both will be produced during the Youth Exchange and promoted as a result of it. The song will be a combination of music and lyrics produced and written by each of the 5 different countries involved, whose participants will collect and express a message against racism for the promotion of inclusion.

The project will follow a non-formal methodology through workshops, debates, group work, brainstorming, presentations, while offering art and music workshops in both our recording studio and rehearsal room, in order to promote other ways of learning, peer-to-peer cooperation and intercultural learning.

Through the project we aim to achieve the following objectives:

- promote the active participation in society and the inclusion of all young people;
- help and support young people in achieving skills, values and attitudes important for the development of a democratic society;
- promoting the principles of Erasmus+: tolerance, respect for other cultures, respect for human rights;
- promoting values and knowledge about the European Union and YouthPass competences;
- using arts, music and media as a mean to achieve positive societal goals;
- promoting music as a tool to raise awareness on social issues;
- develop young people's motivation and sense of responsibility for mutual understanding and the fight against discrimination and exclusion in a global way;
- stimulate young people's sense of initiative;
- create a new song that unites the different cultures and backgrounds of all the participants; promote it to combat discrimination, social exclusion, racism end to promote inclusion and diversity as a value.

# *WANT TO JOIN?*

## *PARTICIPANTS PROFILE*

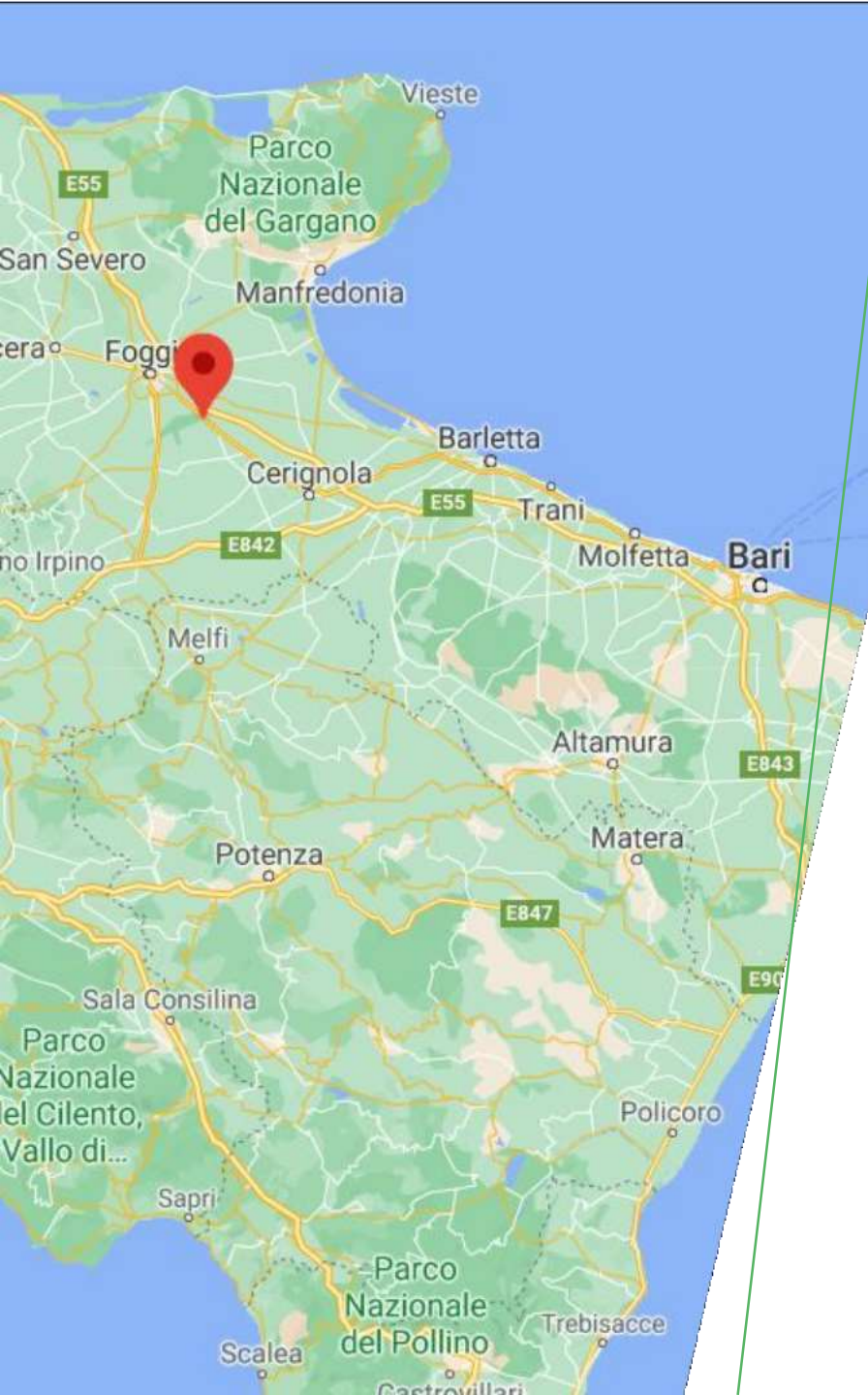
Each partner organization will send 7 participants and 1 group leader (8 people in total). Participants and Leaders must agree to take part in the whole duration of the Youth Exchange: July 9<sup>th</sup> – July 16<sup>th</sup>, 2021

### Participant Profile

- Age requirements: between 18 and 25 years old;
- Want to improve their creative and music skills;
- Sensitive to the social issues;
- Has a basic-intermediate level of English;

### Leader Profile

- Age requirements: older than 18 years old;
- Is able to support his/her group;
- Previously participated as participant and/or leader to any youth project at national or international levels;
- Has high English literacy (B2-C1) level;
- Has previous experience in Youth Working and/or Erasmus+ programme;



# HOW TO GET TO (PART 1)

## *BORGO INCORONATA?*

Before buying any ticket you must ask us confirmation. Your best choice will be to land in Bari Airport!

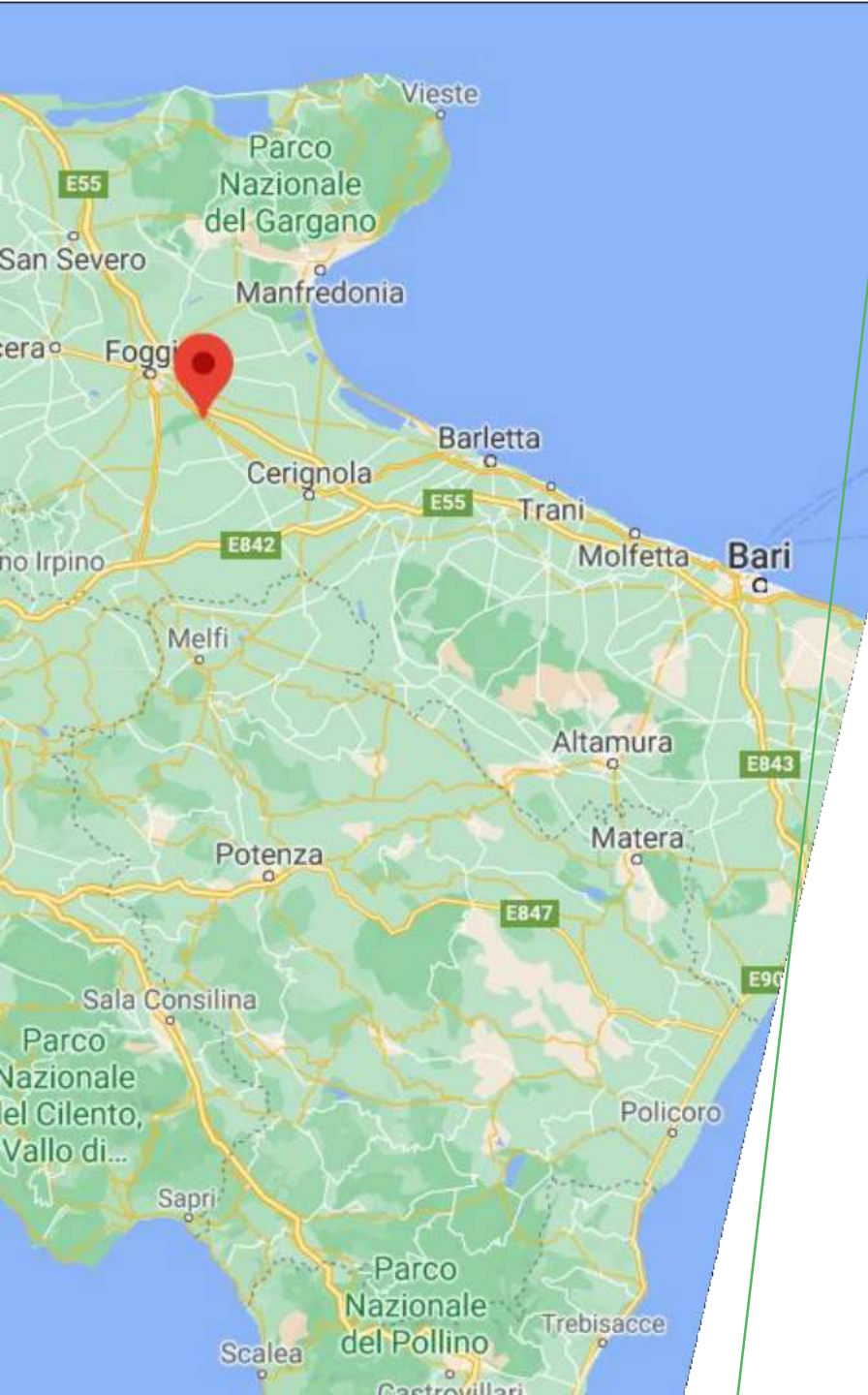
Choose preferably flights that are landing in Italy in the morning or the day before .

**Very important:** Local partner will organize transfer for all the participants from the main railway of Borgo Incoronata to the venue of the Youth Exchange (Railway of Borgo Incoronata is outside the city and it is not possible to reach the venue of the project by walking!!). To reach the railway Borgo Incoronata , the best way is to travel through Bari or Naples airport, as there is a very nice transport connection with Foggia, which is the nearest city to Borgo Incoronata, Italy. There are lots of cheap flights to the airports in Italy and then you can travel by bus or train. The distance is not very big.

### **\*If your flight arrives to Bari**

From Bari to Borgo Incoronata Trenitalia is the train line that you have to take. (Regional trains Bari Centrale Centrale Borgo Incoronata) <http://www.trenitalia.com/tcom-en> (Trenitalia web site)

**\*If your flight will not land in Bari** you have to take a bus/train for Foggia(which is 10km far from Borgo Incoronata), once arrived in Foggia, you can take a train for reach Borgo Incoronata.



# HOW TO GET TO (PART 2) BORGH INCORONATA?

Before buying any ticket you must ask us confirmation.  
Your best choice will be to land in Bari Airport!

From Foggia to Borgo Incoronata, Trenitalia is the train that you have to take. <http://www.trenitalia.com/tcom-en> (Trenitalia web site).

## **\*If your flight arrives to Napoli**

From Napoli STAZIONE F.S. (METROPARK) to Foggia - (Air Campania Company) is the bus that you have to take (Timeline link: <https://aircampania.it/wp-content/uploads/2023/01/34-CE-feriale.pdf>). The tickets can be directly purchased to Napoli STAZIONE F.S.

## **\*If your flight arrives to Rome**

Trenitalia is the train that you have to take until Foggia and then again you will use Trenitalia train, to reach Borgo Incoronata. (There are also some several bus from Rome to Foggia, like FlixBus which is the best one)

<http://www.trenitalia.com/tcom-en> (Trenitalia web)

<https://www.flixbus.com/> (FlixBus web site)

From Foggia to Borgo Incoronata , Trenitalia is the train that you have to take.

<http://www.trenitalia.com/tcom-en> (Trenitalia web)



# TICKETS GUIDELINES

The following guidelines are very important. Please make sure to read them carefully, and if you have any doubt please ask us!

Arrival and Departure days of the Youth Exchange are: July 9th – July 16th, 2021.

Eligible extra days accepted from the National Agency for extending your stay in Italy and receive your reimbursement for your travel fully by our organization are up to 2 extra days. Please remember that accommodation in Borgo Incoronata cannot be covered for extra days.

Travel route must be approved by us, so before booking your flights ask us and wait for our approval.

## Accepted travel days are:

July 9° - July 16° 2023

July 8° - July 16° 2023

July 7° - July 16° 2023

July 9° - July 17° 2023

July 9° - July 18° 2023

July 8° - July 17° 2023

SAVE THE  
DATE!

Don't forget to keep all your tickets, receipts, reservations and boarding passes! In case of missing documentation, we will NOT be able to reimburse you!

## NEEDED TRAVEL DOCUMENTS FOR REIMBURSEMENT

- Flight tickets – choose second class, cheaper flights. For flight tickets you will have to provide: Ticket Reservation (you receive it online after you buy your flight, on which you find the cost of the ticket) & Boarding pass (for both ways, printed in original or pdf).
- Train, Bus and Shuttle tickets – make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice is better;
- Transport by taxi or Rent a Car – reimbursement is allowed only if public transport is not available; a personal written declaration will be needed. (Before using it you can speak with us in order to arrange a cheaper solution if possible);
- Important: Remember to take a screenshot of app or mobile tickets and boarding passes as it will disappear after you travel, so we need to save the proof.

# *TRAVEL REIMBURSEMENT & COSTS*

Project budget covers: 100% costs for accommodation, 100% costs for 3 meals (breakfast, lunch, dinner) & 2 coffee break per day.

Travel costs (from your house to the venue) will be reimbursed up to a maximum of 275€ per participant.

# *THE VENUE*



The venue of the Youth Exchange is Borgo Incoronata, a quiet small town in Puglia, Italy.

The accommodation is next to a religious facility, totally immersed in the nature and next to a natural park, with a forest and a river.

Participants will be accommodated in single or double rooms with a private toilet.

Lunch & Dinner will be served by host organization with traditional food from Puglia, so be prepared to taste delicious food!

Breakfast & Coffee Break will be organized by host organization... we will try to keep you energized and happy!





# *WHAT TO BRING?*



Please, don't forget!

- ❑ All your travel documents and tickets according to what explained in page 5 and 6
- ❑ Personal cup and water bottles, to be refilled and used personally, in order to reduce plastic use and keep your liquids separate from others!
- ❑ Personal Towels and hygiene items
- ❑ Personal medicines or any unusual personal items
- ❑ Snacks and drinks in representation for your Country, for the Cultural Nights (keep in mind that there will be no kitchen available to cook something on spot, so bring only ready food & drinks...! 😊)



*GRAZIE  
FOR YOUR  
ATTENTION!*

SEE YOU VERY VERY SOOOOOOON IN ITALY!

